



# Coronavirus Support *Live* *Recovery and Inspiration*

17-20 May 2021 | @YouthSportTrust

**TV guide**



Supported by



# Welcome to...

## Coronavirus Support Live Recovery and Inspiration

What have we learnt from the turbulent year that has gone and how can we put this learning into practice?

Our aim for these 18 workshops is, once again, to provide up to date, practical help and advice for practitioners on a range of topics. Each day will also feature an inspirational keynote talk which will set the tone for the theme of the day:



**Monday:**

**Re-engaging Every Child**

with keynote from  
Sir Michael Marmot



**Tuesday:**

**Active Recovery**

with keynote from  
Professor Barry Carpenter



**Wednesday:**

**Reaching Out**

with keynote from  
Chris Grant



**Thursday:**

**Reimagining**

with keynote from  
Dr Catherine Bishop

**Tickets for the week  
per delegate for all  
18 sessions are now**

**FREE**

**for all YST members**

**£25** (ex VAT)

**for non-members**

**There are also four free to  
access sessions** which are clearly  
marked inside this TV Guide.

We'd love you to join us  
as we work together to  
create a brighter future for  
all our young people.



It was a brilliant week...

Very glad to have attended  
and grateful to all those who  
put in the time to make it  
happen. Thank you.

DELEGATE  
CORONAVIRUS SUPPORT LIVE, FEBRUARY 2021



# Monday 17 – Re-engaging Every Child



## Have you signed up for National School Sport Week 2021 yet?

Our theme this year is the return of youth sport and its power to bring people back together. Schools, families and communities across the UK are encouraged to sign up and share their commitment to holding a sports day between 19 and 25 June this summer

Everyone who signs up will receive free resources from the Youth Sport Trust, including the ultimate guide to staging an inclusive sports day, top tips on harnessing the power of sport to bring young people together and advice on how to give young people a voice in organising their sports days.

**REGISTER NOW**

**12:00-12:45**

### FREE TO ACCESS SESSION KEYNOTE SPEAKER

#### Building back fairer: widening inequalities and the role of PE and sport

Sir Michael Marmot joins us to discuss how COVID-19 has widened inequalities around young people's health and education and to explore the role of PE and sport in re-engaging every child.

**ID** Re-engaging Every Child 1  
**F** Webinar and Q&A  
**D** Sir Michael Marmot (The Marmot Institute), hosted by Chris Wright (Youth Sport Trust)  
**T** *Re-engaging Every Child*  
**SAT** Primary, Secondary, Special and Alternative Provision

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**12:45-13:45**

### KEYNOTE SPEAKER

#### From reconnection to resilience: the Recovery Curriculum in action

Professor Barry Carpenter will discuss recent activity and developments around the Recovery Curriculum, reflective of Ofsted evidence, and share five innovations that have arisen through school led practice.

**ID** Active Recovery 1  
**F** 45 minute webinar, 15 minute Q&A  
**D** Professor Barry Carpenter, hosted by Vicci Wells (Youth Sport Trust)  
**T** *Active Recovery*  
**SAT** Primary, Secondary, Special and Alternative Provision

[The Recovery Curriculum – pre-reading for this webinar](#)

**BOOK NOW**

**14:00-15:00**

#### How physical activity and food provision for vulnerable children through the holidays can support learning

Local Authorities and schools are receiving growing levels of funding to support children's access to food and physical activity during the holidays. With a focus on work already taking place in Birmingham, we explore how good practice can be supported during the holidays in the homes of children with little access to play and activity.

**ID** Re-engaging Every Child 2  
**F** Workshop  
**D** Jenny Carter (StreetGames) and Chris Wright (Youth Sport Trust)  
**T** *Re-engaging Every Child*  
**SAT** Primary, Secondary, Special and Alternative Provision

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**16:00-17:00**

#### The role of sport in engaging young people and how it can positively impact on behaviour

Hear from Dave Evans, Head of Alternative Provisions and PE teacher at Sandbach School, as he draws upon his successful track record of working with students who demonstrate challenging behaviours. This session will enable practitioners to reflect upon these personal and complex issues and leave armed with strategies and confidence.

**ID** Re-engaging Every Child 3  
**F** Workshop  
**D** Dave Evans (Head of Alternative Provisions at Sandbach School) and Vicci Wells (Youth Sport Trust)  
**T** *Re-engaging Every Child*  
**SAT** Primary, Secondary, Special and Alternative Provision

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**19:00-20:00**

#### How to challenge inequalities in PE, school sport and physical activity in schools and communities – young people's perspectives

Our Youth Board members will take part in a Q&A panel discussion to address inequalities in PE, school sport and physical activity. The panel will aim to share solutions for schools which put youth voice and activism centre stage. The importance of doing so post COVID-19 is central to this discussion.

