

Welcome



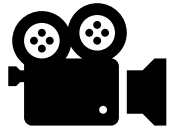
Happier



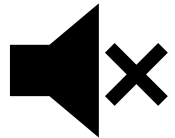
Healthier



More Active



- This session will be recorded



- Please turn your **camera on** and **mute on** (until breakout rooms)



- Type questions into the chat function

Agenda



Happier



Healthier



More Active

1. School Sport & Activity Sector Update
2. SAM Update
3. Update from Kay Batkin YST Network Director
4. Informal Networking
5. New Members
6. Future Dates

School Sport & Activity Sector Update

**Schools
Active
Movement**

Supported by
 **YOUTH
SPORT
TRUST**



Happier



Healthier



More Active

Conservative

- Prime Minister: Elizabeth Truss MP Constituency: South West Norfolk
- Secretary of State for Education: The Rt Hon Kit Malthouse MP, Constituency: North West Hampshire
- Parliamentary Under Secretary of State for Education (Minister for School Standards): Jonathan Gullis MP, Constituency: Stoke on Trent North
- Minister of State for Education (Minister for Schools and Childhood): Kelly Tolhurst MP (Rochester and Strood)
- Parliamentary Under Secretary of State (Minister for Skills, Further and Higher Education): Andrea Jenkyns MP (Morley and Outwood)
- Parliamentary Under Secretary of State (Minister for the School System): Baroness Barran MBE
- Secretary of State for Digital, Culture, Media & Sport: The Rt Hon Michelle Donelan MP, Constituency: Chippenham
- Parliamentary Under Secretary of State for Digital, Culture, Media and Sport: The Rt Hon Stuart Andrew MP, Constituency: Pudsey
- Minister of State: Julia Lopez MP (Hornchurch and Upminster)
- Parliamentary Under Secretary of State: Damian Collins MP (Folkestone & Hythe)
- Parliamentary Under Secretary of State Lord Kamall
- Secretary of State for Health & Social Care:
 - The Rt Hon Dr Thérèse Coffey MP (also Deputy Prime Minister), Constituency: Suffolk Coastal
 - Minister of State for Health & Social Care: Will Quince MP (Colchester)
 - Minister of State for Health & Social Care: The Rt Hon Robert Jenrick MP (Newark)
- Parliamentary Under Secretary of State: Neil O'Brien MP (Harborough)
- Parliamentary Under Secretary of State: Dr Caroline Johnson MP (Sleaford & Hykeham)
- Parliamentary Under Secretary of State: Nick Markham CBE (due to be conferred with a Life peerage)

Labour

- Shadow Education Secretary: Bridget Phillipson MP, Constituency: Houghton & Sunderland South
- Shadow Minister for Schools: Stephen Morgan MP, Constituency: Portsmouth South
- Shadow Minister for Skills and Further Education: Toby Perkins MP, Constituency: Chesterfield
- Shadow Minister (Education): Helen Hayes MP (Dulwich and West Norwood)
- Shadow Minister (Education): Matt Western MP (Warwick and Leamington)



HEALTH & WELL-BEING

- * National Agenda
- * Social/Mental/Physical
- * Data Gathering / Sharing
- * Projects/Organisations /Initiatives (ie Wellschools)



ADVOCACY

- Active support from the key stakeholders.
- Selling the narrative
- (Schools, Politicians, Local Authority, Public Health, sports stars and personalities and most importantly young people.)



STRUCTURES/ ORGANISATION

- * Represent variety of structures represented (SGO/PDM/SSP/CIC/Consultant etc)
- * Support network for developing new structures
- * Ensure representation of all involved with a voice



SUSTAINABILITY & FUNDING

- * National Funding (SGO / PESP)
- * Additional Funding Streams / Diversification (ie. ITT / Football / Project monies)



CURRICULUM / PHYS ED.

- The gateway to lifelong participation*
- * All schools-All ages
 - * Workshops/Webinars
 - * Case studies
 - * Meaningful PE for all

GOVERNANCE / GOOD PRACTICE: Sharing of Good network practice/Workshops/Webinars/Case studies



Governance

Active support for the sub groups in setting the ethos and vision

Schools, Politicians, Local Authority, Public Health, sports stars and personalities and most importantly young people.

