Cross the River
Home Physical Education

How to play:
- Agree a start point (one side of a big river) and a finish point (the opposite side of the river).
- Using two objects (cushions, pillows, or other flat objects) can you cross the river without touching the floor?
- You are only allowed two objects to cross the river with.
- Can you complete the challenge and cross the river without touching the floor?

Top Tips
Place the Pillows
Place the pillows down on the floor. If you throw them you may over stretch and fall in.

Let’s Reflect
What was the best method for crossing the river?
How did you feel when you crossed successfully?