**ID** Re-engaging Every Child 4  
**F** Workshop  
**D** Hazel Williamson (Youth Sport Trust) and YST Youth Board members  
**T** *Re-engaging Every Child*  
**SAT** Secondary, Special and Alternative Provision

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# Tuesday 18 – Active Recovery



## Youth Sport Trust Membership

Our new membership offer is going live 7 June and will provide:

- cutting edge expertise and coaching from PE practitioners
- virtual and face to face Communities of Practice
- a portfolio of resources, CPD and support

There are a range of levels and prices to suit everyone with options for groups of schools and individual schools.

**EMAIL MEMBERSHIP**

### 08:00–09:00 KEYNOTE SPEAKER (RECORDING)

#### From reconnection to resilience: the Recovery Curriculum in action

Professor Barry Carpenter will discuss recent activity and developments around the Recovery Curriculum, reflective of Ofsted evidence, and share five innovations that have arisen through school led practice.

- ID** Active Recovery 1  
**F** Webinar recording  
**D** Professor Barry Carpenter, hosted by Vicci Wells (Youth Sport Trust)  
**T** **Active Recovery**  
**SAT** Primary, Secondary, Special and Alternative Provision

[The Recovery Curriculum – pre-reading for this webinar](#)

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### 09:00–10:00 **FREE TO ACCESS SESSION**

#### How to run a high quality sports day that inspires and unites the school

After a challenging year, this session will explore how you can design, create and deliver a high quality sports day that caters for the different motivations, confidence and competence levels of the young people in your school.

- ID** Active Recovery 3  
**F** Workshop  
**D** Adam Douglas and Danny Burton (Youth Sport Trust)  
**T** **Active Recovery**  
**SAT** Primary, Secondary, Special and Alternative Provision

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### 15:30–16:30

#### What is high quality PE? The importance of developing an ambitious Physical Education curriculum

Physical Education is in the limelight. Hanna Miller, the new HMI for PE, will share what high quality PE looks like and the importance of planning an ambitious Physical Education curriculum that inspires and challenges all pupils.

- ID** Active Recovery 4  
**F** Workshop and Q&A  
**D** Hanna Miller (HMI PE, Ofsted), Jonathan Keay (the Curriculum Unit, Ofsted) and Kate Thornton-Bousfield (Youth Sport Trust)  
**T** **Active Recovery**  
**SAT** Primary, Secondary, Special and Alternative Provision

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### 16:00–17:00

#### **FREE TO ACCESS SESSION**

#### Recovery for Girls: How to support girls on (or suspected to be on) the Autism Spectrum through increasing engagement and enjoyment of PE, school sport and physical activity

This session will bring together a panel of practitioners to discuss the challenges facing girls with Autism Spectrum Conditions and present their ideas and findings on how they have used a new toolkit to support wider school engagement. It aims to respond to the fundamental question of 'so what' when schools have obtained pupil voice and how to turn ideas into action.

- ID** Active Recovery 5  
**F** Workshop  
**D** Ali Knight (Campion School), Jon White and Tiarna Bithell (Claremount Specialist Sports College), Rachel Hutchinson (Alfriston School) and Vicci Wells (Youth Sport Trust)  
**T** **Active Recovery**  
**SAT** Primary, Secondary, Special and Alternative Provision

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# Wednesday 19 – Reaching Out



## 10:00–11:00 KEYNOTE SPEAKER

### Importance of School and Community Sport Partnerships - building back better and stronger communities post COVID-19

Opening up of school sites – a unique opportunity to work with local partners to refresh, reimagine and build back a stronger community sport offer for all.

**ID** Reaching Out 1  
**F** Webinar and Q&A  
**D** Chris Grant (Owner, 14A Conversations and Sport England Board member), hosted by Julie Robbins (Youth Sport Trust)  
**T** *Reaching Out*  
**SAT** Primary, Secondary, Special and Alternative Provision

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## 11:00–12:00

### Taking the community remit of schooling seriously: the Cambridgeshire Village College approach

This session will consider how the community principle strongly established in the Cambridgeshire Village College model of schooling can form a core part of a multi-academy trust's approach to schooling. Using The Cam Academy Trust (four secondary schools and seven primary schools) as a case study, it will explain how the community principle sits at the heart of the approach of the Trust and thus all of its schools.

**ID** Reaching Out 2  
**F** Workshop  
**D** Stephen Munday (CEO, Cam Academy Trust) and Ruth Mann (Youth Sport Trust)  
**T** *Reaching Out*  
**SAT** Primary, Secondary, Special and Alternative Provision

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## Active Recovery Hub

The new hub has launched to provide schools, local authorities and families with easy access to over 250 free resources to get children moving before, during and after the school day. Use the resources to help children reconnect with friends, regain a sense of belonging and have fun.

