Primary Physical Education Home Learning Tips

Using Physical Education and Physical Activity as a tool to support the wellbeing of those pupils still in school

- Pupils should ensure they are in a suitable safe space before they participate.
- Equipment should be thoroughly cleaned between each use by different groups.
- Government approved team games can be played under the guidance of each NGB*
- Pupils should be wearing suitable clothing to participate.
- PE should include physical, cognitive, social and emotional outcomes.
- Celebrate success and pupils’ personal achievements.
- Pupils should participate either in bare feet or suitable indoor trainers.
- Use PE and PA to support the wellbeing of your pupils.
- Lessons should be active, but learning focused with a clear purpose.

- In addition to the guidance above refer to aPE COVID-19: Interpreting the Government Guidance in a PESSPA Context.
- It is at the discretion of the school on how this guidance is implemented in line with their own risk assessments and policies.
- All activities should follow Government Guidance in response to COVID-19. For more information visit gov.uk
- *Schools must only provide team sports on the list available at the return to recreational team sport framework.