

Youth Sport Trust

Leadership, Coaching and Volunteering (LCV)

Lead School Prospectus 2021/22

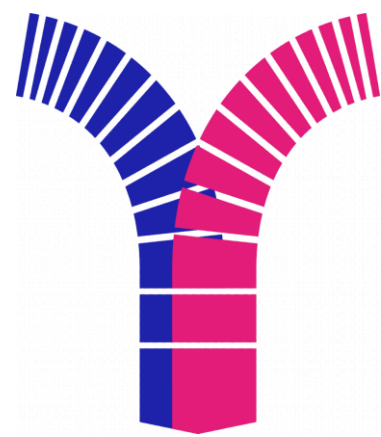
Context for the 2021/22 Core Offer

LCV Lead Schools have established themselves as beacons of best practice in their county areas giving increased profile to leadership, coaching and volunteering opportunities for young leaders in their area. LCV Leads play two essential roles: influencing and driving innovative leadership practice across the county area through providing support and guidance to schools and partners and delivering targeted interventions appropriate to their area.

The LCV Lead School work encompasses leadership in all its forms. In the most established counties, the pathway includes sports leadership, business and community leadership, leaders who support other students with additional needs or who are struggling with their emotional wellbeing and role specific leadership. Where partnership working is a strongly established aspect of the LCV Lead School's role, leadership opportunities can be easily accessed by almost every young person and their school or community group can see the value of these. This is critical in the face of increasing pressures on secondary school academic performance.

Therefore in 2021/22, the focus of LCV Lead Schools will be to strengthen insight and knowledge to help the development of a clear and inclusive leadership pathway for young people to develop their leadership skills using the Youth Sport Trust Leadership Framework. Pathways should reflect local need and remove barriers, increasing provision and opportunity for underrepresented groups across the area to ensure that more young people can access the benefits of leadership and volunteering. We know that fundamental to success is local collaboration, targeted support and driving innovation within the school to address key challenges. We want to further understand the different models and formats this can take to unpick the Lead LCV schools most effective role.

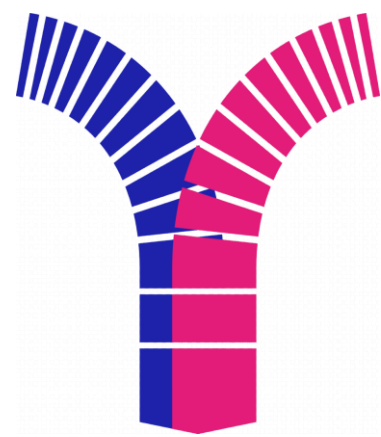
To achieve this, it is recognised that the network will need increased time to build and develop relationships with schools and key partners in their county



area. Stronger relationships with schools should lead to a greater understanding the demographics of the young people in the area and their needs. Greater connections with School Games Organisers and Active Partnerships should lead to an increased understanding of the training and development support available for young people in a local area, increased collaboration on the deployment of young people into meaningful roles and successful transition from school to community settings. Finally, improved engagement with the Lead Inclusion School network should provide further opportunity to build insight and knowledge of the current pathways for young people with SEND across the county. Our focus is understanding our communities of practice.

In recognition that every area is different, it is evident that a bespoke local model is essential to ensure success giving the network increased autonomy. The principles underpinning the core delivery offer for 2021/22 is based giving the Lead LCV School network:

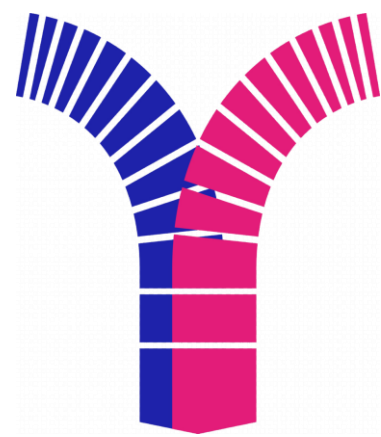
Partnership	The ability to fully engage the SGO network supports the most meaningful leadership pathway and opportunities for young people. Wider partnerships support development of the most nuanced and valuable local offer, a sustainable model, and greater efficiencies.
Autonomy	LCV lead staff permission to adapt and design programmes to tackle local participation barriers is necessary to engage the widest school audience.
Flexibility	Willingness to adapt year on year or to embrace new approaches to leadership is critical in the face of internal school pressures.
Local Insight	Understanding of young people's motivations, aspirations and needs is crucial to design a meaningful and relevant leadership programme. One size does not fit all.
Share and learn	LCV Leads can provide a unique oversight of each county's leadership offer, can share best practice with wider networks and other partners and are best placed to identify provision gaps.
Student led	The LCV network takes a student-centric approach to much of its planning, placing young people firmly at the centre of all delivery.



