

Programme Guidance Note

Lead School – Leadership, Coaching and Volunteering

What will Schools get from being involved?

Resources	E-Learning Packages	National Training	Regional Training	Local Training	Funding	Other
✓		✓			✓	✓

Who is eligible to run this programme?	
Secondary schools with experience of youth leadership provision; who are able to positively drive forward leadership across their county with other schools, SGOs and Active Partnerships.	
Challenges addressed through Leadership, Coaching and Volunteering Lead Schools	
<ul style="list-style-type: none"> • Developing character traits, life skills and leadership/employability in young people • Raising aspirations, narrowing the gap and enabling social mobility • Ensuring the inclusion of all young people 	
Outcomes and impact	
<p>For the School/Deliverer</p> <p>Ensuring there is a clear and inclusive pathway for young people to develop their leadership skills, using the Youth Sports Trust’s (YST) Leadership Framework as a guidance tool for this.</p> <p>Working with other schools and community partners to provide exit routes for young people to continue their involvement in leadership, coaching and volunteering.</p> <p>Complete the L&V Insight Tool with a few schools from your county to capture the participation and workforce demographics for pupils. Utilise the insight gained to inform leadership provision across the county with specific reference to underrepresented demographic groups.</p> <p>Deliver a Young Activator/Coach programme for 25 young people with a focus on the development the female coaching workforce.</p>	<p>For the Young People</p> <p>Develop leadership skills which support both their involvement in PE and school sport and are transferrable to all other areas of life.</p> <p>Access opportunities to progress through a clear leadership pathway, with appropriate training and deployment.</p> <p>Develop as coaches delivering for participation as enjoyment, have an opportunity to progress along the coaching pathway.</p>

Using content provided by YST, deliver training workshops and deployment opportunities, which upskill young female coaches and leaders to work girls who are least active in the school setting.

What are the expectations for delivery by successful schools?

1. **Youth Sport Trust School Membership**
2. Submit all **monitoring and evaluation** reports on time and keep to all agreed and pre-set deadlines. Funding only released on receipt of adequate data reporting.
3. Attendance at the **National Lead School Networking Event (November 20th 2019)** and one of the **Regional Lead School Networking Events (June 16/17/18th 2019)**
4. Be a brand ambassador for Youth Sport Trust and its ethos, be an **advocate** for leadership, coaching and volunteering and an expert **advisor** on establishing and developing an inclusive leadership pathway for all young people working to **enable** SGO's, schools and other organisations across a **county** area to work together to achieve this.
5. Support the completion of 12 responses on the **L&V Insight Tool**
6. Support 6-8 of these schools to each target 10 young people from hard to reach underrepresented groups in their school with provision of leadership roles.
7. Work with 4-6 schools to recruit 25 girls aged 15-17 to a Coach/Activator Academy and support the young activators to run 8-10 weeks of activity for 10 young people each.
8. Identify 2-4 of the most promising young female coaches/activators to attend the **Girls Active Coaching Camp** at Easter 2020.
9. Support the girls that attend Camp to each deliver a participation festival for c.40 girls and retain 15 of these for 6-weeks activity

What support will successful schools receive from Youth Sport Trust?

LCV Lead schools will receive £2,200 funding to deliver activities related to the area of work. An additional £150 can be secured if L&V Insight Survey KPIs are surpassed.

An additional £100 per girl that attends the Girls Active Coaches Camp is available to support delivery of their participation festivals back in school, plus travel expenses.

Schools will also receive training, assistance and guidance from the Youth Sport Trust Sport Team to support all three areas of the role.

What are successful schools expected to report on?

MONITORING

Data Collection Window

You will be required to report on the reach of the programme each term through the Youth Sport Trust's data collection window in the following months: December, March and June/July.

This will include information relating to:

- Number of participants (including the breakdown of Special Educational Needs and Disabilities (SEND), ethnicity and gender. This will include the number of participant engaged in 8-10 weeks in the coach/activator academy, and engaged in 6 weeks for the Girls Active Coaches Camp.
- Number of workforce trained (young people and adult breakdown including SEND, ethnicity and gender)
- Number of school and community partners

Online reporting tool

You will be required to report on the reach of the programme each term through the relevant online reporting tool in the following months: e.g. December 2019, March 2020 and June/July 2020

EVALUATION

Wherever possible, we endeavour to conduct evaluations of our work to capture feedback on the programme and any benefits experienced. This typically involves engaging all or a sample of individuals involved in the programme in a variety of ways, such as:

- Surveys before and after the project or course
- Interviews
- Focus groups
- Observations
- Case studies

You may either be involved in the research directly or may be required to facilitate the engagement of young people in the research.

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