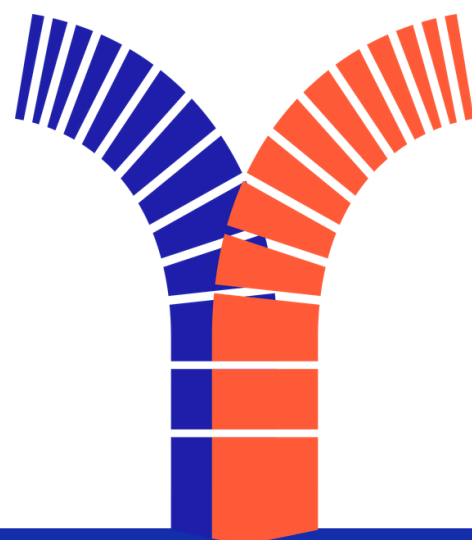




Further Reading Guide: **Physical Literacy** **and a Trust-Wide** **PE Curriculum**



Move Well.



1. Physical Literacy Consensus Statement for England – Sport

England

Why read it?

A clear starting point for understanding physical literacy as a person's relationship with movement and physical activity.

Key takeaway for school leaders

Physical literacy is shaped by how we move, think, feel and connect; positive, meaningful experiences can support lifelong engagement.

Practical implication

Use the statement as a lens for reviewing whether your curriculum supports the whole pupil, not only physical competence.

2. Levelling the Playing Field: The Physical Education Subject Report

– Ofsted

Why read it?

To explore the features of high-quality PE curriculum design identified through Ofsted subject visits.

Key takeaway:

A coherent curriculum identifies and sequences the knowledge pupils need to know more and do more in PE, rather than simply offering a range of activities.

Practical implication: Review whether your curriculum clearly identifies what pupils should know and be able to do as they progress.

3 Positive Experiences and Physical Literacy Resources – Sport England

Why read it?

To explore how the Physical Literacy Consensus Statement can translate into positive movement experiences for children and young people.

Key takeaway for school leaders

Physical literacy is shaped by how children move, think, feel and connect, and by whether their experiences are meaningful, enjoyable and positive

Practical implication

Consider whether your curriculum develops confidence, motivation, connection and enjoyment alongside physical competence.

4. Enhancing Physical Education Provision and Improving Access to Sport and Physical Activity in School – Department for Education

Why read it?

To consider curriculum PE alongside physical activity, extracurricular sport and wider opportunities to be active.

Key takeaway for school leaders

Schools should consider both the quality of PE and equality of access to sport and physical activity.

Practical implications

Map how curriculum PE, school sport and wider physical activity complement one another across the school.



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