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# YST 2020 CONFERENCE

Getting to the Heart of a Well School

27 February 2020

SUPPORTED BY



## Programme Overview: Thursday 27th February 2020

Time	Session
08.00 - 09.15	<b>Registration &amp; Exhibition</b>
09:30 - 11:00	<b>Opening Address &amp; Keynote 1</b>
11:00 - 11:20	<b>Refreshments &amp; Exhibition</b>
11:20 - 12:20	<b>EE1 - Enrichment &amp; Ethos</b>
	<b>EE2 - Enrichment &amp; Ethos</b>
	<b>LC3 - Leadership &amp; Culture</b>
	<b>LC4 - Leadership &amp; Culture</b>
	<b>LC5 - Leadership &amp; Culture</b>
	<b>TL1 -Teaching &amp; Learning</b>
	<b>TL2 - Teaching &amp; Learning</b>
12:20 - 13:15	<b>Lunch / Keynote 2 &amp; 3 (Rotation 1)</b>
13:15 - 14:10	<b>Lunch / Keynote 2 &amp; 3 (Rotation 2)</b>
14:10 - 15:10	<b>EE3 - Enrichment &amp; Ethos</b>
	<b>EE5 -Enrichment &amp; Ethos</b>
	<b>LC1 - Leadership &amp; Culture</b>
	<b>LC2 - Leadership &amp; Culture</b>
	<b>LC8 - Leadership &amp; Culture</b>
	<b>TL3 - Teaching &amp; Learning</b>
	<b>TL4 - Teaching &amp; Learning</b>
15:10 - 15:30	<b>Refreshments &amp; Exhibition</b>
15:30 - 16:30	<b>EE4 - Enrichment &amp; Ethos</b>
	<b>EE6 -Enrichment &amp; Ethos</b>
	<b>EE7 - Enrichment &amp; Ethos</b>
	<b>LC6 - Leadership &amp; Culture</b>
	<b>LC7 -Leadership &amp; Culture</b>
	<b>TL5 - Teaching &amp; Learning</b>
	<b>TL6 - Teaching &amp; Learning</b>
16:30 - 17:00	<b>Closing Address &amp; Drinks Reception</b>

# Headteacher Ambassador National Conference

Time	Session
08:00 - 09:15	Registration & Exhibition
09:30 - 11:00	Opening Address & Keynote 1
11:00 - 11:20	Refreshments & Exhibition
11:20 - 12:20	Headteacher Ambassador National Conference
12:30 - 13:15	Lunch & Exhibition
13:15 - 14:10	Keynote 2 & 3
14:10 - 15:10	Headteacher Ambassador National Conference
15:10 - 15:30	Refreshments & Exhibition
15:30 - 16:30	Headteacher Ambassador National Conference

# Headteacher Ambassador National Conference

Time	Title	Synopsis
11:20 - 12:20	Headteacher Ambassador National Conference - Session 1	For 2020, the Headteacher Ambassador Conference will take place during the YST Annual Conference with targeted sessions specifically for Headteacher Ambassadors.
14:10 - 15:10	Headteacher Ambassador National Conference - Session 2	For 2020, the Headteacher Ambassador Conference will take place during the YST Annual Conference with targeted sessions specifically for Headteacher Ambassadors.
15:30 - 16:30	Headteacher Ambassador National Conference - Session 3	For 2020, the Headteacher Ambassador Conference will take place during the YST Annual Conference with targeted sessions specifically for Headteacher Ambassadors.

# Enrichment & Ethos

Session ID	Time	Title	Synopsis
EE1	11:20 - 12:20	Panel: Getting the ethos right; building a sense of belonging	Join education system leaders for a panel discussion exploring how PE and school sport is vital to the ethos in a school or group of schools. This session will allow opportunities for you to ask questions and participate in debate.
EE2	11:20 - 12:20	Young Ambassadors: Be the change – local and international contexts	Join representatives from our youth board and some of our Welsh and Scottish young ambassadors to understand more about what can happen when young people are given a voice and platform to bring about change using sport and physical activity as the vehicle, including an exciting exchange project in Malawi.
EE3	14:10 - 15:10	Using PE and sport to change the social determinants in local communities	Join us for a keynote speech from the Peoples' Health Trust and then see how schools and local communities are working together, via our 'Local people' project, using PE and sport to shift the dial.

EE4	15:30 - 16:30	Using Enrichment to create a sense of belonging	In this session we explore how one school have used the enrichment offer to create a sense of place, purpose and value in the community. You will leave with an idea of what can be done, via PE and sport to ensure your school and your community work hand in hand.
EE5	14:10 - 15:10	MAT Champions – Trust-wide approaches to personal development and wellbeing	Join leaders from Multi-Academy Trusts across the country who are sharing their approaches to strategic leadership of wellbeing and personal development and the vital role PE, sport and activity play in this. These ‘hands-on’ approaches have improved outcomes for young people.
EE6	15:30 - 16:30	Community connectedness and cohesion	In this session we will explore what the role of the school is in leading cohesion and connectedness across wards, towns and local communities – see what happens when we put sport and activity at the heart of the community. We will look at some examples from our groundbreaking locally-based projects and challenge you to work more closely with your community.