GOVERNANCE

SAM members can achieve great things for children in an environment where their work is valued and respected. The quality and importance of the work of SAM members needs to be prominent in a national and local context. It is essential to explore the most effective and efficient ways to achieve this to allow the network to thrive.

Working towards the ethos of FIT4HHA

Sub Groups will:

- **Connect** - Provide effective communication for the extended network to build the movement and develop relationships
- **Advocate** – support members to advocate their work locally and unify to create a collective voice to raise the profile nationally
- **Share** - Share good practice to allow the extended network to become even more effective in their work

Group Membership – Established local network leads

Schools
Active
Movement

Supported by
YOUTH
SPORT
TRUST



Happier



Healthier



More Active



HEALTH & WELL-BEING

- * National Agenda
- * Social/Mental/Physical
- * Data Gathering / Sharing
- * Projects/Organisations /Initiatives (ie Wellschools)

HEALTH & WELLBEING

Current Members- **Kay Batkin, Dean Woodham, Vicky Marshall, Jo Thompson**

Interested in joining? Email dw.nossp@bgn.oxon.sch.uk

- How does SAM support the National Agenda (ie. 30/60)
- Develop Core messaging supporting members to position wellbeing at the heart of education and gain commitment from schools
- Increase the credibility and role of PE, Sport, Physical activity in play through its wider remit in health and wellbeing
- Provide learning opportunities for members in the space of health and wellbeing
- Projects/Initiatives (Support/CPD/Resources/Funding) available across the movement
- Engaging with the wider health and wellbeing sector
- Driving change through Well School / Mentally Healthy/ School Kindness
- The role of PE & sport in promoting HWB & educational outcomes
- Supporting families
- Life skills

- SAM H&WB measurements (national picture)

Schools
Active
Movement

Supported by
YOUTH
SPORT
TRUST



Happier



Healthier



More Active



HEALTH & WELL-BEING

School based opportunities

HEALTH & WELLBEING

Well Schools- an online movement to support schools to improve HWB

- Steps to Success- a useful guide to build improved HWB for schools

Bupa Foundation- well being for educators. Training and resources to support improved school staff HWB

52 lives school of kindness- School workshops to develop kindness in young people

Mindfulness Training for staff- supported by Vince and Inspire+

Mindfulness training for staff across a 7-week course giving participants the opportunity to:

1. learn about ways to live life more in the present moment
2. explore current ways of thinking and challenge unhelpful thought patterns
3. learn how to fit simple mindful practice into everyday life when you need it most to improve your personal wellbeing
4. develop knowledge of mindful practice in schools and how to support children and colleagues in the 5 ways to wellbeing project

Schools
Active
Movement

Supported by
YOUTH
SPORT
TRUST



Happier



Healthier



More Active



ADVOCACY

Sub Group members

Alan Watkinson, Vincent Brittain, Lindsay James, Alex Repton, Chris Story and Joel Matthews

(looking to extend with external people-marketing, politicians, ambassadors)

National Advocacy

- Policy (support across political spectrum – influencing and aligning with the national agenda)
- Personalities (Ambassadors and key influencers)
- Press (Traditional outlets and social media)

Local Advocacy

- Identify and Influence (Recruit and convince key people and organisations)
- Invigorate (Support the network to improve and grow)
- Impact (Telling the powerful stories and applying to national advocacy)
- Influence the Influencers (MPs and those in significant positions etc)



ADVOCACY

Active support
from the key
stakeholders.
Selling the
narrative

Schools, Politicians, Local
Authority, Public Health, sports
stars and personalities and most
importantly young people.

STRUCTURES & ORGANISATIONS



Happier



Healthier



More Active



STRUCTURES & ORGANISATIONS

- * Represent variety of structures represented (SGO/PDM/SSP/CIC/Consultant etc)
- * Support network for developing new structures
- * Ensure representation of all involved with a voice

SAM recognise that a coherent approach to our infrastructures, that is accountable for an evidence-based approach to meaningful targets, locally and nationally, will also ensure more positive outcomes for Health, Happy, more Active children (FIT4HHA)

Context:

- Understanding the current landscape and implications
- Consideration of geographical barriers
- Understanding the future (threats) to the network – boundary changes, MAT development, funding changes or movement of funds

Support:

