Animal Moves
PE Home Learning

Time to Learn:

• Choose some music that reminds you of an animal.

• Become an animal character. Can someone watching guess which animal you are?

• Can you create movements where you pretend you are moving over things or under things in your animal’s habitat?

• With a partner, what happens when the two animals meet? Can you create a movement to show what happens?

On your own, could you try becoming an elephant and move slowly with big heavy steps?

With another person, create two movements to show what happens when your two animals meet.

Can you include high and low movements as well as a change of direction in your sequence?

Let’s Reflect

Did you move staying in character as your animal?

Could you imagine your animal moving through forests or water, over hills or under logs?

Top Tips

Get in to character

• How would your animal move? What things would be in their natural habitat? Are they big and scary or small and sweet?