



**YOUTH
SPORT
TRUST**

www.youthsporttrust.org | @YouthSportTrust



#YSTLeadSchools

Lead Inclusion School Networking Event

Chris, Roshni & Rebecca



WATCH:

[Abbey and Fountainsdale School - Youth Sport Trust Outstanding Inclusive Practice Award Winners](#)

Celebrating the year

YST LEAD SCHOOL CONFERENCES

Hull Active Schools CIC @HullActiveSch · Apr 28
Great day so far @tweendykes with our @HullActiveSch Get Flowing Festival.

@tweendykes Youth Inclusive Leadership students leading the personal best challenges

#YSTLeadSchools
#Inclusion2024

@YouthSportTrust @YourSchoolGames



Aquakids @Aquakidsuk · Mar 2

First spring term session for #Inclusion2024 project. Working towards @SE_Quals school swim charter awards, developing deep water skills, leadership and friendship #flamevalues #swimpix @bromleyhs @McClureSchool @Bromleyschgames @aswimuk



CW School Sport @CWSchoolSport · May 19

This week @LeamSquash and Tennis Club hosted our Competition4U Tennis Fun Festival! Thank you to their fantastic coaches and the @CampionSchool sports leaders who did a great job. Smiles all round. #GoTeamCW @the_LTA @YouthSportTrust #Inclusion2024 More photos on facebook.



Youth Sport Trust @YouthSportTrust · Jan 16

Fantastic article in @EdTodayMag from our Head of Sport, Vicci Wells @vawells1 on Alternative Provision in PE and sport. Have a read

content.yudu.com/web/69r/OAi7k...

Why not attend our #Inclusion2024 Live Week starting 23 January - for free CPD for PE practitioners.

INCLUSION 2024 LIVE

Monday 23rd January
3.30pm - 4.15pm
Take your shot - how photography can bring everyone into the game delivered by Show and Tell

Tuesday 24th January
3.30pm - 4.15pm
Disability Sports Awareness - delivered by young people in education

Wednesday 25th January
12.00pm - 12.30pm
Inclusive Education Hub - learn how to review and improve inclusive physical education and school sport delivery

Wednesday 25th January
3.30pm - 4.15pm
School spotlight: Whitfield Aspen Schools - bringing mainstream and special school pupils together

Thursday 26th January
3.30pm - 4.15pm
An introduction to inclusive co-creation - how to start that conversation with your young people

Friday 27th January
12pm - 12.45pm
Youth panel - young people talk about their experiences of school sports and leadership

A release of free to access, digital SEND Inclusion in PE and school sport content for all those that sign up for any part of the week will also be available.

Bolder Academy - Sport and communi... @Boldercomm... · Feb 23

Year 8 and 9 students had a great day today attending the London Sports Leadership event @LeeValleyAC @LdnYouthGames #Inclusion2024



St Martins & St Andrew's Teaching @SMAteaching · Dec 3

@swachchit @stmartinsbenny @standrewsschools @ND @Marsden @portall super proud of this young man @ChangMaoer #Inclusion2024

Youth Sport Trust @YouthSportTrust · Dec 3

Today is International Day of People with Disabilities. Billy was crowned the winner of our YST Inclusion Award - Individual. Billy found himself in a specialist setting, and in his own words, the power of sport "changed his life". Learn about Billy's story #Inclusion2024



Archbishop Academy @AslocktonSchool · Jan 25

Another active start to the day for ABCA! #unifit #tabletennis #Inclusion2024 @SchoolSportNext @YourSchoolGames @ruschcliffeSGO @Sport_England UnitingTheMovement



WandSchoolGames @WandSchoolGames · Jan 31

Fantastic morning of Inclusive Indoor Rowing at Southfields Academy yesterday with @enableLC. Congratulations to 30 young people taking part from @GarrettPark @PE_Southfields & Paddock School. #Inclusion2024 @YouthSportTrust



WASSP @sspwassp · Apr 20

Including SEN shooting stars @YouthSportTrust @BarclaysFooty @EnglandFootball #Inclusion2024 @AllForActivity

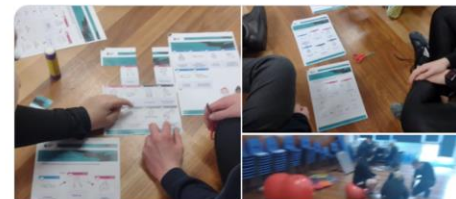
The Ellesmere Port SSP @TheEPortSSP · Apr 20

