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 01509 226688

## Primary CPD Courses 2020/21

### Full day practical courses

<b>My Personal Best primary</b> 	My Personal Best primary promotes a whole school approach to teaching and learning in PE, where life skills and values such as co-operation, responsibility and resilience are taught explicitly through PE.
<b>PE for the NQT</b>	This course is aimed at any NQT, RQT or established member of staff new to teaching PE. It will support colleagues to deliver high quality Physical Education across the primary age range. Including; how to engage all pupils, appropriate stage and age development and provide progression and differentiation strategies. It will also support teaching staff to demonstrate evidence against the teaching standards.
<b>Healthy Movers</b> 	Healthy Movers supports early years practitioners to develop the knowledge, skills and confidence to ensure every child is physically literate.
<b>TOP Start</b> 	TOP Start supports primary teachers in delivering PE and developing physical literacy in children aged 4-7. It explores the development of stability, locomotion and object control through PE.
<b>TOP PE – the principles</b> 	TOP PE will help teachers become confident at delivering a multi- ability approach across physical, thinking, social, creative and healthy themes in PE to 7-11-year-old pupils.
<b>TOP PE Athletics</b>	Helps practitioners develop their confidence and competence in teaching athletics and support students to work towards higher levels of achievement.
<b>TOP PE Dance</b>	Develops practitioner confidence and competence in teaching dance and develops the fundamentals of movement using dance techniques.
<b>TOP PE Challenge</b>	This course helps practitioners to develop their confidence and competence in teaching challenge activities and support students to work towards higher levels of achievement.
<b>TOP PE Games</b>	Helps practitioners develop their confidence and competence in teaching games and support students to work towards higher levels of achievement.
<b>TOP PE Gymnastics</b>	Practitioners develop their confidence and competence in teaching gymnastics and teaches the fundamentals of movement using apparatus and simple sequencing.
<b>Active Leaders</b>	This practical course provides practitioners with the practical tools to embed leadership within their PE lessons and beyond the classroom, establishing or developing a clear and inclusive leadership pathway for the school.

### Part day practical courses (typically three hours)

<b>TOP Play</b>	Helps practitioners develop their confidence and competence in developing children's fundamental movement skills through extra-curricular activities to 4-7-year olds.
<b>TOP Sport</b>	This course helps practitioners develop their confidence and competence in developing children's multi skill ability when participating in extra-curricular activities to 7-11-year olds.
<b>Power of an Active School</b>	This course will support schools to increase physical activity throughout the school day to boost health and academic achievement.
<b>Power of a Well School</b>	This workshop will take delegates through how the Power of a Well School can improve the wellbeing of pupils and help them to reach their potential. It will focus on the physical, social and emotional wellbeing outcomes that can be derived from placing PE, Sport and Physical Activity at the heart of the school, developing a well ethos and linking PE into a Well curriculum that engenders personal development and improved school outcomes particularly for those pupils in greatest need.
<b>Active Spaces</b>	Focuses on understanding the importance and benefits of creating active spaces in a school and empowering delegate to innovatively design, plan and maximise available space.



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## Primary CPD 2020/21

### Full day theory-based courses

<b>PE Co-ordinator: Being an Effective Leader of PE, Healthy Active Lifestyles and School Sport</b>	Helps practitioners to understand the role of a PE Coordinator and shape a vision for PE and school sport in their school.
<b>PE Co-ordinator: Teaching and Learning</b>	Help practitioners reflect on the quality of teaching and learning within PE, while exploring strategies and setting goals to lead, manage and implement the journey towards high quality teaching and learning. Supporting understanding of where PE can be used as a tool for whole school improvement.
<b>PE Co-ordinator: Curriculum Provision and Assessment</b>	Helps the practitioner plan an effective and appropriate curriculum for the children in their school and develop an understanding of the role of assessment will be provided to help practitioners implement bespoke assessment models in their schools.
<b>The Development of Physical and Personal Skills through Curriculum PE</b>	Make learning relevant to every young person by transforming your curriculum PE using the physical and personal outcomes of the YST PE Curriculum blueprint. A framework that can be applied at any key stage, with the intention of keeping physical activity and physical literacy at the heart of the subject, whilst explicitly developing life skills. Explore ideas for curriculum design and lesson planning, alongside assessment strategies to ensure a high quality PE experience for all.

