



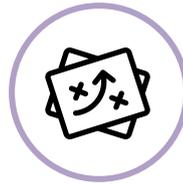
# Top Teaching Tips for Primary PE

Here are our **top 10 tips** to support primary school teachers implement high quality **Physical Education**.



Start your PE lessons with, **"Show Me What You Know!"**

This sets up your diagnostic assessment at the start of the lesson and gets children active straight away instead of lengthy questioning.



High quality lesson plans **do not** have times planned within them!

**Why?** We cannot put a time on learning. Learning takes however long it needs to take to be understood and achieved.



Use **demonstrations to support learning** but always consider which learners need to see it!

Do not demonstrate to everyone unless all pupils need to see it. Use your demonstrations as a powerful tool to support the learning when intervention is necessary.



Take time to **read through** the sequence of learning (unit) before you start teaching.

This will enable you to know where the learning is going and how to support the specific needs of your pupils every step of the way.



Is the **purpose of your lesson** clear to the pupils in your class?

High quality PE lessons need to have a **clear purpose** that runs throughout the learning. You can then focus your questioning and feedback in line with this purpose.



**Why questions** are very powerful and drive high quality learning outcomes!

By embedding **'Why'** questions into PE lessons, learning accelerates as pupils understand what they are doing, and the purpose of the learning is reinforced.



Specific and **purposeful feedback** scaffolds the next steps ...

... and reiterates the success outcomes of your lesson. Praise is essential, but adding in the detail will make a huge impact on pupils' learning.



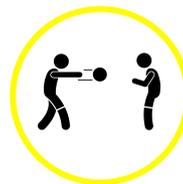
All your PE lessons should include physical, cognitive, social and emotional **success outcomes!**

These are essential to ensure the development of the whole child and to enable **mastery learning!** Focus on the life skills specific to the needs of your pupils.



How **active** are your pupils in your Physical Education lessons?

A tip for assessing how active your pupils are is to actually time yourself. Every time the class are static, start a stop watch. Pause it when the pupils move again!



Can questions be answered physically?

When asking pupils questions, if possible **get pupils to show you the answer**, the answers promotes higher levels of activity!