Our @CWSchoolGames Girls @BarclaysFooty @YouthSportTrust @EnglandFootball strategic leads ran an amazing @Disney_UK Shooting Stars conference @Cheshire_FA #LetGirlsPlay #ActivePlay



Jon White, Inclusion Lead, Clare Mount, Wirral. @JonLead · Feb 16

Clare Mount Inclusion 2024 Topsportsability and Sensory Circuit training with @uocheater secondary PGCE students was a pleasure this morning. Watching our pupils co create a Premier League sensory circuit with them was just brilliant and a lovely way to do CPD #Inclusion2024



South Bucks SSP @SSPSouthBucks · Nov 4

It was lovely having you @thepacecentre Well done Maple group @ChrisSugden8 @Panathion @sportforall #Inclusion #YSTLeadSchools @YourSchoolGames

PaceSchoolNews @paceschoolnews · Nov 4

Lots of fun had by Maple group when they went to Stoke Mandeville Stadium to take part in different sports challenges at the Panathion Challenge.

Lots of certificates and medals were awarded too - well done Maple!

@SSPSouthBucks @ChrisSugden8 @Panathion



Parkside Inclusive Health and Wellbei... @ParksideHeal... · Mar 13

Great training for Norfolk schools today on Senaory Circuits. Part of the Free CPD by @YouthSportTrust #leadinclusionschools in order to deliver inclusive physical activity to pupils of all needs and backgrounds #Inclusion2024 @ParksideNorwich @ParksidePfa



Celebrating the network

YST LEAD SCHOOL CONFERENCES

SCHOOL GAMES IMPACT AWARDS



Engaging Schools Impact Award – Laura Rookard – outstanding collaboration led to the creation of a database, pilot festival, and calendar of events to foster positive atmosphere for local Alternative Provision settings



Opportunity Supporters Impact award – Penny Moorfield — collaborative initiative brought together local Hong Kong Students who recently emigrated, promoting integration, wellbeing and understanding among different nationalities

Celebrating the network



Rachel Bown has won at The Pearson National Teaching Awards! She has been presented with a Silver Award for FE Lecturer of the Year. She is now invited to London and is entered into the Gold Winners Draw in November.

[The Secretary of State for Education also sent a personalised message for Rachel](#)



Celebrating the network

YST LEAD SCHOOL CONFERENCES

To date Inclusion 2024 has seen:

Over a third (38.5%)

of schools reported an increase in the proportion of children with SEND achieving 60 active minutes (more than the recommend 20 minutes a day for young people with a disability by the Chief Medical Officer) since having contact with Inclusion 2024. **Two-thirds (67%)** are achieving 30 minutes of activity a day

1,417 young people

(38% with SEND) trained on a youth leadership pathway giving them skills to lead inclusive sport and activity sessions

14,616 young people

(82% with SEND) given the opportunity to try para sports like basketball and curling as well as experience a Paralympic or Commonwealth Games inspired festival

6,411 young people

with SEND started on their learn to swim journey and equipped them with key water safety advice. **49,816 young people** in total have received lifesaving skills.

