



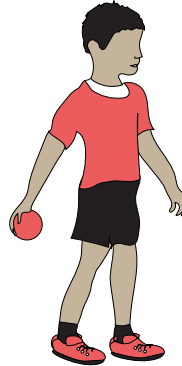
# Boccia PE Home Learning



Can you play fairly and keep the score?

## Time to Learn:

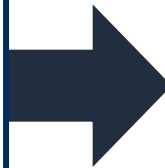
- This game can be played standing up or sitting down.
- Choose a place to throw from and place a marker five steps away.
- Each player needs three balls or pairs of socks.
- Players take turns to throw or roll their ball towards the marker.
- Once all players have thrown or rolled their ball, the ball that is closest to the marker is the winner.



## Top Tips

### Roll or Throw Underarm

- Step forwards with one foot, bending the knee, release the ball along the ground using your opposite hand.



## Let's Reflect

What did you learn after each throw or roll to adapt for the next?

How did you keep focused?