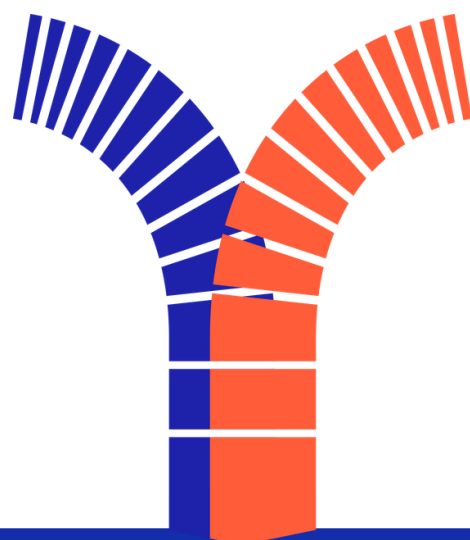




Further Reading Guide: Physical Activity, Wellbeing and School Improvement



Move Well.



Statutory and Inspection Guidance

Ofsted Education Inspection Framework (EIF)

- Personal Development judgement criteria.
- Focus on character, enrichment, citizenship and wider opportunities.

Ofsted School Inspection Handbook

- Current expectations for personal development provision.

Department for Education

- Guidance on Relationships, Sex and Health Education (RSHE).
- Careers guidance and access for education and training providers.

Research and Evidence

Education Endowment Foundation (EEF)

- Social and Emotional Learning Guidance Report.
- Metacognition and Self-Regulated Learning.
- Working with Parents to Support Children's Learning.

Youth Sport Trust

- Active Wellbeing Framework.
- Personal Development through Physical Education.
- Student Leadership resources.

Association for Personal, Social, Health and

Economic Education (PSHE Association)

- Programme of Study.
- Planning frameworks for personal development.

Careers & Enterprise Company

- Gatsby Benchmarks.
 - Employer engagement and career readiness resources.
-



4. Recommended Leadership Questions

- **What experiences are guaranteed for every pupil?**
 - **How do we measure the impact of personal development?**
 - **Which pupils are least likely to engage and why?**
 - **How effectively do we use community partnerships?**
 - **How does our enrichment offer support attendance, belonging and wellbeing?**
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5. Useful Development Activity

Conduct a “Personal Development Entitlement Audit” by mapping all enrichment, leadership, cultural, wellbeing and community opportunities across each year group. Identify gaps and create a three-year improvement plan.





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