Youth Sport Trust

Annual Report and Financial Statements

Year Ended 31 March 2026

Company Limited by Guarantee
Registration Number 04180163
(England and Wales)

Charity Registration Number 1086915

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REFERENCE AND ADMINISTRATIVE INFORMATION 31 March 2026

President	Sir John Beckwith CBE
Trustees	Richard Davidson (Chair) Simon Ascroft (Appointed 16 Jul 2026) Claire Boakes Valerie Copenhagen-Crumlin William Downie (Resigned 16 Jul 2025) Paula Franklin (Resigned 16 Jul 2025) John Gilligan Katherine Grainger Timothy Hunt (Appointed 16 Jul 2025) Fatou Jeng Elyse Jenkins (Appointed 16 Jul 2025) Ben Levinson (Appointed 16 Jul 2025) Shweta Sharma Sara Yasin (Appointed 27 Nov 2025) Abhishna Yogarajan (Resigned 27 Nov 2025)
Company Secretary	Peter Ellis
Chief Executive	Alison Oliver
Registered address	Sport Park 3 Oakwood Drive Loughborough Leicestershire LE11 3QF
Company registration number	**04180163**
Charity registration number	1086915
Auditor	Buzzacott Audit LLP 130 Wood Street London EC2V 6DL

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REFERENCE AND ADMINISTRATIVE INFORMATION 31 March 2026

Bankers	National Westminster Bank plc 5 Market Place Loughborough Leicestershire LE11 3NZ
	Santander 2 Triton Square Regents Place London NW1 3AN
Solicitors	Winckworth Sherwood LLP Arbor 255 Blackfriars Road London SE1 9AX
	Hamlins LLP 1 Kingsway London WC2B 6AN

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The trustees present their report together with the financial statements of the Group for the year ended 31 March 2026.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (FRS102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102), the Charities Act 2011 and the Companies Act 2006.

1.0 CHAIR'S INTRODUCTION

Welcome to the Youth Sport Trust's Annual Report for 2025-26. The past 12 months have been a busy and interesting time for the charity, from policy changes to programme impact, and from organisational development to operational improvements.

2025-26 saw a number of new policy objectives around PE and School Sport launched by the Labour Government: the response to the Curriculum and Assessment Review, the implementation of an Enrichment Framework, the launch of the Youth Strategy, and a public commitment to a new National Network of PE and School Sport Partnerships. Throughout the year the Youth Sport Trust played an active role through our political influencing and advocacy, while also supporting schools and the existing network prepare for transition.

2025-26 was also the first year of the second phase of our 13-year strategy (2022 – 2035). In this second phase (2025 – 2028), one of our 6 tactics has been elevated, 'Change from Within', to become a fourth objective alongside 'Urgent Action', 'Generational Shift' and 'Societal Change'. This increases the focus on developing a strong and sustainable charity able to deliver against the other three, external facing objectives.

For the three years of phase 2 of the strategy there are 32 Key Moves across the 4 objectives – a selection of these are outlined below:

OBJECTIVE 1 – Urgent Action - *Building back healthier, happier young people and levelling the playing field for the most disadvantaged.*

- Launch and leverage the Well School Accreditation (building on the launch of the Well Check last year)
- Establish Beacon Well Schools (in each of the 20 Growth Areas established in phase 1 of the strategy)
- Establish Growth Areas in Scotland and Wales

OBJECTIVE 2 – Generational Shift – *Balance the demands of the digital age through the human connection of physical play and sport*

- Develop and launch a reward and recognition scheme for young leaders
- Re-develop and design training and resources for practitioners, enabling them to train more young activity leaders who will in turn increase physical activity among their peers
- Re-launch the Young Ambassador movement in England and connect it to the programme in the Home Nations

OBJECTIVE 3 – Societal Change - *transform societal perceptions and attitudes toward the importance of physical literacy, play, and sport*

- Through our national programmes (Barclays Girls Football in Schools, the School Games, and Inclusion 2028), strive to close the physical activity gap for girls, children from low socio-economic backgrounds and SEND pupils.
- Prove the positive impact of physical activity on children's lives and futures, and disseminate research to key audiences
- Leverage influencers to increase credibility and relevance among key audiences

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OBJECTIVE 4 – Change from Within – *creating an inclusive, sustainable and high performing organisation*

- Develop a suitable platform to give easy access to Youth Sport Trust training and resources
- Formalise our partnership with delivery networks and increase our reach by licensing selected intellectual property
- Improve the efficiency and effectiveness of Youth Sport Trust's business systems and processes, through the use of AI

Over the past year, the charity has benefitted from the extension of a number of strategic partnerships, notably the Barclays Girls Football in Schools project supported by The FA, the Set for Success programme supported by the Wimbledon Foundation, and National School Sports Week sponsored by Sports Direct. Sadly, this year our partnership with Lego, as the presenting partner for our Young Changemaker Awards, came to an end, but the charity has been able to cultivate a number of new relationships which will take it forward, including the London Marathon Foundation, the Wembley Stadium Foundation and the BUPA Foundation. We have been able to position each of these new partnerships against our most iconic and impactful programmes, including Healthy Movers, Active in Mind, Well Schools, SEND Inclusion, Girls Active and Boys Move.

The charity's major funder, Sport England, saw the arrival of a new CEO in 2025. A strong and positive, new relationship has been built ahead of the review of their strategic priorities and investment plans from 2027-28.

During 2025 – 2026, the charity delivered another successful Annual Awards Dinner and National Conference, and hosted both a National Youth Leadership Summit in Wales and a Youth Sport Leadership Camp in England. The Board of Trustees have been even more closely engaged with the Executive Team through a trustee-led review of our commercial activity, an update of our Diversity & Inclusion Action Plan, and a deep dive into our Welfare and Safeguarding strategy, policies, and practices.

Staff engagement remains positive, with 'We Thrive' providing support for our three pulse surveys per year. The charity scores above the national and sector averages across all segments of the 4-C model (cognitive, capability, connection and confidence). This year also saw the return of our Internal Leadership Development Programme and the introduction of charity wide training on prioritisation and agility as part of the consultation on a proposed new competency framework.

STRATEGIC REPORT

2.0 STRUCTURE, GOVERNANCE AND MANAGEMENT

2.1 Governing document

Youth Sport Trust is a charitable company limited by guarantee, incorporated on 15 March 2001, and registered as a charity on 5 June 2001. It succeeded an unincorporated charitable trust established in 1994. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The company is now governed under its Articles of Association (revised in July 2025), which incorporate the objects and powers. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

2.2 Appointment of trustees

The Youth Sport Trust Board is composed of a maximum of 12 independent trustees who are the directors of the charitable company. Specific roles on the Board include, a Chair, Senior Independent Director, Welfare & Safety Lead and Equality, Diversity & Inclusion Lead. The charity also has a Youth (advisory) Board, the chair of which has a ringfenced seat on the main Board.

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As set out in our Articles of Association and the Youth Sport Trust Board Terms of Reference, all trustees are appointed for a term of three years and shall be eligible for reappointment for a further two terms, at which point they must retire from office. However, any trustee who is appointed as Chair may serve an additional term. In exceptional circumstances, and where the trustees consider that it would be in the best interests of the charity, a Chair who has served the maximum four consecutive terms or a trustee who has served a maximum of three consecutive terms may continue to serve for an additional one-year period.

The focus of the charity is maximising the positive impact of play and sport on young peoples' education and development. Youth Sport Trust undertakes a skills-based recruitment process, with a focus on competency, experience and suitability, to ensure that the Board is comprised of trustees from multi-disciplined backgrounds, such as the world of sport, education, health and business. In addition to this, significant consideration is given to equality and diversity and lived experience when selecting suitable candidates, to ensure we benefit from a wide range of experience in our decision making. The recruitment process is carried out by the Nominations, Governance and Remuneration (NGR) sub-committee of the Board, through an open and publicly advertised recruitment process. All Board vacancies are advertised on the Youth Sport Trust website, our partners' websites (including UK Sport, Sport & Recreation Alliance and Sporting Equals), and the national press and social media, to attract people from various backgrounds. The Board is currently (March 2026) comprised of 7 women and 5 men, including representation of trustees from ethnic minority groups, and one trustee with a disability.

Our trustees and patrons give their time freely but can claim expenses associated with meetings, induction and training. £2,603 was paid for the reimbursement of their expenses during the year (2025: £816).

The charity has trustee indemnity insurance (cover of £5m) in place at a cost of £5,839 (2025: £5,792).

In addition to our trustees, Youth Sport Trust utilises volunteers in varying capacities, from individuals helping at sporting events and fundraisers, through to Ambassadors and our Youth Board, which sits at the pinnacle of a national movement of young sports leaders who are either currently engaged in, or alumni of, our programmes.

2.3 Key Management

The trustees and the Executive Team comprise the key management personnel of the charity, in charge of directing and controlling, running and operating the charity.
A Chief Executive ("CEO") is appointed by the trustees to manage the day-to-day operations of the charity. The current CEO is Alison Oliver MBE. To facilitate effective operations, the CEO has delegated authority for operational matters within terms of delegation approved by the trustees, including finance, employment, and performance related activity. Key leadership personnel include a Chief Financial and Operations Officer, a Chief Brand Officer, a Chief Revenue Officer (currently vacant) and 3 Directors (Children and Young People, Schools and Corporate Coach).
In accordance with our remuneration policy, each year the Executive Team recommend to the Board (via the NGR Committee) a sum to be included in the salaries budget to fund an annual pay increase. Allocation of this sum is then managed in three ways:

- The Board (via the NGR Committee) will consider and determine any pay award for the CEO;
- The CEO will recommend to the Board (via the NGR Committee) any pay award for the Executive Team; and
- The CEO, in consultation with the Executive Team, will recommend to the Board (via the NGR Committee) any pay award for staff.

This year the Board approved a non-consolidated payment of £250 to all staff.
The NGR Committee are also involved in approving any recommendations arising from 3-yearly, independent, pay and benefits benchmarking exercises, led by the Assistant Director for Human Resources.

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2.4 Annual Governance Statement 2025/26

Commitment and Compliance

As an organisation which receives public funding through Sport England, we are required to comply with A Code for Sports Governance (the "Code"), and in 2024, Youth Sport Trust received confirmation from Sport England that we are compliant with all requirements of the Code, including requirements 2.1 – 2.3, related to diversity and inclusion.

Youth Sport Trust's Governance Framework

The Youth Sport Trust Board administers the charity. It has two established sub-committees:

Audit and Risk Committee - Chaired by one of the trustees, with at least two other trustees as members. The Committee is responsible for overseeing all financial and audit aspects of the Youth Sport Trust, including risk management and internal control systems, and for reporting back to the main board.

Nominations, Governance and Remuneration (NGR) Committee - Chaired by the Chair of the Youth Sport Trust Board, with at least two other trustees as members. The Committee is responsible for: leading the recruitment process of the Chair, CEO and trustees; overseeing and monitoring Youth Sport Trust's governance framework and Board membership; determining the remuneration of Executive Team members and providing guidance on annual increments for Youth Sport Trust staff.

The Terms of Reference for these committees, along with those of the main Board, can be found on our website.