**FIND OUT MORE**

## 16:30–17:30

### Learnings from the DfE Opening School Facilities Pilot, 2019–2020

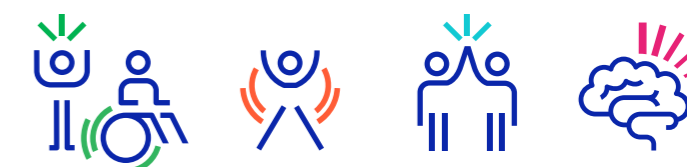
The Department for Education (DfE) invested £1.5m into 23 Active Partnerships to learn more about the barriers and drivers to open school facilities for community use during evenings, weekends and holiday periods. The project uncovered some fantastic insights into a school's motivation to open their doors for community use such as the primary driver being to strengthen links to their local community and to become a community hub. This session will focus on the key learnings from the pilot and explore how the second round of £10.1m investment from DfE is currently being rolled out across schools in England.

**ID** Reaching Out 3  
**F** Workshop  
**D** Charlie Crane (Partnership Manager, Active Partnerships) and Alexandra Moore (Head for Children & Young People, Sport England)  
**T** *Reaching Out*  
**SAT** Primary, Secondary, Special and Alternative Provision

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## 18:00–19:00 INVITATION ONLY

An evening reception, hosted by Ali Oliver, Youth Sport Trust CEO, to recognise colleagues who are retiring from the network



# Thursday 20 – Reimagining



## Well Schools

A movement for change. Well Schools aims to improve education outcomes by placing wellbeing at the very heart of education to support school staff, senior leaders and young people. Share, collaborate and find support from other school staff on the community platform.

[JOIN THE CONVERSATION](#)

### 11:15-12:00 KEYNOTE SPEAKER

#### The Long Win

'The search for a better way to succeed', which looks at how narrow definitions of success can hold us back. Too often, traditional 'winners', whether gold medallists or pupils leaving school with armfuls of A\* grades, feel empty, unfulfilled, even depressed - we need to redefine success through purpose, learning and strong relationships which set us up for the long term.

**ID** Reimagining 1  
**F** Webinar  
**D** Dr Catherine Bishop (GB Rower – Olympic Silver Medalist & World Champion, Conflict Diplomat and Author of The Long Win) and hosted by Kay Batkin (Youth Sport Trust)  
**T** **Reimagining**  
**SAT** Primary, Secondary, Special and Alternative Provision

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### 12:00-13:00 FREE TO ACCESS SESSION

#### PE, sport and physical activity for teenage girls in the new normal: key learnings from lockdown to help reimagine for the future

Insight indicates some girls were more active during lockdown than they had been before and many value physical activity more now. As we look forward, is our vision and offer for girls one that supports and addresses their challenges and motivates them to be active for life? We will explore Women in Sport's new insight, principles of engagement and share resources to support a long-term approach to engaging all girls in ways that are right for them.

**ID** Reimagining 2  
**F** Workshop  
**D** Tanya Martin (Insight Manager, Women in Sport) and Wendy Taylor (Youth Sport Trust)  
**T** **Reimagining**  
**SAT** Secondary, Special and Alternative Provision

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### 14:00-15:00

#### Insight and learning from a year of virtual delivery

This session will explore some of the key learning from a full year of delivering virtual extra-curricular physical activity and competition in the School Games network. Focusing on how a virtual offer can meet motivations, confidence and competence of young people, this panel style session will unpick what is next, as well as sharing examples from across the school sport network.

**ID** Reimagining 3  
**F** Q&A/panel  
**D** Roman Neveykin and Ellen Falkner (Youth Sport Trust)  
**T** **Reimagining**  
**SAT** Primary and Secondary

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### 15:30-16:30

#### Reframe your school sport offer to provide young people with positive experiences of competition

Competition is an emotive word. It can trigger feelings of dread and excitement, amongst others, but one thing is for certain: competition is a significant part of life. Sports competitions can provide positive outcomes for young people but also have the capacity to foster negative ones. Join this session to explore how you can help more young people to have a positive experience of competition through ensuring your approach to selection, preparation and support is fit for purpose.

**ID** Reimagining 4  
**F** Workshop  
**D** Ellen Falkner and Adam Douglas (Youth Sport Trust)  
**T** **Reimagining**  
**SAT** Primary, Secondary, Special and Alternative Provision

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### 15:30-16:30

#### Power of a well school

With the growing pressure on children's wellbeing before, during and after the pandemic, this session explores the link between wellbeing and attainment and how a whole school approach to staff and pupil wellbeing can unlock potential.

**ID** Reimagining 5  
**F** Workshop  
**D** Kevin Barton (Youth Sport Trust Learning Academy Tutor) and Chris Wright (Youth Sport Trust)  
**T** **Reimagining**  
**SAT** Primary, Secondary, Special and Alternative Provision

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### 16:00-17:00

#### Why physical literacy should underpin your PE curriculum

This session will focus on the importance of understanding physical literacy and its role in supporting the planning of an appropriate PE curriculum that develops the physical and holistic learner.

**ID** Reimagining 6  
**F** Workshop  
**D** Dr Liz Durden-Myers (Senior lecturer in Physical Education at University of Gloucester and Bath Spa University. Previous Chair of International Physical Literacy Association (IPLA)) and Kate Thornton-Bousfield (Youth Sport Trust)  
**T** **Reimagining**  
**SAT** Primary, Secondary, Special and Alternative Provision

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