

## What is Generation Charnwood?

Youth Sport Trust in partnership with Active Together, are building on the long-term collaborative relationships between Charnwood's schools and educational establishments, employers and community partners to develop the wellbeing, life chances and employability skills of Charnwood's young people, particularly those in the greatest need. (Generation Charnwood is part of Charnwood Borough Council's Future Charnwood programme and is funded by the UK Shared Prosperity Fund).

## Aims of the project?

Generation Charnwood will equip young people with the relevant skills, resilience and improved wellbeing to overcome the immediate impact of Covid-19 and develop a 'workforce for the future.' Generation Charnwood is appropriately placed to support young people most impacted to continue to improve access to physical activity.

## Challenges addressed through the Generation Charnwood project

- Students who have lost confidence in themselves because of the pandemic.
  - Respond to school refusal and interest in learning new skills.
    - Understand and respond to classroom behaviour.
- Squeeze on family finances, school budgets and community resources and increasing inequalities for pupils.
  - Teacher's time and energy to help the children in most need.

## What will Primary schools receive?

- Access to free resources.
- Training for staff on embedding the teaching of life skills through PE allowing for all pupils to engage with Life skill development through their PE curriculum.
  - Targeted clubs support with after school/community transition clubs.
  - Gain skills that are likely to be in greater demand in the future, including: interpersonal skills, higher-order cognitive skills, and systems skills. Communication skills, problem solving skills and resilience.
    - Support strengths-based conversations and confidence into choosing optional subjects and inspire possible career conversations about what could be possible.