The Board formally met five times in 2025/26: 7 May 2025 (virtual), 16 July 2025 (face-to-face, including AGM), 24 September 2025 (face-to-face), 27 November 2025 (face-to-face, including an overnight Board Retreat), and 11 February 2026 (face-to-face).

Governance Actions

In October 2025, we undertook our annual, internal evaluation of Board performance, using an online survey which was completed by trustees. Questions were grouped into 10 categories: Objectives, Strategy and Remit; Board Conduct; Board Membership and Executive Attendance; Performance Management; Risk Management, Stakeholder Relationships; Chair and CEO Relationship; Sub-Committees; and Diversity and Inclusion. The results were, once again, extremely positive, with an average score for each category of between 4.65 – 4.91 out of 5. The trustees discussed the findings in November and as a result, in 2026, some improvements will be made to our Board Pack, along with a review of our risk management and reporting processes.

The Board evaluation survey also included an opportunity for trustees to rate their individual knowledge and understanding across a range of areas. The results from this self-assessment feed into the Learning and Development plan for trustees.

We develop a Governance Action Plan on an annual basis, progress against which is monitored by the Board, through the NGR Committee. This plan is developed from internal and external assessments of compliance with the Code, Sport Wales' Capability Framework and the Charity Governance Code, plus any recommendations arising from our Board Evaluation process.

Our focus this year has been to maintain our good governance practices, highlights of which are included below:

- Phase 2 of our strategy finalised, covering the period 2025-28
- Diversity & Inclusion Action Plan refreshed for 2025-28
- People Plan refreshed for 2025-28

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- Articles of Association revised to more clearly enable Board meetings to be conducted via video conference and to clarify permissible extensions to a Chair's term of office.
- Review of our cyber security measures undertaken
- Cyber Essentials certification achieved
- Bespoke safeguarding training attended by all trustees
- Continue to improve our sustainability, as detailed in our Annual Sustainability Statement, including the establishment of an internal Sustainability Management Group
- Internal evaluation of our Board undertaken (details above).

Four new trustees were recruited onto the Board and formally appointed at the AGM in July 2025. These replaced two trustees who resigned in early 2025 and a further two trustees who reached the end of their maximum term of office (9 years).

In addition, we also recruited a new Chair of our Youth Board, who automatically became an ex-officio Board trustee in November 2025, replacing the previous Youth Board Chair.

Employee engagement 'pulse' surveys of our staff were undertaken in May 2025, September 2025 and February 2026 through 'WeThrive'. Following analysis of the findings an action plan has been developed which is owned by the Executive Team, supported by our Employee Forum.

All of our key governance documentation can be found on our website along with our Annual Report and Financial Statements, Annual Impact Report, Strategy and key policies.

3.0 OBJECTIVES AND ACTIVITIES

3.1 Charitable Objects

The charity was founded on a belief that high quality and positive experiences in sport can change lives. When used strategically and intentionally, sport can improve physical, social and emotional wellbeing, it can foster belonging and promote inclusive attitudes and can develop skills for life and sport. These are essential ingredients for children to fulfil their potential in school. Our theory of change details the outcomes we seek and the changemakers we will work with to achieve our aims. As well as working directly with young people and young leaders, we will involve educators, partner organisations and families, to ensure that we can make the societal shifts needed for sustainable change.

The charity's objects ("Objects") for the public benefit and in particular for the benefit of young people under the age of 25 both in the United Kingdom and internationally ("Young People") are:

1. To support, enable and encourage Young People, irrespective of ability, to participate in sport and physical activity, whether in schools, other educational establishments or the wider community, by providing advice and assistance and organising programmes of physical, educational and other activities to help Young People to develop their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals, advancing their mental and physical health and education.
2. To provide advice and assistance to parents, carers and families to enable and encourage them to support Young People, irrespective of age or ability, to participate in sport and physical activity.
3. To improve and increase the provision of sport and physical activity opportunities available for Young People by building networks, delivering training and seeking co-ordination, collaboration and co-operation amongst providers of sport, physical activity, and physical education, and between sport, education and health providers.

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4. To promote the benefits of sport and physical activity (in general and in particular) and the physical and mental health of Young People by undertaking and disseminating research into sport, physical activity, the impact of sport on academic achievement and into the physical and mental health of Young People.
5. To seek to influence policy makers at local, national and international levels about the importance of sport and physical activity and its benefits to Young People (without engaging in any party-political activity).
6. To advance such other charitable purposes as the directors may from time-to-time think fit.

3.2 Mission and vision

The vision of Youth Sport Trust is a future where every child enjoys the life-changing benefits that come from play and sport.

Our mission is to equip educators and empower young people to build brighter futures. Together we create opportunities for everyone to belong and achieve.

3.3 Strategy

The work of the charity extends from influencing policy and building networks which support long term sustainable change, to innovating new ways to harness the power of play and sport within the education and development of young people. We also implement programmes and services and improve outcomes by celebrating and disseminating effective practice.

We work most closely with early years settings, schools, Multi Academy Trusts (MATs) and Alternative Education settings. We collaborate and partner with several organisations at a national level including, Teaching Unions, Academy Chains, Home Country Sports Councils, National Governing Bodies of Sport, equality organisations, and other youth facing charities and non-governmental organisations. We also work with regional and local partners such as, Local Authorities, Active Partnerships and a range of small, community-based charities, enabling us to deliver holistic programmes which operate within and beyond the school gates. Several of our projects and programmes are supported through business and corporate partnerships.

We are not a grant giving organisation, however, there are occasions where we will seed fund a project or initiative as part of a pilot programme that is later integrated into our mainstream programme delivery.

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Youth Sport Trust strategy 2022 – 2035:
Inspiring Changemakers, Building Belonging

As set out in the Chair's Introduction, the charity is currently pursuing a 13-year strategy from 2022 – 2035. The strategy is being executed in phases, with phase 1 ending in 2025, and phase 2 running until 2028. In the autumn of 2025, we commenced work on phase 2 of the strategy, including the new, fourth objective, 'Change from Within', and a fresh set of Key Moves for each of the three, externally facing objectives.

As we launched phase 2 of the strategy, we developed a set of success measures and an overall ambition for 2035, as well as success measures' milestones which we are aiming for at the end of phase 2 in 2028. Through our work in phase 1 of the strategy, in 2025 we were able to identify a set of baseline benchmarks.

While the Achievement and Performance section (page 12) will set out the impact of our work in the 2025/2026 academic year, below you can find an updated summary of progress against the Key Moves for the three objectives identified in phase 1:

URGENT ACTION – Key Moves

- **Build a Well School Movement** – *over the past year the charity has launched the 'Well Check', a free-to-access, self-review tool, to help schools understand how well they meet the Well School blueprint – there are now over 1,100 schools that have accessed this tool. 149 Multi Academy Trusts have commenced their Well Trust Journey, and the Well School Accreditation has been launched, with over 50 schools currently working towards this.*
- **20 Growth Areas established and operational** – *the charity is now prioritising investment into these areas. There is a Beacon Well School in each Growth Area, and the Youth Sport Trust is beginning to unlock investment to support work in these areas.*
- **3 Place Based areas established and operational** – *over the past year, we have established three place-based pilots in Knowsley, Birmingham and Tower Hamlets, each anchored by a secondary school. These pilots have successfully demonstrated the value of this approach and, as a result, we have expanded our focus to work with School Sport Partnerships to develop place-based approaches across multiple schools, reaching over 30 schools to date.*
- **Staff recruited, trained & supported to have the greatest impact on young people facing the impact of inequalities** – *over the past year we have invested heavily in building the capacity and capability of our staff. Key staff have attended training in Systems Thinking, Ripple Effect Mapping, and Trauma Informed Approaches.*
- **Increase sum and proportion of our income focused on young people facing the impact of inequalities** - *the number of schools we are engaging with has significantly increased, along with schools serving the most disadvantaged pupils. Schools in the most disadvantaged areas have an average engagement score of 8.58 out of 10, and schools in the most advantaged areas have an average engagement score of 7.58 out of 10. The lowest engaged group of schools is now the schools serving the most advantaged pupils. The metric we use to determine if a young person is from a low-income family has changed this year, from Free School Meals to pupils in receipt of Pupil Premium. This does not allow us this year to show a year-on-year trend, but moving forward will be a more accurate measure. We have made progress in getting into the right schools, and our future focus will be on ensuring that our programmes get to the young people facing the greatest inequities within those schools.*

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	Young People Participating	Young People Trained	National Average 2024/25
TOTAL	**201,263**	**12,934**	
Female	**48%**	**55%**	**49%**
Ethnically Diverse Communities	**40%**	**20%**	**38%**
SEND	**39%**	**20%**	**20%**
Low Income Families	**29%**	**27%**	**27%**

GENERATIONAL SHIFT – Key Moves

- **Relaunch the Young Ambassador Movement** - *we delivered 5 Young Ambassador Conferences in 2025 involving 298 Young Ambassadors.*
- **Create a new type of club environment for the next generation of sports volunteers** – *in the summer and autumn term of 2025, and spring term of 2026, we established six hubs including 33 schools, training 39 teachers and empowering 134 young leaders.*
- **Publish and advocate a new youth leadership framework with belonging at its heart, embedded in all our work, ensuring we have a significant and unique impact on our targeted young people** – *during 2025 we have run 10 workshops to train the school sport workforce in the application of the new Youth Leadership Framework.*
- **Young people's voice is heard and/or they are co-creating on all Youth Sport Trust development projects** – *in the summer and autumn term of 2025, and spring term of 2026, we have pro-actively engaged young people in Girls Active, Inclusion 2028, Young Ambassadors, Youth Sport Trust National Conference, National School Sport Week, Multi Sport, and the design of 24 hour-movement guidance.*
- **Partnerships in place with local and national organisations to increase the reach of this young people driven generational shift** - such as Charnwood Borough Council and UK Shared Prosperity Fund (Generation Charnwood); Lidl Ireland and Ladies Gaelic Football Association (Sport for Good and Serious Support); The Julia Rausing Trust (Boys Move); the Wimbledon Foundation (Set for Success); Nike and The FA (Muslim Girls in Football); Football Association Wales (BE. Football); and Sport Wales and Sport Scotland (Young Ambassadors).

SOCIETAL CHANGE – Key Moves

- **Create the strongest arguments for the need for change for young people** - delivering 39 new evaluations and 8 research reports, including the fourth PE & Sport Report in May 2025 and our 2024 Girls Active Annual Survey, funded by Sport England National Lottery Funding, which compiled insight on attitudes and perceptions of PE and school sport from over 15,000 girls and boys, aged between 7 and 18.
- **Create a compelling case in data and storytelling of the impact of our mission on young people** – we hosted the third Youth Sport Trust Young Changemaker Awards in November 2025, creating a suite of human-interest stories, films and case studies demonstrating the impact of our work on those young people who can benefit most from access to PE, School Sport and Play.
- **Target our work to prove the case in a number of areas nationally** – to date, the following outputs have been delivered within Growth Areas to deepen understanding and develop stronger local relationships on the ground.
    - 161 school insight visits have been conducted, and 18 local insight reports produced

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  - 20 local area forums have been established, and 20 action plans have been created.
- **Successfully deliver a series of impactful campaigns reaching families and wider society** - through National School Sports Week 2025, we promoted how schools can embed opportunities for movement throughout the school day by taking an Always Active approach. 2,183 schools signed up to participate in National School Sports Week, which saw events taking place up and down the length and breadth of the UK, powered by Sports Direct and Under Armour. The campaign also championed the principle of an Always Active Uniform, as a way to remove barriers to movement created by traditional uniforms and formal footwear, particularly for girls.
- **Secure partnerships to amplify our voice with families** – at the start of 2026 we were able to launch a new partnership with the London Marathon Foundation, allowing us to speak more strongly and clearly to schools and families in 4 London Boroughs, about the value of '10 minutes more' of physical activity per day.