- What type of organisations are out there – sharing models etc
- Promote philosophy that encourages strong local partnerships – health, council, Active Partnership, NGB etc
- How to engage your strategy with other local groups to develop reach/impact
- PEER SUPPORT - support networks/peer mentoring/ network briefings

Outcomes – Peer Support:

How to set up as a CIC workshop – Claire Tennyson – Monday 21st November 2-3pm

How to be a consultant workshop – Jo Eames – Tuesday 15th November 10 – 11am

Group Membership: If you would like to join this group or sign up to a workshop please contact Jo on j.eames@qegschool.org.uk



SUSTAINABILITY & FUNDING

* National Funding
(SGO / PESP)

* Additional Funding
Streams / Diversification
(ie. ITT / Football / Project monies)

SUSTAINABILITY & FUNDING

STAFF –

Ali Mapp , Rebecca Darcy (YST) , Beky Williams, Sarah Price. We are keen to recruit a representative who is employed by a school but has an extended offer and also a charity

CONTEXT

- To support SAM Members to gain additional funding and build sustainable models.

SUPPORT

- Understanding current funding and Explore/Share NEW funding opportunities
- Share practice of diversification of income streams developing more sustainable models (non SGO/PESP reliant)
- Advocate benefits of extended partnerships to external agencies – like Active Partnerships
- **Promote philosophy that encourages strong local partnerships Link with Structures/Organisations**
- Key messaging to help sell sustainability with schools why they should continue to invest (including the wider benefits)
- Identify and develop ideas how to overcome threats such as MATS taking over local competitions
- Support members with ideas on how to business plan effectively , with a 3 year plan

CURRENT ACTIONS

- Currently building a picture of what funding streams and business support we have accessed as a group
- Will be focusing on what support will be beneficial for members, for e.g. crash course in business planning

Schools
Active
Movement

Supported by
YOUTH
SPORT
TRUST





PHYSICAL EDUCATION

The gateway to lifelong participation

- * All schools-All ages
- * Workshops/Webinars
 - * Case studies
- * Meaningful PE for all

PHYSICAL EDUCATION

SAM members are integrally linked to Physical education settings, therefore SAM has a responsibility to 'connect, advocate and share' to support members in their knowledge and understanding of Physical Education.

- PE as the gateway to lifelong participation
- All School Types / All Key stages
- Sharing/Interpreting PE updates (i.e. Ofsted research review in PE)
- Sharing Opportunities (to enhance k&u)
- Share Good Practice
- Impact/Evidence (PE & Whole school impact)
- Collaboration with key partners (ie work coming from DfE and Oak to support in this area)

GROUP MEMBERSHIP

RMC = EAST

DAN MOODY = SOUTH

ROSIE HARRIS – NORTH WEST

TBC- PAUL RYAN (Midlands)

LOOKING FOR 2/3 MORE TO JOIN THE GROUP

Email rmccombe@norfolkPE.org if interested

INITIAL MEET: Early NOVEMBER

Kay Batkin, YST Network Director

**Schools
Active
Movement**

Supported by
 **YOUTH
SPORT
TRUST**



Happier



Healthier



More Active

Informal Networking

1. Top 3 Priorities
2. What are your barriers/challenges
3. Who do you look to for support?



Happier



Healthier



More Active

New Members

**Schools
Active
Movement**

Supported by



Happier



Healthier



More Active



Happier



Healthier



More Active

Future Dates

Date	Format	Zoom Registration Link
Thursday 2nd February 11-12.30pm	ZOOM	https://youthsporttrust.zoom.us/meeting/register/tZUsc-2hqzliGtVerJKZjpig03jrESjCe98r
Friday 24 th March 1- 2.30pm	ZOOM	https://youthsporttrust.zoom.us/meeting/register/tZMvf-6hrDlpGdGEzLFX1ePDmT-D7Qe4ZZHl
Monday 22 nd May 3- 4.30pm	ZOOM	https://youthsporttrust.zoom.us/meeting/register/tZUrduipqD8jGted_bC9ucsmAknqpHBo_TSg
Tuesday 4 th July 9- 10.30am	ZOOM	https://youthsporttrust.zoom.us/meeting/register/tZlsd-6prDluHdD2J8BxRMB5VRHw_QcveNlu



Happier



Healthier



More Active

Thank You