Programme Guidance Note

Lead School – Leadership, Coaching and Volunteering

What will Schools get from being involved?

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<thead>
<tr>
<th>Resources</th>
<th>E-Learning Packages</th>
<th>National Training</th>
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Who is eligible to run this programme?

Secondary schools with experience working across the county to positively drive forward PE and school sport as well as being a beacon for best practice in their own school.

Challenges addressed through Leadership, Coaching and Volunteering Lead Schools

- Developing character traits, like skills and leadership/employability in young people
- Raising aspirations, narrowing the gap and enabling social mobility
- Ensuring the inclusion of all young people

Outcomes and impact

For the School/Deliverer

Ensure there is a **clear and inclusive pathway** for young people to develop their leadership skills, using the Youth Sports Trust’s (YST) Leadership Ladder as a guidance tool for this.

Work with other schools and community partners to **provide exit routes for young people** to continue their involvement in leadership, coaching and volunteering.

Complete a workforce audit tool with a few schools from the county to capture the participation and workforce demographics for pupils. Utilise the insight gained to inform leadership provision across the county with specific reference to underrepresented demographic groups.

Deliver a Young Activator/Coach programme for 25 young people with a focus on the development of the female coaching workforce. Using content provided by YST, deliver training

For the Young People

Develop leadership skills which support both their involvement in PE and school sport and are transferable to all other areas of life.

Access opportunities to progress through a clear leadership pathway, with appropriate training and deployment.

Develop as coaches delivering for participation as enjoyment, have an opportunity to progress along the coaching pathway.
workshops and deployment opportunities, which upskill young female coaches and leaders to work girls who are least active in the school setting.

<table>
<thead>
<tr>
<th>What are the expectations for delivery by successful schools?</th>
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<tbody>
<tr>
<td>1. <strong>Youth Sport Trust School Membership</strong></td>
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<tr>
<td>2. Submit all monitoring and evaluation reports on time, and keep to all agreed and pre-set deadlines. Funding only released on receipt of adequate data reporting in <strong>November 2018</strong> and <strong>February 2019</strong>.</td>
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<td>3. Attendance at the <strong>National Lead School Conference (November 21st 2018)</strong> and the regional networking events <strong>lead schools (Summer 2019- exact dates TBC)</strong></td>
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<td>4. Be a brand ambassador for Youth Sport Trust and its ethos, be an <strong>advocate</strong> for leadership, coaching and volunteering and an expert <strong>advisor</strong> on establishing and developing an inclusive leadership pathway for all young people working to <strong>enable</strong> SGO’s, schools and other organisations across a <strong>county</strong> area to work together to achieve this.</td>
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<tr>
<td>5. Complete a <strong>workforce audit</strong> for your own and support 5 additional schools to undertake the audit, with 5 young people from hard to reach underrepresented groups supported to access leadership roles from each school.</td>
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<tr>
<td>6. Work with 4-6 schools to recruit 25 girls aged 15-17 through the <strong>Young Coach/Activator</strong> programme and support the young activators to run 8-10 weeks of activity for 10 young people each.</td>
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<tr>
<td>7. Identify 3 of the most promising young coaches/activators to attend the <strong>Girls Active Coaching Camp</strong> at Easter 2019.</td>
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<td>8. Support the 3 girls to each deliver a participation festival for 40 girls and retain 15 girls from participation festivals engaged for 6-weeks in latent demand activity post camp in community</td>
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<th>What support will successful schools receive from Youth Sport Trust?</th>
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<td><strong>Lead LCV schools will receive £2,100 funding to deliver activities related to the area of work.</strong></td>
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<td>An additional £300 will be available for the Girls attending the <strong>Girls Active Coaches Camp</strong> to support delivery of their participation festivals.</td>
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<td>Schools will also receive assistance and guidance from the Youth Sport Trust Sport Team to support all three areas of the role.</td>
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<th>What are successful schools expected to report on?</th>
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<td><strong>MONITORING</strong></td>
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<tr>
<td><strong>Data Collection Window</strong></td>
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<td>You will be required to report on the reach of the programme each term through the Youth Sport Trust’s data collection window in the following months: December, March and June/July.</td>
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<td>This will include information relating to:</td>
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<tr>
<td>- Number of participants (including the breakdown of Special Educational Needs and Disabilities (SEND), ethnicity and gender. This will include the number of participant engaged in 8-10 weeks in the coach/activator academy, and engaged in 6 weeks for the Girls Active Coaches Camp.</td>
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<tr>
<td>- Number of workforce trained (young people and adult breakdown including SEND, ethnicity and gender)</td>
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<td>- Number of school and community partners</td>
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Online reporting tool
You will be required to report on the reach of the programme each term through the relevant online reporting tool in the following months: e.g. December 2017 March 2018 and June/July 2018