3.4 Public Benefit

In setting objectives and planning activities, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit and confirm that they have complied with their duty in Section 17 of the Charities Act 2011.

The charity's Annual PE and Sport Report provides insight and evidence on children's health and wellbeing, school engagement, and sense of belonging and value in society. We use this report to inform our influencing, innovation and the implementation of programmes and services. Since our 20th anniversary in 2015, the charity has commissioned a report every five years, entitled the Class of 2035. This report provides a line of sight to the future - the worst-case scenario. In the most recent report, published in 2025, the following 'misery stats' on the state of young people's wellbeing were reported:

- **Mental Health Disorders:** 23% of children, aged 8 to 16, will face a mental health disorder, climbing from 18%.
- **Extreme Sedentary Behaviour:** More than a third (34%) of children will fail to be physically active for even 30 minutes a day.
- **Massive Screen Time:** Almost half (48%) of all children will spend three hours or more on screens for entertainment each day.
- **Soaring Obesity Rates:** Over 180,000 children (24%) in the 10 to 11 age group will be classified as clinically obese.
- **Surging Type 2 Diabetes:** Annual, Type 2 diabetes' diagnoses in children are projected to hit 500 new cases a year—nearly double 2025.

The Youth Sport Trust is on a mission to tackle these issues, building brighter futures for young people, the communities they live in and the society they will contribute to in the future.

In delivering our mission, the work of Youth Sport Trust cuts across a number of key policy areas, including youth, health, education, sport and community development. Our work to broaden and develop play, physical education and sport opportunities for young people not only makes them fitter and healthier, but also improves their confidence and self-esteem, enhances their engagement with school and achievement across the curriculum, and supports their wider contribution to the community. Our work supports the foundations for an active, healthy and productive life, and can help build belonging while unlocking potential.

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In particular, the work we do to build active and well schools is pioneering systemic change, by helping school leaders and their staff understand the strategic role physical activity and sport can play in supporting personal development, cognitive performance and culture building. Our Well School movement (supported by the Youth Sport Trust Well Check and Well Accreditation) has now engaged over 1,000 schools. It is empowering and enabling schools to deepen their role as an anchor institution in the community and fulfil their civic duty by using play and sport to reach out to and connect with other local institutions and individuals.

The Youth Sport Trust's Youth Leadership programmes have benefits beyond sport - the skills that are developed in this area can stay with young people for life. Many of the young people trained in leadership skills by the Youth Sport Trust go on to volunteer in the local community, bringing significant social benefit. This work is becoming increasingly important in the development of employability skills.

Finally, the Youth Sport Trust's work has a deep and impactful focus on equal opportunities for all young people, through increasing access to physical education and sport. We deliver programmes which target under-represented groups, such as, young women and girls, young people with Special Educational Needs and Disability (SEND), young people from diverse, ethnic and cultural backgrounds, and young people from socio-economically disadvantaged backgrounds.

Supporting and aiding each young person to achieve their personal best in sport demonstrates the ability of every young person to succeed and to achieve. Through allowing talent in sport to emerge – as an athlete, leader or coach – we also help to create positive role models and future leaders.

4.0 ACHIEVEMENTS AND PERFORMANCE

NOTE: Youth Sport Trust's performance measurement (KPIs and metrics) are aligned to academic years (2024/25) whereas the financial information in this report relates to the financial year ending 31 March 2026.

4.1 Performance Indicators

During the academic year of 2024/25, we continued to evaluate the impact of our work against our new strategy. We apply a Monitoring and Evaluation (M&E) Framework, which aims to bring about greater consistency in the way we collect evidence of our impact. The framework is used to guide all aspects of our work, including design, delivery, and evaluation.

Our core suite of outcome indicators is set out below:

Young People:

Core young people outcomes

- Increased resilience, social connectedness, happiness;
- Increased enjoyment and confidence to take part in sport and physical activity;
- Increased amount of overall physical activity;
- Increased leadership skills
- Improved sense of belonging through sport and physical activity; and
- Improved Belonging to school;
- Improved Engagement with school;
- Improved Behaviour at school.

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We also measure the percentage of young people involved in our programmes who are experiencing the greatest inequalities and/or have lower levels of activity.

Adult Practitioners:

Adult impact (post-training)

- Increased confidence, competence and motivation in their role.

Whole School & Wider Societal Impact

- Improved staff perceptions of PE and School Sport; and
- Improved partnership working/collaboration with other schools or organisations.

4.2 Reach

In the academic year ending in August 2025, we provided innovative content and world-class training, helped unite the school sport sector in collaborative action and worked alongside the wider sport and active leisure sector to raise awareness of the most important issues. In addition, we equipped educators and empowered young people to build brighter futures using the power of PE, sport and play. Specifically:

- 201,263 young people participated in opportunities for sport, physical activity and play through Youth Sport Trust targeted programmes and interventions;
  (2,254,331 young people were given the opportunity to participate in our national programmes including our national girls' football programmes and School Games);
- 12,934 young people were trained by the Youth Sport Trust through our targeted programmes and interventions;
  (66,421 training opportunities were provided to young people through our national programmes, empowering them to lead and inspire their peers) and;
- 15,791 adults were trained by the Youth Sport Trust;
  (1,800 practitioners were trained through our national programmes to equip them to lead high quality, inclusive sport and PE).

4.3 Influencing and advocacy

With a change of government providing new opportunities to influence policy, we continued to advocate for every child to have an active start in life, building on the ideas put forward in our 2024 manifesto.

On **World Children's Day 2025,** our National School Sport Champion, Sir Mo Farah, and other leading athletes wrote to the Prime Minister calling for change, before joining Culture, Media and Sport Secretary, Lisa Nandy, to discuss the importance of physical activity. We were delighted that a few months later, the Prime Minister announced the introduction of a **new PE and School Sport Partnerships Network**, responding to the call from across our sector.

Engagement around the **Children's Wellbeing and Schools Bill** included highlighting the potential for free primary breakfast clubs to deliver enrichment, and for schools to consider introducing Always Active Uniforms. We responded to consultations, including the **Curriculum and Assessment Review,** on reforms to Ofsted, and ahead of fiscal events, reiterating our call to protect investment, and securing continuation of the **Primary PE and Sport Premium** and **School Games Organisers Network** funding.

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We were joined by School Standards Minister, Catherine McKinnell, at the Labour Party Conference and to launch the **Inclusion 2028** programme, had Sport Minister, Stephanie Peacock, backing **National School Sports Week** at our Parliamentary event, and our Schools Director, Kay Batkin, accompanied Wes Streeting, Secretary of State for Health and Social Care, on a visit to a school. Other activities included a Parliamentary drop-in to promote Girls Active alongside The LEGO Group, and speaking to MPs and Peers as part of the National Sector Partners Group.

We used our insights to inform debates in Parliament, and our Chief Executive joined Athlete Mentors in giving evidence to the **Culture, Media and Sport Committee's inquiry on school sport.** Putting youth voice at the heart of our advocacy, we encouraged responses to inform the National Youth Strategy and supported a member of our Youth Board to participate in a deep dive on sport alongside our Chief Executive.

Supporting schools to develop an Always Active Approach was at the heart of our flagship campaign, **National School Sports Week 2025**. 2,183 schools signed up to participate in the week, which saw events taking place up and down the length and breadth of the UK, facilitated by our Youth Sport Trust Athlete Mentor team, alongside the Youth Board and our team leaders. Powered by Sport Direct x Under Armour, the campaign also championed the principle of an Always Active Uniform, as a way to remove barriers to movement created by traditional uniforms and formal footwear - particularly for girls.

For more information on our influencing and advocacy, please see our Impact Report.

In the 2024/25 academic year, we also:

- Delivered 39 new evaluations and 8 research reports including 'Class of 2035', Girls Active and national children, teacher and parent surveys;
- Continued to develop our sector-wide Knowledge Bank;
- Published our fourth PE and School Sport Report, collating the latest evidence and research into children's wellbeing, issues faced, and the benefits of PE, play and sport, from a variety of sources, into one central repository; and
- Continued to facilitate regular research forums to facilitate cross sector learning and collaboration. The most recent event was attended by representatives from universities, NGBs, charities and government.

4.4 Building sustainable structures

At Youth Sport Trust we believe transformational change can only be achieved through the formula of embedding innovative content, through world class delivery, into sustainable structures. In 2024/25 we supported the following Youth Sport Trust networks:

- 881 member schools;
- 740 Well Schools completing a Well Check;
- 468 School Games Organisers;
- 190 school partnerships within the Schools Active Movement;
- 99 PE CatalYSTs;
- 149 multi-academy trusts engaging directly with Youth Sport Trust;
- 80 Headteacher Ambassadors; and
- 120 organisations within the School Sport and Activity Sector Partnership.

For more information on Youth Sport Trust building sustainable structures, please see our Impact Report.

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4.5 Equipping educators

As a charity, we use a successful model for training which builds capacity, capability and sustainability in the structures we work with. The role of our Learning Academy of tutors, trainers, coaches and Athlete Mentors, is to equip educators with the skills and resources to help young people enjoy the life-changing benefits of play and sport.

In the 2024/25 academic year, 15,791 teachers, coaches and practitioners were trained to deliver physical education, sport and play, to support the development of young people. As a result of attending training with Youth Sport Trust:

- 100% of practitioners felt more competent in their role;
- 99% felt more confident; and
- 99% felt more motivated.

Additionally, 63% of practitioners involved in a Youth Sport Trust programme reported that it had positively impacted the Senior Leadership Team's and wider staff's perceptions of PE and School Sport.

For more information on Youth Sport Trust equipping educators, please see our Impact Report.

4.6 Empowering young people

By building their leadership skills and improving their confidence, competence, motivation, knowledge and understanding, we empower young people to harness the extraordinary power of sport and play to change lives.

In the 2024/25 academic year, 201,263 young people participated in an activity made possible through Youth Sport Trust targeted programmes and interventions. As a result of taking part in our projects and programmes:

- 79% of young people reported improvements in their confidence in taking part in physical activity;
- 78% of young people reported improvements in their enjoyment of taking part in physical activity;
- 67% of young people reported improvements in the overall amount of physical activity;
- 68% of young people reported improvements in time spent being physically active with others;
- 75% of young people reported improvements in their happiness overall;
- 75% of young people reported improvements in their social connectedness;
- 59% of young people reported a 'great' improvement in their sense of belonging to school;
- 85% of young people reported improvements in their communication skills; and
- 75% of young people reported that their resilience had improved;

Additionally,

- 74% of practitioners reported seeing increases in young people's engagement with school; and
- 62% reported improvements to behaviour as a result of taking part in a Youth Sport Trust programme.

