

# Developing Life Skills and Leadership through Football

## GAME OF OUR OWN

### Programme Aims:

- Improve the PE experience for girls through teachers adopting a life skills approach to PE using football as the vehicle.
- Increase the number of girls participating and enjoying football related activities
- Develop girls in leadership roles as Football Activators to create and deliver relevant and enjoyable opportunities for more girls in their school
- Support girls' to transition into community football opportunities.



See how Bottisham Village College have embedded Game of Our Own



FOR ALL



# Programme Pathway

GAME  
OF  
OUR  
OWN



## G000: Digital

Access to digital resources and videos through

[girlsfootballinschools.org](https://www.girlsfootballinschools.org)

We have a wide range of G000 digital resources designed to introduce you to delivering a life skills approach to girls football in PE. Visit [girlsfootballinschools.org](https://www.girlsfootballinschools.org) and sign up to access these for free.

Ready for a new approach to the delivery of curriculum PE through life skills and leadership



Year 1 of the programme

## G000: Teacher

Support teachers to engage girls' in curriculum PE through a life skills approach, using football as the vehicle.

- Identify and develop life skills and support girls to be empowered to lead football-related activity for others.
- Build teachers' confidence and competence in delivering football as part of a broad curriculum for girls.
- Increase adolescent girls' self-esteem, confidence and engagement in PE through football related activities.

### Benefits:

- Virtual and face to face practical teacher training across an academic year.
- Resources to support and accelerate the lesson planning process.
- Equipment worth up to £100 to support your curriculum delivery.

Girls' football embedded on the curriculum, developing girl's life skills through PE

Building profile and interest in girls' football across the school



Year 2 of the programme

## G000: Leadership

Recruit and support Girls' Football Activators to deliver peer led and designed extra-curricular football opportunities for girls in your school.

- Girls' Football Activators will be tasked with engaging new and different girls to take part in football.

### Benefits:

- Attend one-day leadership training following either a marketing or delivery pathway.
- Resources to support girls to develop football activities in their school.
- Kit bundle including hoodie and t-shirt.



Already completed Game of Our Own?

You can access G000: Leadership!



FOR ALL