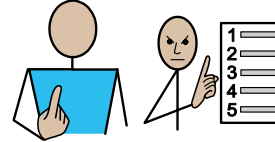


Healthy ME... 6



I am practising



Self-discipline

I showed this skill in PE



school



or life



by...

Write, draw or add a photo of what you did.