12,934 young people were trained through Youth Sport Trust to become young leaders to their peers.

For more information on Youth Sport Trust empowering young people, please see our Impact Report.

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National Programmes

A selection of programmes and interventions is detailed below. A full list of our programmes is available on the Youth Sport Trust Website, with further details of outcomes achieved included in our Impact Report.

School Games

School Games is funded by players of the National Lottery through Sport England, the Department for Health and Social Care and the Department for Culture, Media and Sport.

Through its ten guiding principles, the School Games aims to:

- Make a positive difference in young lives
- Put sport and activity at the heart of schools
- Let young people learn, compete, and do their best

During the 2024/25 academic year, 24,063 events were delivered across the School Games network, providing 2,127,485 participation and leadership training opportunities.

Last year, School Games Organisers submitted 219 best practice case studies outlining how they have been delivering against the School Games pledges to tackle inequalities, create positive experiences and embed youth voice, as outlined below.

Barclays Girls' Football in Schools

Funded by Barclays and The FA, and delivered by the Youth Sport Trust, Barclays Girls' Football in Schools is a framework delivered locally by a national network of local partnerships and tailored programmes, working to achieve the ambition that every girl will have equal access to football in school.

Over the last academic year, the number of strategic lead hub sites has increased from 300 to 311, with 20,434 schools reached by the programme. 2,149 girls were trained to be girls' football activators through the Barclays Game On - GO Lead programme, with 77,966 girls participating in Barclays Game On-inspired curriculum lessons. This is alongside other initiatives such as the Disney-inspired Shooting Stars primary programme.

In 2025, 90% of schools in England with Key Stage 2 and/or Key Stage 3 provision were delivering equal access to girls to football within the curriculum, up from 88% in 2024. Since 2020, the number of girls attending schools with equal access has risen significantly to 2.6 million (an increase of 31% since 2020/21).

The Barclays Girls' Football in Schools Strategic Leads for King Edward VI Aston and Hall Green won the 2025 Strategic Leads Award for Outstanding Contribution to Diversity.

Inclusion 2028

The Youth Sport Trust successfully secured the Department for Education's Inclusion 2028 contract, to lead a consortium of partners to improve access to PE and school sport for pupils with SEND.

Inclusion 2028 builds on the successful delivery of Inclusion 2020 and Inclusion 2024, the latter of which delivered the following outcomes over the last three years:

- 6,797 school staff trained through CPD opportunities delivered by Lead Inclusion Schools nationwide
- 837 inclusive festivals delivered, reaching 1,526 schools
- 15,835 pupils participated (of which 86% were pupils with SEND), gaining confidence, teamwork, and communication skills
- 30,000 pupils with SEND attending inclusive events, with 11,365 schools engaged
- 2,463 young leaders trained to deliver inclusive activities (27% with SEND)

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- 252 professionals trained on water safety for pupils with SEND by Swim England, improving the confidence of staff to support pupils with SEND in water-based activities and increasing the safety of pupils with SEND in and around water
- An increase in the proportion of pupils with SEND achieving 20, 30, and 60 active minutes a day, leading to greater enjoyment, confidence and engagement in PE

Inclusion 2028 aims to:

- Support a network of over 50 Youth Sport Trust Lead Inclusion Schools to provide expert training in supporting children with SEND across 8,000 schools over the three years of the contract
- Provide leadership opportunities for 1,500 pupils who will develop activities for their peers
- Deliver 600 new extra-curricular clubs, offering greater access for pupils, including those with diverse needs

Young Ambassadors Wales

Young Ambassadors is a national movement, active across Scotland, England and Wales, and designed to empower young leaders to influence and inspire others through physical activity to create positive and meaningful change, build friendships and improve wellbeing.

The initiative aims to support young leaders, enhancing their skills and confidence so that they can advocate for an active, healthier nation and lead community activities which build belonging and tackle inequalities. The movement is led by the Youth Sport Trust. In Wales, it is funded and supported by Sport Wales and the National Lottery. In Scotland, the programme is funded by the National Lottery, and run alongside sportscotland.

In England, the programme was relaunched in the 2023/24 academic year with an initial 90 Young Ambassadors trained. In the latest academic year, a further 248 Young Ambassadors in England received training, and the Youth Sport Trust is actively seeking funding to scale the programme further.

3,900 ambassadors were also trained in Wales, with each spending, on average, 6.2 hours a month volunteering. In total, Young Ambassadors Wales delivered activities for 97,369 participants across 794 schools.

Local authority programme leads agreed that the programme had a positive impact on young people's confidence and enjoyment of taking part in sport and physical activity. They also agreed that the programme improved young people's leadership skills and the use of youth voice to co-design activities.

Targeted interventions

Set for Success

Set for Success is an intensive, youth leadership initiative, funded by the **Wimbledon Foundation**, in partnership with **Barclays**, and delivered by the Youth Sport Trust.

The programme seeks to support young people at risk of not achieving their full potential. Through a series of sessions delivered by inspirational athlete mentors and teachers, active learning and sport, it supports participants to improve their life and employability skills, their engagement and behaviour at school, and their attitudes towards the future.

During the 2024/25 academic year, **81 schools were engaged** in the programme, **reaching 1,274 students**, across 15 areas in the UK where a need for targeted support had been identified. 52% of young people on the programme were from low-income families, and 34% had additional support needs.

As a result of Set for Success, 78% of young people **feel better about their future**, and 82% now know more about how their **skills can help them** in the future. 77% of teachers reported that the programme had **improved the attendance** of the young people involved, and 80% of teachers agreed it had **helped student engagement** with school.

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Generation Charnwood

Generation Charnwood is a collaboration between local educational establishments, employers and community partners in the borough of Charnwood, Leicestershire. It aims to develop the wellbeing, life chances and employability skills of young people within the borough, particularly those perceived to be most in need, to develop a 'workforce for the future'.

The programme is funded by the UK Government through the UK Shared Prosperity Fund and is delivered jointly by the Youth Sport Trust and **Active Together**. It supports young people across three phases: in primary school where children are taught life-skills in PE and attend enrichment clubs, in secondary school where the focus is on targeted mentoring and social action, and post-16 education involving work placements, apprenticeships and internships.

4,890 young people participated in the programme, and 226 were trained as young leaders. Of those who participated, 40% were from low-income families and 56% from ethnically diverse communities. Following engagement with the programme, teachers agreed that the young people have improved levels of **engagement with school**, and improved both **life skills** and **life chances**.

Multisport Youth Clubs

Youth Sport Trust Multisport Youth Clubs were launched in the 2023/24 academic year to transform the co-curricular/enrichment sport offer in secondary schools by moving away from single-sport, selection-led models towards inclusive, youth-led, multisport environments, empowering young people aged 14-17 years-old to lead activity for younger peers.

The 2024/25 academic year saw the initiative grow, with **115 new young Multisport Club leaders** trained across 24 schools, who have led club activities for **454 participants**.

Young leaders were specifically encouraged to use the clubs strategically to engage those young people who may benefit the most due to a lack of access to sport outside of schools. 39% of young leaders were trained, and 48% of participants were from low-income families.

82% of young people who participated in the clubs agreed they **felt more connected to others** and 86% agreed that the clubs **increased their overall enjoyment** of taking part in physical activity.

Lidl Sport for Good

Lidl Sport for Good is a programme run by **Lidl Northern Ireland,** in partnership with the Youth Sport Trust, to promote positive mental health and increase engagement in physical activity. The programme is delivered by Youth Sport Trust Athlete Mentors, alongside a cohort of student mentors.

The programme aims to improve students' resilience, self-esteem and confidence, and also provides sporting equipment to participating schools.

Over the last academic year, **425 young people** from 28 schools were trained to be student mentors. The trained student mentors supported **1,415 vulnerable students** via peer-to-peer groups.

Mentors agreed the programme had a positive impact on their **ability to motivate others** (77%), **teach others new things** (79%) and **form relationships built on trust** (65%). Mentees in the peer-to-peer groups agreed that the programme helped them **feel more optimistic about their future** (64%) and **improved their sense of belonging** to their school (52%).

Teachers from the participating schools felt that the programme **improved young people's resilience** (95%), **happiness** (100%) and **connectedness to others** (100%).

4.7 Securing Funding for the Charity

As a registered charity, we rely on income from fundraising to deliver our charitable objectives. Youth Sport Trust is committed to ensuring that, by undertaking fundraising activities, we uphold any legal, statutory and regulatory requirements, and maintain our reputation and adherence to our organisational

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values. Our Fundraising Policy sets out how fundraising at Youth Sport Trust is managed, to ensure that we maintain these standards, and provide reassurance and transparency to our donors, funders, supporters and partners.

We are registered with the Fundraising Regulator and are committed to complying with the Fundraising Regulator's 'Code of Fundraising Practice' and 'The Fundraising Promise', along with all applicable guidance from the Charity Commission. No complaints have been received about our fundraising activity during the year (2025: none).

4.8 Fundraising Income

Corporate partnerships and fundraising continued to make an important contribution to the Youth Sport Trust's income generation in 2025/26, supporting both the delivery of key programmes and the charity's wider mission to improve young people's education and development through play and sport.

4.8.1 Commercial/corporate partnerships

Partnerships with Sports Direct, sponsor of National School Sports Week, and Sports Directory, Headline Sponsor of the Youth Sport Trust Conference and a Changemaker Business Partner, were renewed for a further three years through to 2028. These renewed commitments provide valuable stability for future National School Sports Week campaigns, alongside sponsorship income which supports the delivery of the Youth Sport Trust Annual Conference.

Our longstanding partnership with Lidl Ireland continued to deliver strong impact, with both the Sport for Good and Serious Support programmes successfully implemented during 2025/26. Planning is now underway for 2026/27 funding and delivery. Across eight years of partnership, Lidl Ireland's total investment has now exceeded £1 million.

New corporate partnerships established during the year included, the London Marathon Foundation, and Bank of America, with the Youth Sport Trust becoming one of its global World Cup 2026 legacy partners. We are also delivering a series of 'Inclusive Live Labs and Clubs', in partnership with the Bupa Foundation, to be delivered during 2026.

Changemaker Business Partners Complete PE and Commando Joe's Enrichment, formerly Enrich Education, both renewed their partnerships for a further three years through to 2028. They have been joined by Outdoor Play and Learning. Together, this group of 'Changemaker Businesses' provide significant support towards the Youth Sport Trust Annual Conference. The conference exhibition also remained a strong income generator, with continued growth in stand sales. In total, the Corporate Partnerships and Fundraising team generated more than £140,000 through Conference Sponsorship and exhibition income.

Charity partnerships also progressed positively. ESR Europe concluded a successful Charity of the Year partnership, raising £10,000, while a new two-year partnership with Bidfood has already generated more than £17,000. Our partnership with Kitround continues to support fundraising while providing a meaningful staff engagement opportunity for corporate partners through kit collection points in their offices.