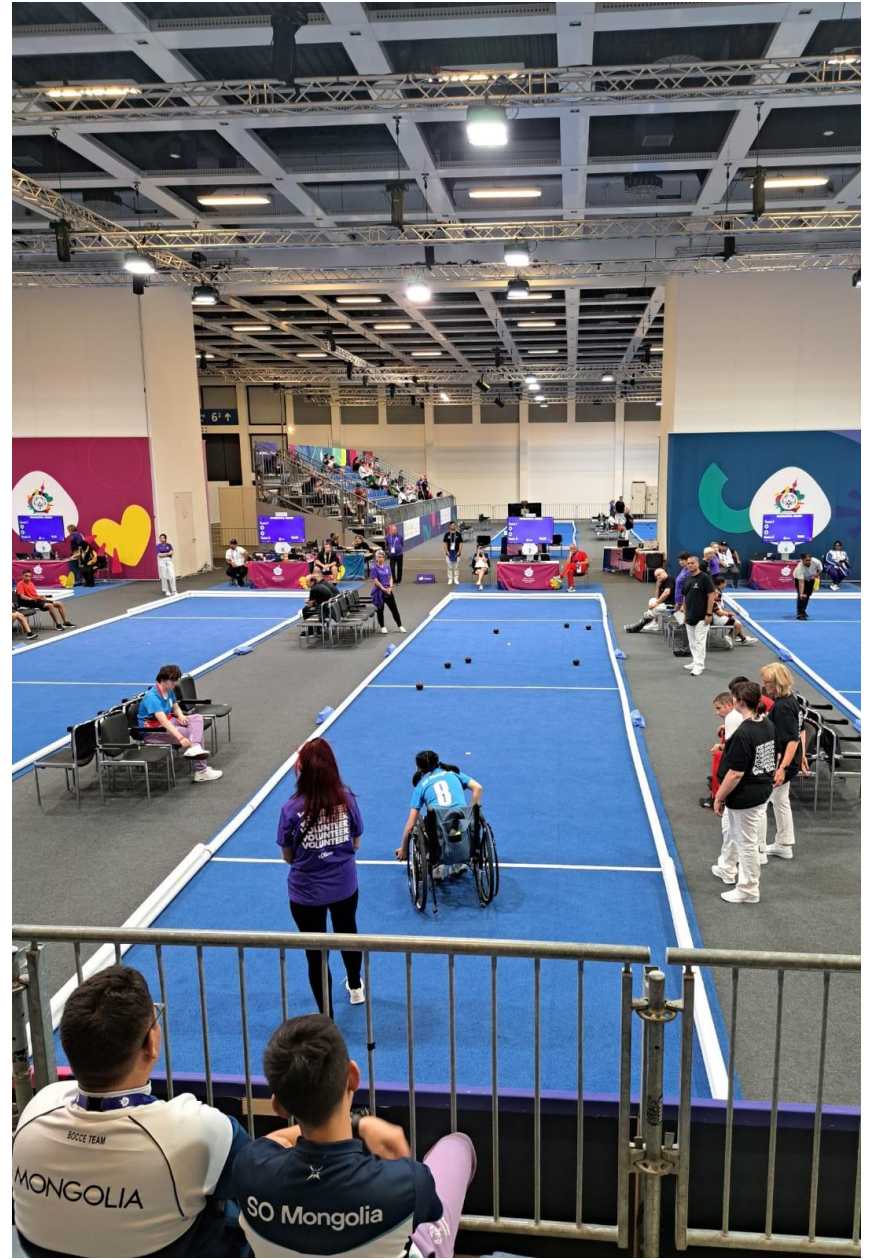
28,205 employees in the school workforce

supported with continuing professional development to ensure sport and Physical Education is inclusive for every child (since 2022). **5,821 schools** have received inclusive PE training.









Lead Inclusion School Offer 23/24



2023/24 Lead Inclusion School offer

Vision: Ensure a future where every child enjoys the life-changing benefits that come from play and sport

Mission: Equip educators and empower young people to build bright futures

Inspiring: something that they want to take part in.

Accessible: something that they can take part in.

Meaningful: something that they can actually benefit from.

Inclusion 2024

Lead Inclusion Schools providing high quality advice, training and guidance

CPD
Training

Networking
meeting
attendance

Modelling

Information
sharing



Inclusive Education Hub



All About Autism



Top Sportsability



Inclusive Health Check



Tutor led CPD - My Personal
Best Special and Top
Sportsability (YST
membership)



Funding: £1000



Inclusive Sport Programme

Universal offer (53 schools)

Summer Paralympic themed
(partnership with BPA and Pathway to Paris initiative)

Delivery before March 2024

Promote and support across School Games network

£400 per school

Young Leaders to support delivery



Inclusion 2024 Innovation

- Engagement Model, Mainstream Secondary, Swimming & Water Safety, and My PB for AP/PRU
- Current schools continue in year 3
- Recruiting AP/PRU schools for My PB
- Focus - capturing learning and sharing/cascading to network
- Swimming and Water Safety - success measures/KPI set with Swim England





Overall aim: Lead Inclusion Schools upskilling and building capacity and capability of school games workforce in inclusive practice, enabling more young people with SEND to engage in local opportunities



Advocacy and Influence role



Uniting forces locally with other local partners



Understand local insight and impact - aim of greater accessibility and inclusivity across school games at a county level



Funding: £2000

SCHOOL GAMES





Wider Inclusion (linked to IHC – SEN/D, LGBTQ+)

