

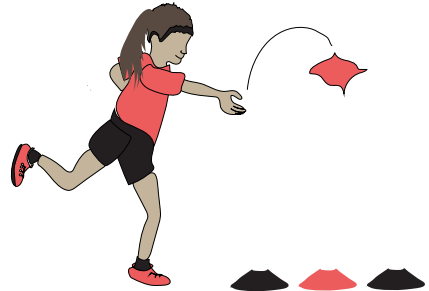


Three in a Row PE Home Learning



Time to Learn:

- Each player has three targets that they place on the floor.
- Each player takes three steps back from their targets when throwing.
- Players take turns to throw an object towards their targets.
- If a player hits a target it is removed.
- If a player misses they place a target which has been removed back in.
- The first player to hit all of their targets is the winner.



Play on your own!
How many attempts does it take you to hit all three targets?

Play for three minutes!
Score a point every time you hit a target. How many points can you score?

Have a competition!
Create a league table and play against different family members.

Top Tips

Throwing Underarm

- Step forwards with one foot, releasing the ball from low to high using your opposite hand.



Let's Reflect

Why should we congratulate the winner of the game?
How did you feel when your throws were successful?