4.8.2 Trusts and Foundations

Over the 2025/26 financial year, we secured a new, uplifted, three-year grant from the John Armitage Charitable Trust, one of our longest-standing funders. This core grant contributes to the charity's long-term financial stability and enables vital development work to take place.

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We also received ongoing support through existing grant awards from the Wimbledon Foundation for Set for Success, the Charity of Sir Richard Whittington for Healthy Movers, the Julia Rausing Trust for Boys Move, and the Garfield Weston Foundation, whose core grant supports the movement of Well Schools, including the establishment of Beacon Well Schools.

In December 2025, we secured a two-year award from The National Lottery Community Fund to deliver a leadership and empowerment programme for girls aged 11 to 16 in underserved communities, in collaboration with StreetGames.

4.8.3 Donor Fundraising:

Individual supporters help to support the Youth Sport Trust's mission to improve the education and development of young people through the transformative power of play and sport. We would like to thank every one of the many passionate fundraisers that have helped us during the year. The work we do simply would not be possible without our generous supporters, who every year take part in numerous challenges to raise funds to support our vital work.

Notably in 2025/2026 this included:

- Over £52k raised by 23 runners taking part in the 2025 London Marathon
- Over £6k raised by 13 swimmers taking part in the 2025 Swim Serpentine
- Over £3k raised by Charlie Rose who broke 3 world records with his muscle up challenge.
- Over £3k raised by 2025 Young Activist Ethan Benningwood, with a 24hr basketball challenge.

5.0 FINANCIAL REVIEW

5.1 Overview

Robust financial planning, monitoring and control are fundamental to the operation of the charity. The structured approach we take ensures synergy between our plans – our core strategic plan informs our annual operational plan, detailing our key aims and objectives for the year, which is underpinned by our annual budget.

Total Group income for the year was £11.39m (2025: £12.22m), representing a decrease of £0.83m (6.8%). The reduction is partly due to lower funding received in 2025/26 for the School Games National Finals, which are held biennially. This was partially offset by income received from a number of new and renewed partnership agreements secured during the year.

The Group incurred an unrestricted deficit of £133,537 (2025 – deficit of £119,815) which includes a trading subsidiary profit of £185,846 (2025 – profit £211,309).

In the 2022 Annual Report, Youth Sport Trust earmarked £1,340,000 as designated funds to support the first phase of the new 13-year strategy, covering the period 2022 to 2025. At 31 March 2025, £466,226 remained within designated reserves in respect of projects that were not yet complete.
During the year ended 31 March 2026, the remaining designated funds were fully utilised to complete this investment. As a result, there is no remaining balance held within designated reserves in respect of this phase at 31 March 2026.

The Group's unrestricted reserves now stand at £5,043,185 (2025: £5,638,771) and included within this are designated reserves of £nil (2025: £466,226).

5.2 Reserves policy

The trustees review the reserves policy annually to ensure it remains appropriate to the charity's operating model and obligations. During the year, the methodology used to calculate the minimum level of reserves

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was reviewed and updated to reflect a revised assessment of the costs that would be incurred in an orderly wind-up of the charity. This assessment includes those costs considered necessary to meet contractual and statutory obligations and to ensure an appropriate and managed cessation of activities.

For the year ending 31 March 2026, the minimum reserves requirement has been calculated at £2.5m (2025: £3.2m).

The general free reserves (excluding designated funds) at 31 March 2026 were £5.0m (2025: £5.2m), which is above the minimum level of reserves set by the trustees.

5.3 Investment powers and policy

Under our Articles of Association, the charity has the power to invest in any way the trustees wish.

The trustees, having regard to the liquidity of the organisation and its reserves policy, have operated a policy of keeping funds available in interest bearing deposit accounts, incorporating long-term and short-term deposit facilities across two banking institutions.

The invested funds held by the parent charity on deposit achieved a 12-month average return of 3.41% against the average base rate for the year to 31 March 2026 of 4.06%.

5.4 Risk management

Youth Sport Trust manages risks at three levels: strategy, organisational and project. The Risk Management procedure is part of our ISO 9001:2015 accredited Quality Management System.

Project level risks and mitigations are reviewed monthly at a case conference meeting led by our Head of Business Support.

Organisational level risk categories are managed by members of our Executive Team and have been reviewed and updated this year. The Organisational Risk Register is reviewed by the Chief Financial and Operations Officer and any significant areas of risk (including those at project level) are raised at regular meetings of the Operational Leadership Team. The Organisational Risk Register is also shared at each Audit and Risk Committee meeting. There are eleven, key categories under which our organisational level risks are grouped and assessed, with mitigation plans. These are: Welfare and Safety (Safeguarding); People; Diversity and Inclusion; Data and Systems; Income Targets; Financial Environment; Legal and Governance; Political; Reputational and Brand; Programme Delivery; and School Engagement.

Strategy level risks that would prevent the charity from achieving its strategy success measures for 2035, along with mitigation plans, are updated by the Executive Team and presented to the Audit and Risk Committee ahead of each Board meeting. These cover each of our 4 strategy objectives: Urgent Action, Generational Shift, Societal Change and Change from Within.

6.0 PLANS FOR FUTURE PERIODS

Looking ahead, we will be starting the new financial year with a number of priorities:

GOVERNMENT POLICY:

- Continued influence on the implementation of the following:
  - Drafting of the new PE curriculum
  - The new Enrichment Framework and Benchmarks (as they relate to PE and School Sport)
  - The re-imagination of a national Network of PE & School Sport Partnerships
  - The Youth Strategy

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- The implications of the DFE White Paper, specifically around SEND

- Developing strong and competitive bids for the Enrichment Extension Partnership programme and the new national PE and School Sport Partnership Network. If successful, the charity will maximise this opportunity to build a network and community partnerships which have impact and sustainability at its heart
- Ensuring all our education facing work responds to, or is aligned with, the implications of the Education White Paper, the Youth Strategy, and wider youth and education policy priorities.

STRATEGY & PARTNERSHIPS:

- Harness and leverage new and renewed partnerships with key national funders to support delivery of our strategy including:
  - **New partners including:**
    - Bank of America (Urgent Action: Active in Mind)
    - Bupa Foundation (Urgent Action: SEND Inclusion)
    - London Marathon Foundation (Urgent Action: Healthy Movers and Well Schools)
    - The National Lottery Community Fund (Urgent Action: Enrich Her)
    - Wembley Stadium Foundation (Generational Shift: Multi Sport Youth Clubs)
  - **Renewed partners including:**
    - Lidl Ireland (Urgent Action: Serious Support and Sport for Good)
    - Wimbledon Foundation (Urgent Action: Set for Success)
    - Sport England (Generational Shift: Multi Sport Youth Clubs)
    - Sports Direct (Societal Change: National School Sports Week)
- Deliver successfully on the expansion of the Set for Success programme, in partnership with the Wimbledon Foundation, supported by Barclays, and continue to drive progress towards the 2028 targets of the Barclays Girls' Football in Schools programme – 90% equal access to football for girls in the curriculum and in extra-curricular sport.
- Support the transition of the School Games programme into the work of the new National Network of PE and School Sport Partnerships and deliver the 2026 edition of the School Games National Finals, with its renewed focus and intent around 'talent inclusion'.
- Continue to grow the national network of Well Schools and Trusts and work closely with Beacon Well Schools to strengthen the evidence base for the outcomes achieved by Active and Well Schools.
- Bring to market the Youth Sport Trust Youth Leadership Reward and Recognition programme, through either external, corporate backing or through a commercial model.

INTERNAL LEADERSHIP & DEVELOPMENT:

- Execute a number of organisational change projects:
  - Reviewing the charity's capacity and structure in line with the outcome of the major contracts we are bidding for.

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- Responding to the trustee-led review of our commercial strategy with an updated value proposition, refreshed brand proposition and re-positioning of our marketing effort to give it a sharper and more defined commercial focus, separate to corporate communications activity, which drives our reputation and credibility as an education development charity within the education and sport landscape and with the Government.

- Internally, we will be recruiting for a new trustee (to replace Dame Katherine Grainger, the current Senior Independent Director) and will be taking steps to commence the recruitment of a new Chair for the Charity.

7.0 AUDITOR

Buzzacott Audit LLP have indicated their willingness to continue in office subject to approval by the Youth Sport Trust Board at the AGM.

8.0 STATEMENT AS TO DISCLOSURE OF INFORMATION TO AUDITOR

The trustees who were in office on the date of approval of these financial statements have confirmed, as far as they are aware, that there is no relevant audit information of which the auditor is unaware. Each of the trustees have confirmed that they have taken all the steps they ought to have taken as trustees to make themselves aware of any relevant audit information and to establish that it has been communicated to the auditor.

The Trustees' Report, including the Strategic Report, was approved on behalf of the board.

RCN Davidson

Mr Richard Davidson
Chair of trustees
Date: 29 July 2026

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STATEMENT OF TRUSTEES' RESPONSIBILITIES 31 March 2026

Trustees' responsibilities in the preparation of the financial statements

The trustees (who are also directors of Youth Sport Trust for the purposes of company law) are responsible for preparing the Trustees' Report and the incorporated Strategic Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and the group and of the income and expenditure of the group for that period. Under Company Law the trustees must not approve the financial statements unless they are satisfied they give a true and fair view of the state of affairs of the charitable company, the group and of the income and expenditure of the group for that period.

In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF YOUTH SPORT TRUST

Opinion

We have audited the financial statements of Youth Sport Trust (the 'parent charitable company') and its subsidiary, Youth Sport Trust Enterprises Limited (the 'Group') for the year ended 31 March 2026, which comprise the Consolidated Statement of Financial Activities, the Group and Charity Balance Sheets, the Consolidated Statement of Cash Flows, the Principal accounting policies and notes to the financial statements. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Group's and the parent charitable company's affairs as at 31 March 2026 and of the Group's income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Group's or parent charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the Annual Report and Financial Statements, including the Trustees' Annual Report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the Annual Report and Financial Statements. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in

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the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report, which is also the Directors' Report for the purpose of company law and includes the Strategic Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report, which is also the Directors' Report for the purposes of company law and includes the Strategic Report, has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Group and the parent charitable company and their environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report including the Strategic Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' responsibilities set out on page 24, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Group's and parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Group or parent charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

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The extent to which the audit was considered capable of detecting irregularities, including fraud

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations; and
- we obtained an understanding of the legal and regulatory frameworks that are applicable to the charity and determined that the most significant frameworks which are directly relevant to specific assertions in the financial statements are those that relate to the reporting framework (Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Companies Act 2006 and the Charities Act 2011) and those that relate to data protection (General Data Protection Regulation), safeguarding legislation and the Code for Sports Governance.