Leading gender diversity discussions at County Alliance meeting in Spring Term

Mobilising insight (incl. school census and IHC)

IHC – training and increase usage

MATP – aspiration for every county to have MATP School Games offer

Inclusive Sport Programme – modelling and embedding



Inclusive Youth Leadership (SiS)

- 20 schools - £1,500
- Athlete Mentor – 1 day event and half day prep (smaller cohort)
 - Work with a minimum of one young role model (but preference a team of YP) to share story and help plan the day
- Linking closely to life skills – preparation into adulthood (SEND green paper)
- Surveys/case studies to capture impact
- Explicitly looking at the exit routes for the young people
 - Continuation of events for leaders
- Universal Online Offer – training provided for this
 - Workbook, Athlete Mentor Recording, Slides...



FA SEND Shooting Stars

- £500
- Increase awareness and advocate the SEND Shooting Stars offer to help more SEND young people have the opportunity to enjoy the game.
- Act as advocates and influence schools to engage in the virtual SEND shooting stars training events.
- YST will deliver 3 virtual SEND shooting stars training sessions across the academic year to provide and equip schools to use the SEND Shooting Stars content and resources.
- Help establish/maintain 2 SEND Shooting Stars clubs for SEND young people within the county.
 - Help the set up, establishment and inclusion of the young people to help the competence and confidence to those that are setting up the clubs.



Lead Inclusion School Recruitment Window

- Application window to open in September
- Date will be provided in the July newsletter



Membership Offer 23/24

Lucy Adams



Membership 23-24

- Positioning
- Content



Membership 2023-24

- Positioning
 - School need – government announcement
 - Primary | Secondary split
 - Tiers
 - Sign-up window



Membership 2023-24

- Content over the year
 - Audit | Support and training | Events | Communications | Member discounts



Membership 2023-24

YST LEAD SCHOOL CONFERENCES

Core (£225.00)

Plus (£555.00)

Premium (£1,225.00)

Primary ([detailed here](#))

- Quality Mark – PE, School Sport and Physical Activity (PESSPA) school review and development tool
- Guide to Youth Engagement – ensure pupil voice, co-creation and collaboration are effectively integrated into your PESSPA offer
- Staff Survey Guide – better understand your staff's attitudes to PE
- 3 x Welcome to the Term webinars which provide key information and a check list for the term ahead
- 3 x 45 minute professional development workshops linked to priorities within the academic year
- Heavily discounted YST Conference place including members only clinic

Secondary ([detailed here](#))

- Quality Mark – PE, School Sport and Physical Activity (PESSPA) school review and development tool
- Guide to Youth Engagement – ensure pupil voice, co-creation and collaboration are effectively integrated into your PESSPA offer
- Top tips – guidance on raising the profile of your PESSPA offer to engage support from your senior leaders, governors, and wider staff force
- 3 x Welcome to the Term webinars which provide key information and a check list for the term ahead
- 3 x 45 minute professional development workshops linked to priorities within the academic year
- Heavily discounted YST Conference place including



Membership 2023-24

PRIMARY

PREMIUM – £1,225

Core Benefits

Audit	<p>Quality Mark: Aligned with the PE premium key indicators and the Ofsted education inspection framework, this online tool will help you to review your PESSPA delivery providing you with a clear development direction to inform priority setting and premium investment.</p> <p>Getting started with youth engagement – capturing your pupil voice: Ensure youth voice, co-creation and collaboration are utilised effectively with guidance and support in the creation of pupil surveys, focus groups and co-design approaches.</p> <p>Staff Survey Guide: Better understand your staff's attitudes towards PE. With a focus on their motivations, enjoyment, knowledge, understanding, confidence and competence, this guide will allow you to target the support and training you provide and gain whole staff buy into your leadership of PE.</p>
Support and CPD	<p>3 x Welcome to the Term webinars</p> <p>Delivered in the second week of each term, these webinars, designed specifically for PE practitioners, offer a welcoming environment to tackle day to day challenges and prepare a check list for the term ahead. Engage in Q&A, connect with fellow professionals and access session recordings afterwards.</p> <p>Term 1: Audit, PESSPA planning, PE Premium objectives, new class PE routines</p> <p>Term 2: Tracking measures, progress review</p> <p>Term 3: PE Premium reporting, sports days, transition preparation</p> <p>3 x 45 minute professional development workshops</p> <p>Taking place in the second week after each half term, these 45 minute virtual workshops will introduce topical content and a chance to evaluate your PESSPA practice.</p>

