

# Boccia England resources

## **Virtually Boccia**

Virtually Boccia is Boccia England's skill-based challenge competition. Each academic year, there will be three rounds with different challenges to take part in for each round. Each young person completes all challenges and this contributes to the school or college score.

Virtually Boccia can be played with boccia equipment or without. You can use other PE or home equipment such as bean bags or even rolled up socks!

Find out more: [Virtually Boccia | Boccia England Limited](#)

---

## **Activity Cards**

Boccia is the most accessible activity and sport for people to play. Here are a series of activity cards to help both individuals and groups wanting to start playing boccia, and for those players that want to practice boccia skills.

See the activity cards: [Boccia Activity Cards | Boccia England Limited](#)

---

## **E-Learning Course**

A new e-learning course that is just £10 and provides an introduction to the sport:

Find out more: [E-Learning Workshop | Boccia England Limited](#)

---

## **Leaders Award**

The Boccia Leaders Award features both officiating and coaching boccia. Attendees will learn the basic rules of the sport and how to apply them in a game setting. The coaching element of the workshop introduces attendees to the importance of being a good leader, how to design and adapt boccia activities.

Find out more: [Boccia Leaders Award | Boccia England Limited](#)

---

## **Volunteering**

Boccia England have a super team of volunteers that support events and are always on the look out for more people that want to be involved:

Find out more: [Volunteering and Coaching | Boccia England Limited](#)

---

## **Using Boccia in occupational therapy**

This evidence-based guide, produced in partnership with Sport for Confidence CIC and endorsed by the Royal College of Occupational Therapists, details how boccia can be used as an assessment and intervention tool for occupational therapy practice.

Download the guide: [Occupational Therapist Guide | Boccia England Limited](#)

---