**Review and Reflect**

This is a different way to think about and reflect on what you have done.

**Age (if a young person):**

**Role (if a** **practitioner):**

**Name of programme:**

**Name of school:**

|  |  |
| --- | --- |
| **In the beginning…** | Why did you want to get involved? What impact did you hope you would have? |
| **Along the way…** | How did you engage young people? What activities did you run? What were the ‘headline achievements’ |
| **In the end….** | What difference did you make? What impact did you have on the young people? What were your challenges and successes? |
| **What next…**  | What can be learned from your experience? What do you hope to do in the future? |