We assessed the susceptibility of the charity's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions; and
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- reading the minutes of meetings of those charged with governance; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is provided on the Financial Reporting Council's website at http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

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Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Buzzacott Audit LLP

Catherine Biscoe (Senior Statutory Auditor)
For and on behalf of Buzzacott Audit LLP, Statutory Auditor
130 Wood Street
London
EC2V 6DL

29 July 2026

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CONSOLIDATED STATEMENT OF FINANCIAL ACTIVITIES 31 March 2026

	Notes	Unrestricted funds: General funds £	Unrestricted funds: Designated funds £	Restricted funds £	**2026 Total funds £**	2025 Total funds £
Income from:						
Donations and capital grants	2	295,806	—	—	**295,806**	367,957
Charitable activities	3	—	—	10,143,718	**10,143,718**	10,684,864
Other charity trading activities	4	309,298	—	—	**309,298**	382,645
Investments	5	239,732	—	—	**239,732**	322,699
Other trading activities	6	400,902	—	—	**400,902**	464,273
Total		1,245,738	—	10,143,718	**11,389,456**	12,222,438
Expenditure on:						
Raising funds		32,361	227,190	281,581	**541,132**	552,585
Charitable activities	7	1,126,957	234,859	9,257,476	**10,619,292**	12,714,342
Other trading activities	6	219,957	—	—	**219,957**	259,716
Total	8	1,379,275	462,049	9,539,057	**11,380,381**	13,526,643
Net (expenditure)/income		(133,537)	(462,049)	604,661	**9,075**	(1,304,205)
Transfers between funds	15	4,177	(4,177)	—	—	—
Net movement in funds		(129,360)	(466,226)	604,661	**9,075**	(1,304,205)
Reconciliation of funds						
Fund balances at 1 April 2025		5,172,545	466,226	2,204,832	**7,843,603**	9,147,808
Fund balances at 31 March 2026		5,043,185	—	2,809,493	**7,852,678**	7,843,603

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

All of the charity's activities derived from continuing operations during the current and prior financial years.

All recognised gains or losses are included in the above statement of financial activities.

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BALANCE SHEETS 31 March 2026

	Notes	Group 2026 £	Group 2025 £	Charity 2026 £	Charity 2025 £
Fixed assets					
Tangible assets	11	**71,035**	66,976	**71,035**	66,976
Investment in Subsidiary	18		—	**1**	1
		71,035	66,976	**71,036**	66,977
Current assets					
Stock		**8,793**	12,693	—	—
Debtors	12	**1,654,800**	1,001,297	**1,487,548**	783,220
Short term deposits		**4,315,585**	4,678,515	**4,315,585**	4,678,515
Cash at bank - 31 day notice		**488,604**	3,050,636	**488,604**	3,050,636
Cash at bank and in hand		**2,684,214**	1,169,632	**2,368,077**	872,710
		9,151,996	9,912,773	**8,659,814**	9,385,081
Liabilities					
Creditors: amounts falling due within one year	13	**(1,370,353)**	(2,136,146)	**(1,231,528)**	(1,987,275)
Net current assets		**7,781,643**	7,776,627	**7,428,286**	7,397,806
Total assets less current liabilities		**7,852,678**	7,843,603	**7,499,322**	7,464,783
Income funds					
Restricted funds	14	**2,809,493**	2,204,832	**2,809,493**	2,204,832
Unrestricted funds:					
General		**5,043,185**	5,172,545	**4,689,829**	4,793,725
Designated	15	—	466,226	—	466,226
Total funds		**7,852,678**	7,843,603	**7,499,322**	7,464,783

The parent charity's net movement in funds for the year was incoming funds of £34,539 (2025: outgoing funds £1,247,547).

The financial statements on pages 29 to 47 were approved by the Board and authorised for issue on 29 July 2026 and signed on its behalf by:

RCN Davidson

Mr Richard Davidson
Chair

Company Registration No. **04180163** (England and Wales)

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CONSOLIDATED STATEMENT OF CASH FLOWS 31 March 2026

	Note	2026 £	2025 £
Cash flows from operating activities			
Net cash used in providing operating activities	A	**(1,613,907)**	(585,058)
Cash flows from investing activities	B	**566,457**	439,961
Change in cash and cash equivalents in the year		**(1,047,450)**	(145,097)
Cash and cash equivalents at the beginning of the reporting period		**4,220,268**	4,365,365
Cash and cash equivalents at the end of the reporting period	C	**3,172,818**	4,220,268

A Reconciliation of net expenditure to net cash flow from operating activities

	2026 £	2025 £
Net expenditure for the reporting period	**9,075**	(1,304,205)
Adjusted for:		
Depreciation charges for amortisation and losses on disposals	**32,146**	44,711
Interest from investments	**(239,732)**	(322,699)
(Increase) / Decrease in debtors	**(653,503)**	230,811
(Decrease) / Increase in creditors	**(765,793)**	770,004
Decrease / (Increase) in stocks	**3,900**	(3,680)
Net cash used in operating activities	**(1,613,907)**	(585,058)

B Cash flows from investing activities

	2026 £	2025 £
Purchase of Equipment	**(36,207)**	(41,274)
Proceeds from sale of fixed assets	**—**	—
Bank Interest	**202,664**	276,610
Purchase of short term deposits	**(3,200,000)**	(4,200,000)
Withdrawal of short term deposits	**3,600,000**	4,404,625
Total cash provided by/(used in) investing activities	**566,457**	439,961

C Analysis of changes in cash and cash equivalents

	2025 £	Cash flows £	2026 £
Cash at bank	1,169,632	1,514,582	**2,684,214**
Cash at bank – 31 day notice	3,050,636	(2,562,032)	**488,604**
Total cash and cash equivalents	4,220,268	(1,047,450)	**3,172,818**

No separate reconciliation of net debt has been prepared as there is no difference between the net cash (debt) of the charity and the above cash and cash equivalents.

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General information

Youth Sport Trust is a charitable company incorporated in England and does not have share capital.

The address of the charity's registered office is SportPark, 3 Oakwood Drive, Loughborough, Leicestershire, LE11 3QF.

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Youth Sport Trust meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

These accounts are prepared in sterling which is the functional currency of the charity and rounded to the nearest pound.

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are set out below.

Basis of consolidation

The Group accounts consolidate the financial statements of the charity and its trading subsidiary, Youth Sport Trust Enterprises Limited (YSTe - company number 03289889), on a line-by-line basis. Intra-group transactions are eliminated on consolidation. Surpluses and deficits of organisations entering or leaving the Group are included from the date of acquisition or up to the date of disposal. The Charity has taken exemption from presenting its unconsolidated SOFA under section 408 of Companies Act 2006.

Income

Income is recognised when the Group has entitlement to the funds, any performance conditions attached to the items of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Donations and sponsorship income - the income received from donations and sponsorship is accounted for once the conditions for receipt have been met and there is probability of receipt. Donated assets are accounted for as soon as they are received and are included in the financial statements at a reasonable estimate of their value. Any income arising from donated assets is accounted for on a receipts' basis.

Government grants and contracts - the income arising from these sources is accounted for when, and to the extent, that the Group has the entitlement to the consideration and receipt of funds is probable.

The recognition of income from government grants and contracts is dependent upon whether:

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- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the Group has unconditional entitlement.

Fundraising event income is accounted for on a receivable basis.

Membership income is recognised in the year it is invoiced as the majority benefits accruing to members are received in the same year.

Investment income is recognised on a receivable basis.

Donated services and facilities
Where services are provided to the Group as a donation that would normally be purchased from suppliers, this contribution is included in the financial statements as an estimate based on the value of the contribution to the Group.

Expenditure
Expenditure is recognised as soon as there is a legal or constructive obligation committing the Group to the expenditure.

Expenditure is recognised when a liability is incurred. Contractual arrangements and performance related grants are recognised as goods or services are supplied. Other grant payments are recognised when a constructive obligation arises that results in the payment being unavoidable.

- Raising funds are those costs incurred in attracting income, and those incurred in any trading activities that raise funds.
- Charitable activities include expenditure associated with the provision and organisation of sports facilities in accordance with the objects of the charity and include both the direct costs and support costs relating to these activities.

Included within support costs are amounts for staff costs and governance costs (which include those incurred in the governance of the Group and its assets, and are primarily associated with the constitutional and statutory requirements). This represents the allocation of salary costs for persons employed by the charity who are actively involved in both direct charitable activities in addition to administrative duties. All support costs have been allocated to Group cost categories on a basis consistent with the use of resources.

Taxation
Youth Sport Trust is a registered charity and undertakes activities which, under present legislation, are not subject to Corporation Tax.

Irrecoverable VAT
All resources expended are classified under activity headings that aggregate all costs related to the category. Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Debtors
Trade and other debtors, which are receivable within one year, are initially recognised at the transaction price and subsequently measured at amortised cost, being the transaction price less any amounts settled and any impairment losses.

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Cash and bank balances including short term deposits
Cash and bank balances includes cash and short-term, highly liquid investments, with a short maturity of three months or less from the date of acquisition. Short term deposits are defined as any deposit with a notice period of more than three months but not more than a year at the date of inception.

Trade creditors and liabilities
Trade creditors payable within one year are initially measured at the transaction price and subsequently measured at amortised cost, being the transaction price less any amounts settled.

Financial instruments
The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Tangible fixed assets and depreciation
Tangible assets with a useful life of more than one year, and which cost in excess of £1,000, are capitalised and included at cost. Depreciation is provided on all tangible assets, so as to write off the cost of each tangible asset on a straight-line basis over its expected useful life as follows:

Fixtures, fittings and equipment	10 years
Computer equipment	3 years

Leasing and hire purchase commitments
Rentals payable under operating leases are charged to the Statement of Financial Activities on a straight-line basis over the period of the lease.

Accumulated funds
General funds are available for use at the discretion of the trustees, in furtherance of the general objectives of the charity, and which have not been designated for other purposes.

Designated funds are those that have been set aside by the trustees for specific purposes to support the parent charity's mission. Where there is an underspend on a designated project, the funds are transferred to unrestricted funds.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors, or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

Overhead costs are spread across the projects in proportion to total payroll and consultancy costs. The aim and use of each restricted fund are set out in the notes to the financial statements.

Transfers between unrestricted and restricted funds represent the charity's contribution towards the costs incurred in carrying out projects substantially funded by external restricted funding.

Going concern
Youth Sport Trust has confirmed Sport England "System Partner" funding through to March 2027 providing income of just under £3m per annum – we expect to receive information on

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funding beyond this period in July 2026. The charity has one year remaining on its current Wimbledon Foundation contract, but has secured a three-year extension, providing funding of £1.8m per annum until 2030. The current Football Association contract runs until August 2026, and discussions are ongoing regarding a further extension through to August 2027. In addition, the charity continues to secure funding from a range of strategic partners and funders to support the delivery of its programmes and services.

The charity and its trading company have unrestricted reserves of £5m of which £4.7m are held by the charity at the end of 2025-2026. This exceeds the charity's minimum reserves requirement (currently set at £2.5m).

Taking the above into consideration, the Trustees consider that the Group has adequate funds to meet anticipated future objectives. The financial statements have been prepared on a going concern basis.

Critical accounting estimates and areas of judgement
Estimates and judgements are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

The key estimates used are:

- Estimating the useful economic life of tangible fixed assets for the purposes of determining depreciation rates;
- Estimating the completion of multiyear projects, including how much income to defer or accrue;
- The allocation of staff and support costs;
- Estimating future income and expenditure for the purposes of the going concern assessment; and
- We have considered whether the restricted funds received by the charitable company are performance related grants/contracts or not. For those we have concluded meet the definition of performance related grants/contracts, we confirm that the expenditure incurred on each grant/contract is the most appropriate measurement to determine the level of performance delivered.