EE7	15:30 - 16:30	What can we learn from the latest research on young people's relationship with gaming?	The YST have worked in partnership with the gaming industry and the leading HEI in the sector to explore the connection of gaming and physical activity. Be amongst the first to hear about the early findings and how this can contribute to a young person's happiness and sense of belonging? Join the debate!
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# Leadership & Culture

Session ID	Times	Title	Synopsis
LC1	14:10 - 15:10	Leading wellbeing and connecting communities across a local area – Manchester	Partners from various projects and agencies in Greater Manchester will present alongside other local leaders from a range of fields in GM to explore and showcase how they have worked together to improve wellbeing in school, communities and in the home.
LC2	14:10 - 15:10	Leading wellbeing and connecting communities across a local area – Birmingham	Partners from the Birmingham Connect project and other key players from the second city will explore and showcase how they have worked together to improve wellbeing in school, communities and in the home.
LC3	11:20 - 12:20	Reducing loneliness, increasing connection: An intergenerational approach	Social wellbeing, feeling connected and play go hand in hand. At a time when young people feel as socially isolated and lonely as the elderly counterparts, this session attempts to showcase the innovative work and successes from our intergenerational project, connecting all communities across the generations and the role of social prescribing.

LC4	11:20 - 12:20	School as an extension to family	Hear from representatives from our ambassador school network on how they have used PE and sport to ensure that no family is unknown to the school and that school and home are fully connected.
LC5	11:20 - 12:20	Making spaces matter: A sporting and international perspective	International partners, and representatives from British Cycling explore and share how they have maximised spaces for young people as a way to ensure they thrive, through an active environment.
LC6	11:20 - 12:20	Continuous wellbeing: Preparation for the next stage in education - primary to secondary	The move from primary to secondary school presents lots of challenges to a young person's wellbeing and sense of belonging. In this session, we look at examples for the broader YST network including international perspectives.
LC7	15:30 - 16:30	Panel: Ethical Leadership - A challenge of our time	At time of declining mental wellbeing and increase obesity, how can reductions of PE and Sport in school be forgiven? Hear from representatives from schools and YST's strategic partners on how to be brave and do what's right, not what's easy for our young people!

LC8	14:10 - 15:10	Panel: Supporting those on the fringes of society	At a time when knife crime and anti-social behaviour is rife, it is important that we ensure those vulnerable young people are catered for to prevent them from turning to risky behaviour and criminality. Our inspirational panel, including former gang members and athlete mentors explore what is needed to engage these young people – and how sport-based preventions and interventions could hold the key.
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# Teaching & Learning

Session ID	Times	Title	Synopsis
TL1	11:20 - 12:20	How can PE lessons impact on whole school ethos?	Using examples from our Sport England secondary teacher training programme, hear from real life examples of how schools have maximised this opportunity and taken the bold step to transform the way PE and the wider curriculum is delivered.
TL2	11:20 - 12:20	PE: The ace up our sleeve for improved wellbeing	Come along to this interactive "Show & Tell" session featuring partner schools and PE catalYSTs who will share approaches across a range of YST programmes and solutions, including Active in Mind, our Curriculum Blueprint and the impact they have had on social wellbeing.
TL3	14:10 - 15:10	What role do accredited PE courses have in improving social wellbeing?	An ever-popular aspect of the YST conference is our focus on accredited courses covering a range of qualifications and exam boards. This year we have a roundtable discussion amongst our PE catalYSTs and others leading these courses, where we share best practice but also pose the question: "What role does accredited PE play in the development of social wellbeing?"

TL4	14:10 - 15:10	Building a coherent approach to Physical literacy	In this session we take a deep look at physical literacy and how to plan a coherent curriculum for it. We explore everything from attachment theory (along with academic partners); how schools are implementing it to how its impact is assessed (showcasing our joint work with Nike on producing a movement assessment tool).
TL5	15:30 - 16:30	Statutory guidance: What's the role of PE?	We are awash with new guidance: the School Sport Action plan; the Ofsted EIF; the Health, Relationships and Sex Education guidance. Here, we work with some of our partner schools to highlight the vital role PE can play and how we can use this new guidance as an opportunity to ensure we measure social wellbeing outcomes.
TL6	15:30 - 16:30	Physical Literacy: A tool for social mobility?	Better communication contributes to increased social mobility; increased social mobility means that more doors are open instead of closed in life. Practitioners from our Early Years 'Healthy Movers' project in the West Somerset opportunity area share how this programme is 'opening more doors' for their very youngest learners.