60 Second Challenge
Air Balloon

The Physical Challenge
Can you keep the balloon up in the air for 60 seconds?
If the balloon touches the floor you lose a life. The more lives you lose the lower your score.

#StayHomeStayActive

Equipment
A balloon
If you do not have a balloon, use scrunched up tissue paper or a bag!

Achieve Gold
Lose 0 lives

Achieve Silver
Lose 1 life

Achieve Bronze
Lose 2 lives

Can you keep trying even if you lose a life?