



YOUTH  
SPORT  
TRUST

MEMBERSHIP

# Youth Sport Trust Membership Support Package 2023–24

## SECONDARY

PREMIUM – £1,225

### Core Benefits

#### Audit

**Quality Mark:** Aligned with the PE premium key indicators and the Ofsted education inspection framework, this online tool will help you to review your PESSPA delivery providing you with a clear development direction to inform priority setting and premium investment.

**Getting started with youth engagement – capturing your pupil voice:** Ensure youth voice, co-creation and collaboration are utilised effectively with guidance and support in the creation of pupils surveys, focus groups and co-design approaches.

**Top tips for raising PESSPA profile whole school** – a collection of the most valuable tips shared by our extensive network to assist you in elevating the perception of PE among a broader audience within your school and influencing their subsequent actions and decisions.

#### Support and CPD

##### 3 x Welcome to the Term webinars

Delivered in the second week of each term, these webinars, designed specifically for PE practitioners, offer a welcoming environment to tackle day to day challenges and prepare a check list for the term ahead. Engage in Q&A, connect with fellow professionals and access session recordings afterwards.

**Term 1:** Audit, PESSPA planning, baselining, transition, new routines, grouping pupils

**Term 2:** Assessment and examinations

**Term 3:** Pupil voice and inclusion check in, inspiring sports day design

##### 3 x 45 minute professional development workshops

Taking place in the second week after each half term, these 45 minute virtual workshops will introduce topical content and a chance to evaluate your PESSPA practice.

**Term 1:** Providing a high quality, inclusive PE experience that ensures gender equality.

Join us as we explore strategies for creating an environment where all pupils feel empowered and valued, regardless of gender. Find out how to implement inclusive teaching practices and foster physical literacy development.



<p><b>Support and CPD</b></p>	<p><b>Term 2:</b> Ofsted PE Deep Dive</p> <p>A chance to:</p> <ul style="list-style-type: none"> <li>-refresh your knowledge of the Ofsted education inspection framework and the implications for PE</li> <li>-understand and prepare you for an Ofsted deep dive in PE</li> </ul> <p><b>Term 3:</b> Teacher practices in PE that address disadvantage.</p> <p>Discover ways to support pupils facing disadvantages, including socio-economic challenges, limited resources or diverse learning needs. Gain practical insights into fostering inclusivity, adapting teaching methods, and providing targeted support to ensure every pupil has the opportunity to thrive and succeed in PE.</p>
<p><b>Events</b></p>	<p><b>Regional half day networking event – November</b></p> <p>Network with local colleagues at an event which will help you understand how to tell stories about the benefits of PESSPA and how to influence your SLT.</p> <p><b>Youth Sport Trust Annual Conference</b></p> <p>Our Conference is an inspirational ‘must attend’ event for PE professionals, as well as Senior Leaders and those with a remit for pastoral care and health and wellbeing.</p> <p>Premium Members will receive a free place at the YST Conference which will include, for the first time, a members only clinic – an opportunity for you to discuss and receive advice on any area of your PESSPA provision with a YST member of staff.</p>
<p><b>Athlete Mentor</b></p>	<p>Our world-class athletes can visit your school to help tackle young people’s declining emotional wellbeing and resilience while also inspiring their attitudes to learning.</p>
<p><b>YST Consultancy visit</b></p>	<p>Half day YST consultancy visit exploring PESSPA topics and supporting prioritisation and action planning.</p>
<p><b>Communications</b></p>	<p>Our half-termly bulletins will expand on a topic covered in the termly professional development workshops. Expect blogs, podcasts, articles etc.</p>
<p><b>Member discounts</b></p>	<p>Access a range of Youth Sport Trust resources to inform and inspire your PESSPA delivery. You are entitled to a 10% discount on all products</p> <p><b><a href="https://www.youthsporttrust.org/resources/search">https://www.youthsporttrust.org/resources/search</a></b></p> <p>Our Business Changemaker organisations are offering exclusive discounts on their products and services. Featured partners are: Complete PE, Teach Active, Kingswood and Enrich Education</p>



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