Evaluation

Decision-making

Problem-solving

Resourcefulness
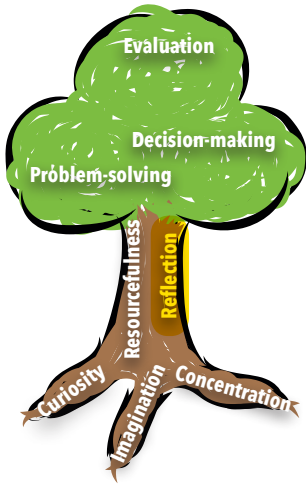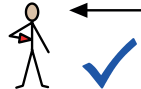
Reflection

Curiosity   Imagination   Concentration

Reflection

I

- ask for and listen to feedback

- think about what I did

For example

In PE...

I compare my different strokes in swimming.

In school...

I ask for other people's opinions of my story.

In life...

I consider my progress in a computer game.