Animal Moves
Home Physical Education

How to play:

- Choose some music that reminds you of an animal.
- Become an animal character. Can someone watching guess which animal you are?
- Can you create movements where you pretend you are moving over things or under things in your animal’s habitat?
- With a partner, what happens when the two animals meet? Can you create a movement to show what happens?

Top Tips
Get into character
How would your animal move? What things would be in their natural habitat? Are they big and scary or small and sweet?

Let’s Reflect
Did you move staying in character as your animal?
Could you imagine your animal moving through forests or water, over hills or under logs?

Can you be creative and become lots of different animal characters?
Can you keep trying to improve your animal character?