To ensure increased sharing and learning between the network and capturing insight which will inform LCV future direction, there will be an insight community which all LCV schools will become a part of. The insight community will explore:

- Which collaboration models drive the highest level of success across the county
- Function and role of key partnerships and core players within efficient local models
- The extent to which LCV's create leadership opportunities or underpin existing programmes and activity
- How to promote local ownership and quality provision within schools under each LCV Lead
- How to widen the diversity and reach of the schools connected to the leadership network targeting particularly school in areas of deprivation with high levels of free-school meals pupils.

In addition, 10 schools will form part a strategy consultation group which will look to inform the development of the role of the Lead LCV schools in the future.



2021/22 Expectations

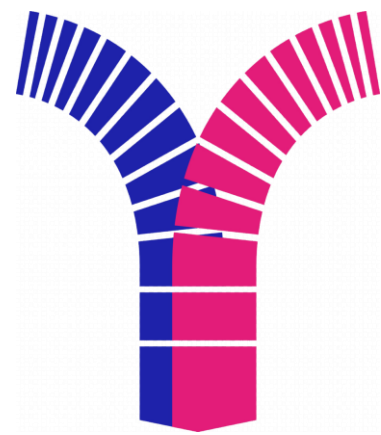
The following section details the requirements of the Lead LCV School for 2021/22 period:

Collaboration

- Work with several schools and partner organisations across your county area to influence provision of leadership, coaching and volunteering opportunities.
- Aim to increase the reach of schools you connect with focusing specifically on schools within IMD areas 1-4.
- Work alongside your Lead Inclusion School and utilising each other's specialist knowledge in inclusion and leadership, consider the insight at how we create community pathways in leadership and volunteering for young people with SEND to continue to develop those important life and employability skills.
- Be a brand ambassador for Youth Sport Trust and its ethos, be an advocate for leadership, coaching and volunteering and an expert advisor on establishing and developing an inclusive leadership pathway for all young people working to enable SGO's, schools and other organisations across a county area to work together to achieve this.

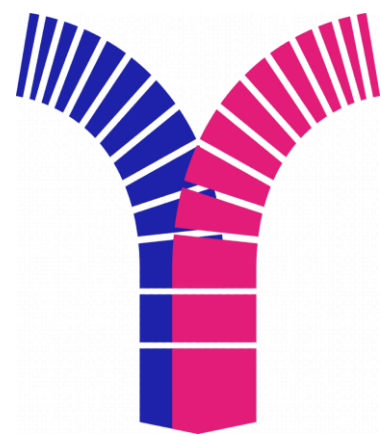
Insight & Reporting

- Submit all monitoring and evaluation reports on time and keep to all agreed and pre-set deadlines. Funding only released on receipt of adequate data reporting.
- Attendance at Regional Lead School Conferences (28th September Twickenham (South)- 5th October Leeds (North) - 7th October Sixways (Midlands) and a virtual networking in the summer (Date TBC).
- Be a part of the LCV Insight Community and commit to completing asks by deadlines (expected to be once per month)
- Ensure a minimum of 8 schools have completed the L&V Insight Tool, if not completed in 2020/21 Summer Term. The L&V Insight tool has been designed to support Secondary Schools to analyse the demographics of their young workforce (coaches, volunteers, officials, leaders) and instantly identifies any underrepresentation to help shape targeted recruitment for leadership opportunities.



Programme Intervention Delivery:

- Using this insight, select and choose one of the following interventions – Boys Move, Girls as Coaches Activators or Inclusive Leadership (Step into Sport)
 - i) Boys Move (Opportunity capped to 25 schools)
 - Identify 2 x practitioners to take part in the Boys Move CPD (6 x 1.5-hour virtual sessions from October 2021 – February 2022)
 - Create an action plan because of CPD which focuses on leadership provision for Boys across the school
 - Prepare for a peer leadership intervention (April 2022) – Funding TBC
 - ii) Girls as Coaches/Activators
 - Work with 4-6 schools to recruit 25 girls ages 14-17 to a coach/activator academy
 - Deliver a minimum of 4 core modules through the coach/activator academy
 - Provide opportunities for coach/activators to deliver sessions to less active peers (extended into Summer Term – requirements confirmed for Summer Term with additional funding TBC)
 - Review existing community exit routes and identify 2 new opportunities to support transition of young people – using the insight community to capture learning.
 - iii) Inclusive Leadership (Step into Sport) – *Must be agreed with Lead Inclusion School before confirming selected intervention.*
 - Support the Lead Inclusion School to increase the reach of the Step into Sport programme, recruiting an additional 2 schools and supporting their engagement.
 - Recruit an additional 15 young people to attend/participate in 2021/2022 your Inclusive Youth Leadership (SIS) offer (inclusive of young people with and without additional support needs).
 - Identify and explore 2 new exit route opportunities for all young people involved in the Inclusive Youth Leadership programme and support this transition.



- Provide support and guidance to explore how to strengthen the role of peer mentoring throughout the project.
- Take part in evaluation opportunities which contribute to our wider knowledge and understanding of effective leadership transition.