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1 Comparative information – statement of financial activities

	Notes	*Unrestricted funds* General funds £	Designated funds £	Restricted funds £	2025 Total funds £
Income from:					
Donations and capital grants	2	*367,957*	—	—	*367,957*
Charitable activities	3	—	—	*10,684,864*	*10,684,864*
Other charity trading activities	4	*382,645*	—	—	*382,645*
Investments	5	*322,699*	—	—	*322,699*
Other trading activities	6	*464,273*	—	—	*464,273*
Total		*1,537,574*	—	*10,684,864*	*12,222,438*
Expenditure on:					
Raising funds		*41,176*	*192,049*	*319,360*	*552,585*
Charitable activities	7	*1,356,497*	*367,409*	*10,990,436*	*12,714,342*
Other trading activities	6	*259,716*	—	—	*259,716*
Total	8	*1,657,389*	*559,458*	*11,309,796*	*13,526,643*
Net (expenditure)		*(119,815)*	*(559,458)*	*(624,932)*	*(1,304,205)*
Transfers between funds	15	—	—	—	—
Net movement in funds		*(119,815)*	*(559,458)*	*(624,932)*	*(1,304,205)*
Reconciliation of funds					
Fund balances at 1 April 2024		*5,292,360*	*1,025,684*	*2,829,764*	*9,147,808*
Fund balances at 31 March 2025		*5,172,545*	*466,226*	*2,204,832*	*7,843,603*

2 Donations and legacies

	Unrestricted funds £	Restricted funds £	**2026 Total funds £**	2025 Total funds £
Garfield Weston Foundation	100,000	—	**100,000**	100,000
John Armitage Charitable Trust	65,000	—	**65,000**	60,000
Foresters Friendly Society	—	—	—	45,176
Allianz SE (Germany)	—	—	—	—
Other grants and donations	130,806	—	**130,806**	162,781
	295,806	—	**295,806**	367,957

	Unrestricted funds £	*Restricted funds £*	*2025 Total funds £*
Garfield Weston Foundation	*100,000*	—	*100,000*
John Armitage Charitable Trust	*60,000*	—	*60,000*
Foresters Friendly Society	*45,176*	—	*45,176*
Allianz SE (Germany)	—	—	—
Other grants and donations	*162,781*	—	*162,781*
	367,957	—	*367,957*

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3 Charitable activities

	Unrestricted funds £	Restricted funds £	**2026 Total funds £**	2025 Total funds £
Active Partnerships (funded by DFE)	—	4,823	**4,823**	90,657
Department for Education	—	299,866	**299,866**	299,865
Public Health Wales		20,833	**20,833**	—
Sport England	—	4,811,509	**4,811,509**	6,215,473
sportscotland	—	47,745	**47,745**	100,983
Sport Wales	—	137,457	**137,457**	149,267
Wales Council for Voluntary Action	—	78,746	**78,746**	—
England Hockey	—	48,729	**48,729**	—
Special Olympics GB	—	24,372	**24,372**	—
British Council	—	8,977	**8,977**	—
Charnwood Borough Council	—	176,967	**176,967**	256,971
Cornwall Council	—	1,916	**1,916**	9,234
Milton Keynes Council	—	4,699	**4,699**	9,531
Dorset Council	—	43,468	**43,468**	26,036
Oxfordshire County Council	—	8,752	**8,752**	16,743
Plymouth City Council	—	8,175	**8,175**	10,107
Wiltshire Council	—	9,156	**9,156**	14,645
Dumfries and Galloway Council	—	14,145	**14,145**	
Active Essex	—	—	—	12,970
Chance to Shine Foundation	—	10,022	**10,022**	11,102
Wimbledon Foundation	—	1,405,507	**1,405,507**	1,264,713
London Marathon Foundation	—	251,200	**251,200**	—
Bupa Foundation	—	175,000	**175,000**	—
Charities Aid Foundation America	—	73,899	**73,899**	—
The National Lottery	—	69,566	**69,566**	—
The Julia Rausing Trust	—	25,000	**25,000**	25,000
The Laureus Sport for Good Foundation	—	—	—	—
The Charity of Sir Richard Whittington – The Mercers' Company	—	74,451	**74,451**	50,668
Loughborough University	—	—	—	108,000
The Football Association	—	1,194,764	**1,194,764**	1,076,531
The Football Association of Wales	—	35,997	**35,997**	34,680
Ladies Gaelic Football Association	—	11,735	**11,735**	39,902
Lawn Tennis Association	—	67,000	**67,000**	74,648
Major League Baseball Europe Ltd	—	61,262	**61,262**	37,492
BaseballSoftballUK	—	20,964	**20,964**	—
Rugby Football Union	—	435,000	**435,000**	205,000
Lego	—	—	—	102,416
Lidl	—	275,829	**275,829**	159,005
Nike	—	149,971	**149,971**	—
Ortus Energy Ltd	—	—	—	75,000
Allianz Management Services Limited	—	—	—	100,000
Teach first	—	—	—	9,290
Other charitable activities	—	56,216	**56,216**	98,935
	—	10,143,718	**10,143,718**	10,684,864

All 2025 income from charitable activities related to restricted funds.

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4 Other trading activities

	Unrestricted funds £	Restricted funds £	**2026 Total funds £**	2025 Total funds £
Conferences/Membership & other	309,298	—	**309,298**	382,645

All 2025 income from other trading activities related to unrestricted funds.

5 Investment income

	Unrestricted funds £	Restricted funds £	**2026 Total funds £**	2025 Total funds £
Bank interest – YST	234,831	—	**234,831**	315,946
Bank interest – Subsidiary	4,901	—	**4,901**	6,753
	239,732	—	**239,732**	322,699

All 2025 income from investment income related to unrestricted funds.

6 Other trading activities

Youth Sport Trust Enterprises	Unrestricted funds £	Restricted funds £	**2026 Total funds £**	2025 Total funds £
Income:				
Net sales from trading activities	400,902	—	**400,902**	464,273
Expenditure:				
Net expenditure on trading activities	219,957	—	**219,957**	259,716

All 2025 income and expenditure from other trading activities related to unrestricted funds.

7 Expenditure

Charitable activities:

	Direct costs £	Direct Salary costs £	Support costs £	**2026 Total funds £**	2025 Total funds £
Activity					
Urgent Action	2,709,182	2,132,690	1,058,439	**5,900,311**	5,790,124
Generational Shift	1,735,279	1,226,267	608,587	**3,570,133**	5,386,241
Societal Change	164,055	181,506	90,080	**435,641**	718,402
Change from Within	112,025	401,781	199,401	**713,207**	819,575
	4,720,541	3,942,244	1,956,507	**10,619,292**	12,714,342

Comparative figures have been restated to align with the current year's presentation of expenditure by objective. This reclassification has no effect on the charity's total expenditure, net income or net assets.

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7 Expenditure (continued)

	Direct costs £	*Direct Salary costs £*	*Support costs £*	*2025 Total funds £*
Activity				
Urgent Action	*2,800,001*	*1,946,994*	*1,043,129*	*5,790,124*
Generational Shift	*3,686,785*	*1,106,587*	*592,869*	*5,386,241*
Societal Change	*258,389*	*299,534*	*160,479*	*718,402*
Change from Within	*87,227*	*476,862*	*255,486*	*819,575*
	6,832,402	*3,829,977*	*2,051,962*	*12,714,342*

Direct costs and direct salary costs are on an as incurred basis. Support costs are allocated to charitable activities in proportion to direct salary costs.

Support costs consist of:

	2026 Total funds £	2025 Total funds £
Salaries (management & administration), consultants and associated costs	**1,158,112**	1,214,927
Staff recruitment, training and welfare	**85,038**	93,019
Travel and subsidence	**174,793**	190,633
Office and IT costs	**330,377**	375,983
Rent, rates and service charge	**138,947**	125,422
Insurance	**25,074**	23,331
Depreciation	**32,146**	44,711
Governance costs	**153,220**	121,536
Costs attributable to the trading subsidiary	**(141,200)**	(137,600)
	1,956,507	2,051,962

8 Total expenditure

Total expenditure includes:

	2026 Total funds £	2025 Total funds £
Staff costs (note 10)	**5,270,271**	5,102,398
Auditor's remuneration:		
. Audit – current year	**25,636**	31,769
. Other – tax services	**958**	5,869
Operating lease rentals – land and buildings	**44,890**	44,890
Depreciation – owned assets	**32,146**	44,711

9 Trustees and key management personnel

None of the trustees (or any persons connected with them) received any remuneration during the year. Payments totalling £2,603 (2025: £816) were made to 7 (2025: 6) trustees to reimburse expenses.

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The charity has trustee indemnity insurance (cover of £5m) in place at a cost of £5,839 (2025: £5,792).

The total compensation, including employer national insurance and pension contributions, payable to key management personnel of the Group was £704,805 (2025: £694,174).

10 Employees

The average monthly number of employees during the year was:

	2026 No.	2025 No.
Programme delivery:		
• Direct delivery	**60**	61
• Programme support	**29**	29
Management and administration	**23**	22
	112	112

The average number of full-time equivalent employees during the year was:

	2026 No.	2025 No.
Programme delivery:		
• Direct delivery	**56**	57
• Programme support	**29**	28
Management and administration	**22**	21
	107	106

Employment costs	2026 £	2025 £
Wages and salaries	**4,488,180**	4,440,030
Social security costs	**530,804**	429,701
Other pension costs	**208,911**	207,642
Apprenticeship levy	**20,806**	20,825
	5,248,701	5,098,198
Redundancy costs	21,570	4,200
	5,270,271	5,102,398

Pension costs are allocated to activities in proportion to employee time spent.

The number of employees whose annual emoluments were £60,001 or more were:

	2026 No.	2025 No.
£60,001 - £70,000	**10**	8
£70,001 - £80,000	**2**	2
£80,001 - £90,000	**—**	—
£90,001 - £100,000	**—**	1
£120,001 - £130,000	**—**	—
£130,001 - £140,000	**—**	—
£140,001 - £150,000	**1**	1

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10 Employees (continued)

The employer pension contributions in respect of the above employees were £49,961 (2025: £42,452).

11. Tangible fixed assets – Group and Charity

	Computer equipment £	Fixtures, fittings and furniture £	**2026 Total £**
Cost			
At 1 April 2025	205,973	237,473	**443,446**
Additions	36,205	—	**36,205**
Disposals	—	—	—
At 31 March 2026	242,178	237,473	**479,651**
Depreciation			
At 1 April 2025	166,722	209,748	**376,470**
Charged in the year	25,408	6,738	**32,146**
Disposals	—	—	—
At 31 March 2026	192,130	216,486	**408,616**
Net book value			
At 31 March 2026	50,048	20,987	**71,035**
At 31 March 2025	39,251	27,725	**66,976**

12. Debtors

	Group		Charity	
	2026 £	2025 £	**2026 £**	2025 £
Trade debtors	**842,178**	732,151	**600,421**	478,415
Prepayments and accrued income	**801,216**	269,146	**796,472**	265,358
VAT repayment	**11,406**	—	**44,961**	—
Amounts owed by group undertakings	—	—	**45,694**	39,447
	1,654,800	1,001,297	**1,487,548**	783,220

13. Creditors: amounts falling due within one year

	Group		Charity	
	2026 £	2025 £	**2026 £**	2025 £
Trade creditors	**346,685**	705,008	**343,057**	690,413
Accruals and deferred income	**847,193**	1,237,815	**699,211**	1,087,352
Other tax and social security	**176,475**	193,323	**176,476**	158,072
Amounts owed to group undertakings	—	—	**12,784**	51,438
	1,370,353	2,136,146	**1,231,528**	1,987,275

All financial instruments are measured at amortised cost.

