Are you ready to make the most of the sugar tax?

Are your teachers more confident and competent in teaching High Quality PE?

How is PE and sport being used as a tool for whole school improvement?

Do you know that being active reduces school related stress like taking SATS?

Are you ready to meet the challenge of getting every child active for 30 minutes a day?

Are you ready to make the most of the sugar tax?

Have you got more children participating in physical activity, school sport and competitive activities?

What differences can you see in your children?

What are you proactively doing to engage your least active pupils?

What are you presenting on your website to evidence the impact of your spending against the DfE vision?

Do you know healthier children are better learners?

How do you know your children are happier and healthier?

Have you made sustainable changes?

Too many Questions? How about one...

Year 6 pupil: Will I leave primary school this year with better knowledge, skills and motivation to be able to lead a healthy, active lifestyle and a love for lifelong physical activity and sport? Can the same be said for all children in reception now?
Dear Headteacher,

I wanted to tell you how much I enjoy PE. We don’t just play games anymore. I have learnt how to warm myself and my group up. We learn new skills and try to get better each lesson. We learn about teamwork and working with others. We learn how to win well and lose well too. We know how our body works, the names of muscles and how to make our body fitter and stronger. We know exercise makes us feel good too and what we need to eat and drink to do this.

There are loads of different activities on every lunch time and after school and lots of competitions. Sometimes we can enter two teams which is good as more of us can go.

Thank you,

Lucy age 10

For ideas and support with evidencing the impact of your PE and Sport Premium spend please visit...
www.youthsporttrust.org/PE-sport-premium

Call to action: national training programme: power of an active school
www.youthsporttrust.org/power-active-school