**Target Treasure**

**PE Home Learning**

**Time to Learn:**

- Place a selection of targets five large steps away from your starting line.
- Players take turns to throw an object towards the targets from behind the starting line.
- Each time a target is hit, it is taken by the thrower and becomes their treasure.
- The winner is the player to have the most pieces of treasure after all the treasure is gone.

**Play on your own.** Can you hit all of the targets in the least amount of throws?

**Play for three minutes!** The player with the most treasure at the end of the game is the winner.

**Have a competition!** Play against different family members.

**Top Tips**

**Throwing Underarm**

- Step forwards with one foot, releasing the ball from low to high using your opposite hand.

**Let’s Reflect**

What was the difference between your throws that were accurate and your throws that missed?

Why do you need to use the correct throwing technique?