

Primary Physical Education Teaching Tips

Using Physical Education and Physical Activity as a tool to support pupils' wellbeing



Pupils should **remain** in their own bubble during PE lessons



Equipment can be shared providing it is **cleaned** before and after use



Games should not involve **physical contact** against an opponent or team



Make lessons **safe** but put **FUN** at the forefront of any learning delivered



PE should include physical, cognitive, social and emotional **outcomes**



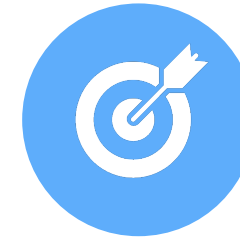
Celebrate success and pupils' personal achievements



Pupils should **wash their hands** before and after each PE lesson



Use PE and PA to support the **wellbeing** of your pupils



Lessons should be **active, but learning focused** with a clear purpose

- In addition to the guidance above refer to **afPE COVID-19: Interpreting the Government Guidance in a PESSPA Context**.
- It is at the discretion of the school on how this guidance is implemented in line with their own risk assessments and policies.
- All activities should follow Government Guidance in response to COVID-19. For more information visit [gov.uk](https://www.gov.uk)