### Remote learning webinars (typically 30 minutes)

<b>Adapting to Covid19</b>	A 30-minute webinar focussing on how schools should support young people's physical wellbeing, mental wellbeing and physical development/literacy post COVID19.
<b>Using Competition to Achieve Wider Outcomes</b>	When competition is designed with a clear purpose it can achieve wider outcomes. This webinar will explore both domestic and global research to understand different approaches to competition that help achieve wider outcomes.
<b>Power of a Well School Webinar Series Module 1</b>	This series explores how the Power of a Well School can improve the wellbeing of pupils and help them to reach their potential. It focuses on the physical, social and emotional wellbeing outcomes that can be derived from placing PE, Sport and Physical Activity at the heart of the school.  Module 1 covers - National & Local Landscape for Wellbeing; Wellbeing and the Ofsted Framework; Whole School Approach to Wellbeing.
<b>Power of a Well School Series Module 2</b>	Local & Curriculum, Culture, Capital and Connections - covers Understanding and Applying an intent, implementation and impact model for Wellbeing; Contribution on PE, School Sport and Physical Activity to Cultural Capital; Identifying good practice and support.
<b>Power of a Well School Series Module 3</b>	Ideas into Action - Importance of Robust Planning and Evidence; Creating and Applying a local research, action planning and evidence-based model for a Well School.
<b>Curriculum Blueprint Webinar</b>	This webinar brings to life our curriculum mapping guide. Centred on our curriculum blueprint to consider the real purpose of PE, the webinar will take you through the implementation and impact stages of your curriculum mapping process.
<b>Implementing My Personal Best Webinar</b>	This webinar brings to life my Personal Best Resource and how schools can implement within their PE curriculum and wider school curriculum.
<b>Chateez Webinar</b>	There are endless ways in which they can be used, and this flexibility is why they deliver such effective results. There are a series of webinars which outline this.



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## Primary CPD 2020/21

### Remote learning webinars (typically 30 minutes)

<b>Webinar Relationships &amp; Sex Education (RSE) and Health Education</b>	RSE & Health Education Curriculum will be compulsory this academic year. This webinar discusses the implications and opportunities for Physical Education, Sport and Wellbeing.
<b>Parental Engagement Webinar</b>	Beyond the School Gate - This webinar will provide top tips on how to engage with parents and influence healthy active lifestyles beyond the school gate. We will explore practical solutions that will help you raise awareness of the importance of an active lifestyle and support families through establishing community links to become more active together.

### Remote learning short courses (typically two hours)

<b>My Personal Best Primary</b>	My Personal Best primary promotes a whole school approach to teaching and learning in PE, where life skills and values such as co-operation, responsibility and resilience are taught explicitly through PE.
<b>Creating the best PE Curriculum for our learners</b>	This course will reflect the challenging and changing environment and the additional barriers and constraints faces by young people. It will provide primary teachers with a framework to consider how and what to consider when reviewing their curriculum. This will be delivered in 3 parts: <ul style="list-style-type: none"> <li>• Clear PE Vision</li> <li>• Knowing your learners</li> <li>• Expectations from Ofsted</li> </ul>
<b>Leading Achievement through PE</b>	Highlights the impact PE and school sport can have on the achievement of pupils and whole school outcomes, using examples from the network of YST Innovation Schools. It will enable schools to devise their own action research-based projects, highlighting how projects can be structured for maximum impact.
<b>Leading High-Quality Teaching and Learning in PE Across the School</b>	Helps experienced practitioners to effectively lead and manage the development of high-quality PE or teaching and learning across the school.
<b>Power of an Active School</b>	This course will support schools to increase physical activity throughout the school day to boost health and academic achievement.
<b>Power of a Well School</b>	This workshop will take delegates through how the Power of a Well School can improve the wellbeing of pupils and help them to reach their potential. It will focus on the physical, social and emotional wellbeing outcomes that can be derived from placing PE, Sport and Physical Activity at the heart of the school, developing a well ethos and linking PE into a Well curriculum that engenders personal development and improved school outcomes particularly for those pupils in greatest need.



This full day training course has been approved by the CPD Certification Service. It has been quality assured to meet the standards of high-quality CPD.