



Primary Physical Education Home Learning Tips

Using Physical Education and Physical Activity as a tool to support the wellbeing of those pupils still in school



Pupils should ensure they are in a suitable safe space before they participate.



Equipment should be thoroughly cleaned between each use by different groups



Government approved team games can be played under the guidance of each NGB*



Pupils should be wearing suitable clothing to participate.



PE should include physical, cognitive, social and emotional outcomes



Celebrate success and pupils' personal achievements



Pupils should participate either in bare feet or suitable indoor trainers.



Use PE and PA to support the wellbeing of your pupils



Lessons should be active, but learning focused with a clear purpose

- In addition to the guidance above refer to afPE COVID-19: Interpreting the Government Guidance in a PESSPA Context.
- It is at the discretion of the school on how this guidance is implemented in line with their own risk assessments and policies.
- All activities should follow Government Guidance in response to COVID-19. For more information visit gov.uk
- *Schools must only provide team sports on the list available at the return to recreational team sport framework.