Workforce Audit tool
You will be required to complete and collate completed audit tools and submit these to the Youth Sport Trust by the end of January 2019.

EVALUATION
Wherever possible, we endeavour to conduct evaluations of all of our work to capture feedback on the programme and any benefits experienced. This typically involves engaging all or a sample of individuals involved in the programme in a variety of ways, such as:
- Surveys before and after the project or course
- Interviews
- Focus groups
- Observations
- Case studies

You may either be involved in the research directly or may be required to facilitate the engagement of young people in the research.

Contact Details

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Please note that this opportunity is subject to external funding confirmation.
Programme Guidance Note

Girls Active: Stepping up for Change

What will Schools get from being involved?

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Who is eligible to run this programme?

Lead LCV (Leadership, Coaching and Volunteering) Schools who have relationships across the county with both primary and secondary and can demonstrate a desire to work within the girls’ space.

Challenges addressed through Leadership, Coaching and Volunteering Lead Schools

- Developing character traits, like skills and leadership/employability in young people
- Raising aspirations, narrowing the gap and enabling social mobility
- Ensuring the inclusion of all young people

Outcomes and impact

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<td>• Deepen our approach via providing training, funding and a support framework for primary and secondary schools to work collaboratively to develop positive transition experiences and positive PE, sport and physical activity culture and practices to ensure they are relevant and attractive to their 7–14-year-old girls.</td>
<td>• Through the programme we will use leadership, mentoring and peer marketing to empower girls to influence PE, sport and physical activity in their own and other schools. Young people will increase their own participation, develop as mentors and role models to ‘sell’ PE, sport and physical activity to other girls.</td>
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What are the expectations for delivery by successful schools?

Additional opportunity for 10 Lead Schools to extend their girls work and deliver a Girls Active: Stepping up to Change event where you will be required to:

- Work in partnership to position the opportunity to schools within your county
- Recruit 12 schools (9 primary and 3 secondary schools respectively)
- Secure a suitable high-quality venue to enable teacher training and leadership day for 70-80 girls (specific guidance will be provided)
- Provide a register with the required school, teacher and young people information in order to enable a high quality and experience for all.
• Support the successful delivery of the event which will take place in the Autumn term (e.g. support general pre-event logistics and on the day support etc).
• Provide post event support to YST to identify school practice to enable an effective evaluation.

What support will successful schools receive from Youth Sport Trust?

Each LCV will receive £500 capacity funding to undertake the recruitment responsibilities, you will also receive additional funding to cover the costs of venue facilities and refreshment.

Youth Sport Trust will provide and deliver all resources and content for the event through our National Faculty Tutors and Athlete Mentors.

All schools involved will then receive the following support;
• A full day of teacher training for one teacher per primary and secondary school
• A full day leadership event for primary and secondary girls (6 per school) (nb these will take place at the same time as the teacher training)
• Inspirational hard copy and electronic resources for teachers and girls (including framework, case studies, evidence based insight and girls’ role cards and toolkit)
• Seed funding £200 per school
• Termly Girls Active newsletter and signposting of appropriate opportunities
• A self-review framework to benchmark and evidence progress

What are successful schools expected to report on?

MONITORING

Data Collection Window
You will be required to report on the reach of the programme each term through the Youth Sport Trust’s data collection window in the following months: December, March and June/July.

This will include information relating to:
• Number of schools and community partners

EVALUATION

Wherever possible, we endeavour to conduct evaluations of all of our work to capture feedback on the programme and any benefits experienced. This typically involves engaging all or a sample of individuals involved in the programme in a variety of ways, such as:
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Please note that this opportunity is subject to external funding confirmation.