Monitoring and Evaluation

Quantitative

LCV Lead Schools will be required to complete progress towards targets via the online data engagement survey at the end of December and March. LCV Lead Schools will be required to report on:

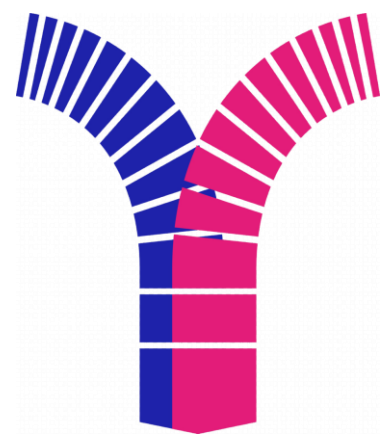
- Number of participants involved in activity (including the breakdown of SEN/D, ethnicity, and gender where appropriate (depending on intervention selected)).
- Number of schools and school URN's of those engaged – we will now be collecting data of all schools involved to build a picture of reach across the country.
- Number of practitioners trained (depending on intervention selected)
- Number of community partners

In addition, all LCV Lead Schools will be required to become part of the LCV Insight community which will require monthly contributions. The insight community will capture qualitative data to support us to build a wider picture of the 'role of the LCV' and gaps in leadership provision.

Qualitative

Further guidance around each of the below will be provided, but the outline indicates the variety of ways in which we capture evidence to share with current and potential funders.

- To assess the overall effectiveness and impact of the programmes including the contribution of individual programme strands to outcomes
- Provision of case studies and personal journeys
- Help to support research through observations, focus groups and surveys. Please note you may either be involved in the research directly or may be required to facilitate the engagement of young people in the research.
- Contribute to YST press and social media activity.



Funding

Successful schools will receive:

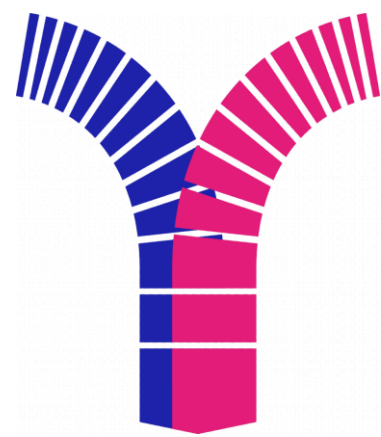
- £2,000 capacity funding to deliver objectives as a Lead LCV School from September – March (inclusive of intervention delivery).

This will be made as one payment in December 2021.

In addition, Lead Schools will receive:

- Regular informal networking connection opportunities to support LCV activity and sharing of practice
- Training, support, and assistance from YST including a dedicated YST Development Manager
- Free programme resources specific to the selected intervention (Boys Move CPD, Girls as Coaches and Inclusive Leadership).

Please note that the period for which the funding covers is currently September to March 2022. Deliverables are also therefore relevant to this period. Additional information will be provided in the Autumn Term for activity April – July connected to the above areas. You will be required to continue with this area of focus as selected in September for programme interventions. Additional funding may be available to top up payments to cater for this. Schools are committing to become an LCV for a full academic year, but all schools will be provided with an opportunity to review this during the Spring Term as further information is released. All payments are subject to successful adequate and timely reporting in addition to LCV Lead requirements being met.



Appendix 1: Suggested Delivery Timeline & Reporting

The below delivery timeline provides guidance to LCV Lead Schools to support the planning and review of delivery across the year. There is recognition that many events/pathways are established locally and may fit outside of the below timings – this is accepted but reporting to deadlines is required to ensure funding is secured in the future.

Delivery Timeline		
Autumn 2021	Delivery	Identify Target Area – confirm with Steph Matthews DM
		Attend one of the regional conference events
		Ensure 8 schools have completed the L&V Insight Tool – if not completed in 2020/21 Summer Term.
		(GIRLS AS COACHES) Recruit a minimum of 25 female young coaches/activators aged 15-17 from across 4-6 schools
		(GIRLS AS COACHES) Begin delivery of the four young coach/activator core modules
		(BOYS MOVE) Attend Boys Move CPD Training
		(INCLUSIVE LEADERSHIP) Recruit additional 2 schools to becoming involved in the SIS festival
		(INCLUSIVE LEADERSHIP) Recruit an additional 15 young people to take part in the SIS festival
		Take part in the Insight Community once per month
		Attend informal connects where possible
		Submit national data collection – Dates TBC
		Spring 2022
Attend informal connects where possible		
(GIRLS AS COACHES) Complete delivery of core modules		
(GIRLS AS COACHES) Coaches to utilise skills delivering to least active peers		
(GIRLS AS COACHES) Focus on development of new transition pathways – insight gathering and developing new relationships		
(BOYS MOVE) Continue to attend Boys Move CPD Training – prepare for post CPD actions within school focused on leadership, develop an action plan for boys leadership provision across school.		
(INCLUSIVE LEADERSHIP) Support with delivery of SIS where appropriate		
(INCLUSIVE LEADERSHIP) Focus on development of new transition pathways – insight gathering and developing new relationships		
Submit national data collection – Dates TBC		
Summer 2022	Delivery / Review	TBC