Support and CPD	<p>Term 1: An Introduction to Physical Literacy</p> <p>We'll unpack the concept of physical literacy and translate what this means and how it looks within the school environment to ensure positive experiences for all young people.</p> <p>Term 2: Ofsted PE Deep Dive</p> <p>A chance to:</p> <ul style="list-style-type: none"> -refresh your knowledge of the Ofsted education inspection framework and the implications for PE -understand and prepare you for an Ofsted deep dive in PE <p>Term 3: PE and Sport Premium reporting</p> <p>This workshop will support you to effectively evidence impact and spend against the key indicators and in line with your own school priorities and pupil need.</p>
Events	<p>Regional half day networking event – November</p> <p>Network with local colleagues at an event which will help you understand how to tell stories about the benefits of PESSPA and how to influence your SLT.</p> <p>Youth Sport Trust Annual Conference</p> <p>Our Conference is an inspirational 'must attend' event for PE professionals, as well as Senior Leaders and those with a remit for pastoral care and health and wellbeing.</p> <p>Premium Members will receive a free place which will include, for the first time, a members only clinic – an opportunity for you to discuss and receive advice on any area of your PESSPA provision with a YST member of staff.</p>
Athlete Mentor or YST Consultancy visit	<p>Choose from one of the below.</p> <p>Our world-class athletes can visit your school to help tackle young people's declining emotional wellbeing and resilience while also inspiring their attitudes to learning.</p> <p>Alternatively, you can have a half day YST consultancy visit exploring PESSPA topics and supporting prioritisation and action planning.</p>
Communications	<p>Our half-termly bulletins will expand on a topic covered in the termly professional development workshops. Expect blogs, podcasts, articles etc.</p>



Membership 2023-24

YST LEAD SCHOOL CONFERENCES

Primary	Secondary
<p>Term one</p> <p>Welcome to the term webinar:</p> <p>Audit, PESSPA planning, PE premium objectives, new class PE routines.</p> <p>Professional development:</p> <p>An introduction to Physical Literacy.</p>	<p>Term one – Curriculum</p> <p>Welcome to the term webinar:</p> <ul style="list-style-type: none">- Audit - PESSPA development planning, baselining, transition, new routines, grouping pupils. <p>Professional development:</p> <ul style="list-style-type: none">- Providing a high quality, inclusive PE experience that ensures gender parity.
<p>Term two</p> <p>Welcome to the term webinar:</p> <ul style="list-style-type: none">- Tracking measures, progress review. <p>Professional development:</p> <ul style="list-style-type: none">- Ofsted PE deep dive.	<p>Term two – Assessment/ examination</p> <p>Welcome to the term webinar:</p> <ul style="list-style-type: none">- Assessment/ examination. <p>Professional development:</p> <ul style="list-style-type: none">- Ofsted PE deep dive
<p>Term three</p> <p>Welcome to the term webinar:</p> <p>PE premium reporting, sports days, transition preparation.</p> <p>Professional development:</p> <p>PE premium reporting.</p>	<p>Term three – Equality, Diversity, Inclusion</p> <p>Welcome to the term webinar:</p> <ul style="list-style-type: none">- Pupil voice and inclusion check in including inspiring sports day design. <p>Professional development:</p> <ul style="list-style-type: none">- Teaching practices in PE that address disadvantage.



Interactive Breakout Rooms



Themes


- Engagement Model
- Mainstream Secondary Inclusive CPD
- Inclusive Youth Leadership/SiS
- School games influencing/advocacy
- Inclusive Education Hub



Key dates:

- Termly reporting deadline - 14th July
- Save the date: face to face networking 20th September



A graphic with a solid yellow background. In the center is a light blue circle with a thin yellow border. Inside the circle, four lines of text are centered. The text is in a dark blue, sans-serif, all-caps font. The lines are: "DIVERSITY IS A FACT.", "EQUITY IS A CHOICE.", "INCLUSION IS AN ACTION.", and "BELONGING IS AN OUTCOME.".

DIVERSITY IS A FACT.

EQUITY IS A CHOICE.

INCLUSION IS AN
ACTION.

BELONGING IS AN
OUTCOME.

Arthur Chan



*Shape
the world,
one game
at a time*