

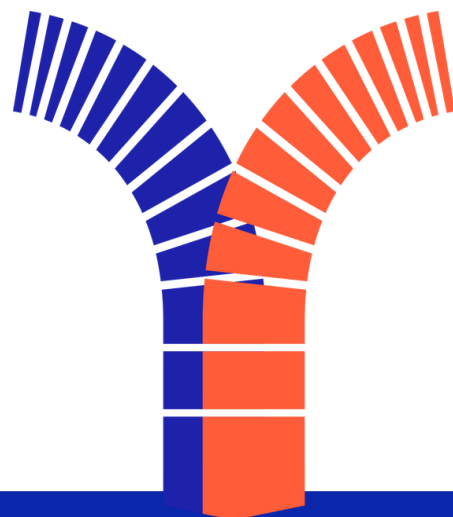


Physical Literacy and a Trust-Wide PE Curriculum: Practical ideas inspired by Cabot Learning Federation

The presentation shows how a long-term, collaborative process can create a shared PE curriculum while keeping pupils' experiences and needs at the centre.



Move Well.





01 Start with a shared purpose

Agree the experience you want every pupil to have. A clear purpose gives curriculum decisions a common reference point.

- Try this: Complete the sentence: "Through PE, school sport and physical activity, we want every pupil to..."



02 Build the right team

Bring together people who understand curriculum, PE, inclusion, pupil need and enrichment. Shared ownership makes the framework more robust and sustainable.

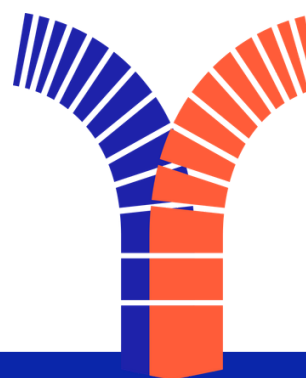
- Try this: Identify who needs to help shape, challenge and quality assure the curriculum.

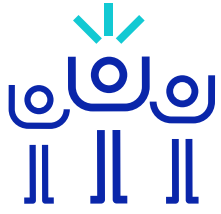


03 Define what matters before choosing content

Be explicit about the knowledge, movement experiences, attitudes and behaviours you want pupils to develop.

- Try this: Audit your current curriculum against four questions: What should pupils move, know, feel and demonstrate?





04 Use research to inform – not replace – professional judgement

Draw on evidence and external frameworks, then translate them into language and practice that make sense for your schools.

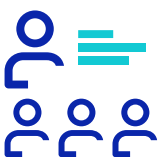
- Try this: Choose one research-informed framework and discuss what it means in your context.



05 Connect PE, school sport and physical activity

Treat lessons, competition, enrichment, active opportunities and play as parts of one experience rather than separate offers.

- Try this: Map where pupils can apply and extend learning beyond curriculum PE.



06 Quality assure and adapt to meet needs

A shared framework should create consistency while still allowing schools to respond to their pupils, context and available opportunities.

- Try this: Agree a small number of non-negotiables, then identify where local flexibility is useful.



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