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Net movement and deferred income	**2026** **£**	2025 £
Balance at 1 April 2025	**280,263**	322,321
Utilised during the year	**(415,494)**	(340,854)
Additional income deferred	**328,646**	298,796
Balance at 31 March 2026	**193,415**	280,263

Deferred income relates to projects that had not completed at year end, where final deliverables are still to be made.

14. Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

		Movement in funds			
Group and charity	**Balance 1 April 2025** **£**	Income £	Expenditure £	Transfers £	**Balance 31 March 2026** **£**
Charitable activities					
Sport England (System Partner & delivery)	64,617	4,178,576	4,105,465	—	**137,728**
School Games	131,305	680,678	631,547	—	**180,436**
Barclays Girls Football School Partnerships by The FA	900,566	1,045,421	1,230,354	—	**715,633**
FA Send Gameplan	—	100,726	67,995	—	**32,731**
Inclusion	1,864	299,866	270,793	—	**30,937**
Teacher Training	3,517	—	3,517	—	—
Sport Wales - Sport & Leisure Recovery Package/ Vision.	—	137,457	137,457	—	—
Set For Success	862,362	1,405,507	1,342,153	—	**925,716**
Fundamental Movement Skills	1,676	—	1,676	—	—
Dorset Council - Healthy Movers	—	43,468	43,468	—	—
Charnwood Borough Council - Generation Charnwood	68,275	176,967	245,205	—	**37**
School Rugby Managers Collaboration	35,000	435,000	445,876	—	**24,124**
Other individual programmes<£100k income	135,650	1,640,052	1,013,551	—	**762,151**
Total	2,204,832	10,143,718	9,539,057	—	**2,809,493**

Purposes of restricted funds

Sport England (System Partner & delivery)

In March 2022, Youth Sport Trust was awarded a 5-year contract to support "System Partner" and school sport delivery roles. Sport England have embarked on their 10-year strategy to level up access to sport and physical activity across the country. The focus is to tackle inequalities and support everyone in England to access the profound physical, mental and community benefits of sport and physical activity. During the 5 years, work on school sport delivery will diminish and the System Partner role will increase.

School Games (Sport England)

School Games covers 2 areas of work:

- Hosting of the 2026 School Games National Finals at Loughborough University. Funded by Sport England, Home Countries and National Governing Bodies, this event contributes to making the UKs overall talent system more

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accessible and inclusive supporting the development of aspiring athletes in a multi-sport environment.

- School Games Mark – programme is to create rigour and consistency across School Games Mark through the appointment of a third party to undertake the external validation process. They will also be used to illustrate to the DfE the impact of their equal opportunity ambitions within PE and in the co-curricular space.

Barclays Girls Football School Partnerships by England Football (The FA)
Youth Sport Trust are working with The Football Association to grow and develop girls' football in schools in England, giving every girl equal access to football in school by 2028.

FA Send Gameplan
Youth Sport Trust are working with The Football Association to grow and develop football for young people with SEND in schools in England, in line with The FA's 2024-2028 strategic goal. This includes developing high quality resources and participation opportunities for disabled people to play football in schools.

Inclusion (DfE)
The main outcomes for Inclusion programme are to both increase and improve opportunities for young people with special educational needs and disabilities (SEND) in engaging with PE and School Sport. This requires examining and improving provision and training through high quality resources, innovating through place-based projects and increasing the quantity and quality of training for practitioners.

Teacher Training (Sport England)
This programme is now complete.

Sport & Leisure Recovery Package/Vision for Sport in Wales (Sport Wales)
The partnership with Sport Wales has continued to empower more young people to reach their full potential through Sport and Physical Activity. This has been achieved through equipping educators, continuing to build and develop a strong network of practitioners and empowering young people to develop essential life skills and become the leaders of physical activity through Young Ambassadors across Wales. The new Young Ambassadors Strategy is being rolled out across all 22 Local Authorities in Wales.

Set For Success (The Wimbledon Foundation)
Set for Success is an intensive youth leadership initiative funded by the Wimbledon Foundation in partnership with Barclays and delivered by the Youth Sport Trust. Set for Success has been delivered since February 2020. The contract was renewed in 2023 and is in its third year of delivery since the renewal. It seeks to support young people at risk of not achieving their full potential. This programme seeks to support 'at risk' young people through a series of sessions delivered by inspirational athlete mentors and teachers through active learning and sport. Set for Success supports participants to improve their life and employability skills, their engagement at school, as well as develop their confidence, aspirations and self-esteem. The programme is currently delivered in 22 areas of the UK this year, To over 107 Set for Success schools. Delivery also includes a series of national and regional events, taking young people to inspirational venues such as the All-England Lawn Tennis Club (AELTC).

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Fundamental Movement Skills (Nike)
This programme is now complete.

Public Health Dorset (Dorset Council)
This programme is now complete.

Charnwood Borough Council – Generation Charnwood
Funded by Government through the UK Shared Prosperity Fund, this free-to-access programme for primary and secondary schools in the Leicestershire borough of Charnwood. It is aimed at supporting teachers to equip pupils with the relevant life skills, resilience, and improved wellbeing to help them be ready for the world of work in the future. The programme is delivered jointly by Youth Sport Trust and Active Together.

School Rugby Managers Collaboration
Funded by the Rugby Football Union (RFU), this programme supports the growth of rugby within state schools across England through a network of School Rugby Managers (SRMs). Youth Sport Trust recruits, manages and supports a significant proportion of the SRM network, helping schools develop sustainable rugby provision and increase participation among young people.

15. Designated funds

The income funds of the Group and charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2025 £	Utilised/ realised £	Transfer £	**Balance at 31 March 2026 £**
Investment plan – Developing Systems & processes	466,226	(462,049)	(4,177)	—
	466,226	(462,049)	(4,177)	—

Investment plan

In the 2022 Annual Report, Youth Sport Trust designated £1,340,000 to support the first phase (2022–2025) of its 13-year strategy, *Inspiring Changemakers, Building Belonging*. The 2025/26 financial year marked the completion of this investment plan. The remaining balance of £4,177 has been released and transferred back to unrestricted funds.

The designated funds were used to deliver and evaluate pilot projects focused on after-school activities and local impact initiatives. Investment was also made in strengthening organisational capability through improvements in storytelling, audience insight, campaigning, environmental sustainability, and digital technology. These investments have helped build the foundations required to support the long-term delivery of the charity's strategic objectives.

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16. Analysis of net assets between funds

Group	General funds £	Designated funds £	Restricted funds £	**Total 2026 £**
Fund balances at 31 March 2026 are represented by:				
Tangible fixed assets	71,035	—	—	**71,035**
Current assets	6,342,503	—	2,809,493	**9,151,996**
Creditors: amounts falling due within one year	(1,370,353)	—	—	**(1,370,353)**
	5,043,185	—	2,809,493	**7,852,678**

Group	*General funds £*	*Designated funds £*	*Restricted funds £*	*Total 2025 £*
Fund balances at 31 March 2025 are represented by:				
Tangible fixed assets	*66,976*	—	—	*66,976*
Current assets	*7,241,715*	*466,226*	*2,204,832*	*9,912,773*
Creditors: amounts falling due within one year	*(2,136,146)*	—	—	*(2,136,146)*
	5,172,545	*466,226*	*2,204,832*	*7,843,603*

Charity	General funds £	Designated funds £	Restricted funds £	**Total 2026 £**
Fund balances at 31 March 2026 are represented by:				
Tangible fixed assets	71,035	—	—	**71,035**
Investment in subsidiary	1	—	—	**1**
Current assets	5,849,252	—	2,810,562	**8,659,814**
Creditors: amounts falling due within one year	(1,231,528)	—	—	**(1,231,528)**
	4,688,760	—	2,810,562	**7,499,322**

Charity	*General funds £*	*Designated funds £*	*Restricted funds £*	*Total 2025 £*
Fund balances at 31 March 2025 are represented by:				
Tangible fixed assets	*66,976*	—	—	*66,976*
Investment in subsidiary	*1*	—	—	*1*
Current assets	*6,714,023*	*466,226*	*2,204,832*	*9,385,081*
Creditors: amounts falling due within one year	*(1,987,275)*	—	—	*(1,987,275)*
	4,793,725	*466,226*	*2,204,832*	*7,464,783*

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17. Commitments under operating leases

The total, future, minimum lease payments under non-cancellable, operating leases are as follows:

Group and charity	Land and buildings	
Amounts due:	**2026 £**	2025 £
Within one year	**44,890**	44,890
Between two and five years	**179,559**	179,559
In over five years	**527,454**	572,344
	751,903	796,793

18. Subsidiary undertakings

The charitable company owns the entire issued share capital of YSTe, a company incorporated in England and Wales (registered number 03289889). YSTe's registered address is the same as the parent charity, as shown on page 1.

The principal activities of YSTe are the design and development of innovative resources and managing the supply chain. They market and sell specialist sports equipment, resources and other products (via an online store) that are sourced from suppliers in the UK and overseas. YSTe activities underpin the work of Youth Sport Trust.

The result for the year ended 31 March 2026 was a profit of £185,846 (2025: £211,310 profit). At 31 March 2026, YSTe had assets of £584,215 (2025: £623,150), liabilities of £230,858 (2025: £244,329) and shareholders' funds of £353,356 (2025: £378,821).

19. Related party transactions

Two of the three members of the company (Sir J L Beckwith and Viscount Mackintosh of Halifax) are the trustees of Youth Sport Trust International (YSTi), an unincorporated charity.

	YSTi		YSTe	
	2026 £	2025 £	**2026 £**	2025 £
Sale of goods in year	**12,407**	12,407	**141,200**	137,600
Grants and donations received from related parties	—	—	—	
Purchase of goods in year	**300**	—	**59,857**	95,180
Amounts due from related parties	**14,935**	20,993	**45,693**	39,447
Amounts due to related parties	—	—	**12,784**	51,438

During the year the following related party transactions took place:

- income totalling £0 (2025: £21,144) has been received from Chance to Shine in relation to the Chance to Shine programme. The CEO of Youth Sport Trust is also a trustee of Chance to Shine.

- fees totalling £0 (2025: £6,500) have been charged by Davidson and Gill Executive Coaching in relation to consultancy services provided. The owner of Davidson and Gill Executive Coaching is the spouse of the CEO of Youth Sport Trust.

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19. Related party transactions (continued)

- Income totalling £260 (2025:0) has been received from Wirral Grammar School for boys in relation to The Club. The Headteacher of Wirral Grammar School for Boys, Simon Ashcroft, is also a trustee.

None of the above transactions or balances with related parties are secured.

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