Introduction
The Youth Sport Trust (YST) regards the management of health and safety as an integral part of its organisational activities and as a management priority. YST’s policy is that all activities and work will be carried out in a safe manner and the health, safety and welfare of employees, volunteers and others who may be affected by our activities.

Our target is for zero accidents and zero work-related ill health to be achieved by applying current best practice in health and safety management. Compliance with current health and safety legislation is therefore regarded as the absolute minimum standard acceptable.

Proper management of health and safety issues is seen as an integral part of the efficient management of YST’s activities and is critical to developing the professional culture of YST and establishing and maintaining a solid reputation with all of our partners and stakeholders. The objectives of this policy are fundamental to YST, and the Senior Leadership Team are responsible for ensuring that the requirements of this policy are achieved.

All employees and volunteers have responsibility for implementing the specific arrangements made under this policy throughout YST. All employees and volunteers are expected familiarise themselves with its provisions and carry out their defined responsibilities.

Employees and volunteers are expected and encouraged to be proactive on health and safety issues as part of the continued development of the health and safety culture of YST. All employees, volunteers, contractors and sub-contractors are required to cooperate with YST and their colleagues in implementing the policy and shall ensure that their own work is without risks to themselves and others as far as reasonably practicable.

YST will provide appropriate training and make available competent health and safety advice and adequate resources including time and money so that legal obligations may be met. This policy will be audited for its effectiveness and it will be reviewed regularly by HR.

Every employee and volunteer of YST has a duty to take reasonable care for the health and safety of themselves and of other persons who may be affected by their acts or omissions at work. They also have a duty to co-operate with their employer so far, as it necessary to enable YST to perform its civil and statutory obligations.