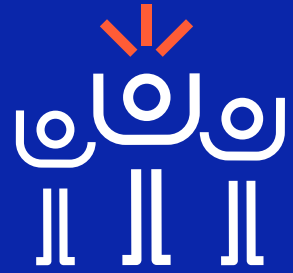


*Change the score,
change their future*



#YSTConference

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NATIONAL SCHOOL
SPORTS WEEK **2024**



17-23 June 2024

The UK's biggest celebration of **60 minutes a day of PE, sport and play**. National School Sports Week powered by Monster Kickabout: a special Euro 2024 event that aims to **put the all back into football**.

Find out more:

#NSSW2024

#MonsterKickabout

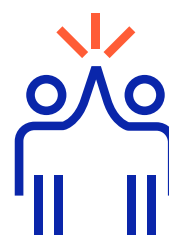


Conference

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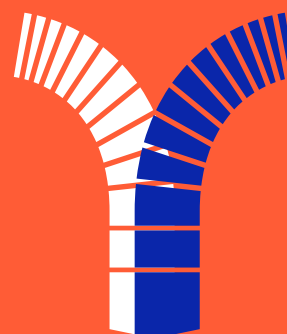
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Your feedback helps us to shape future events

A link to an online survey will be sent to you following the conference. Please take the time to give us your views. Thank you!



Welcome



On behalf of the Board and all the team at the charity, I would like to welcome you to the 2024 National Conference. I firmly believe the Youth Sport Trust

is a movement, with a powerful mission which unites schools, practitioners and a range of stakeholders. If today is your first interaction with us, we are delighted to have you and I hope you will feel a sense of belonging and leave inspired by all the changemakers here today.

This year's conference is themed 'Change the score, change their future.' We know, 'what gets measured, gets done' and unfortunately this can mean, what does not get measured, can get squeezed. We passionately believe we need more holistic measures to reflect the education and development of the whole child. This conference will encourage us to think about the score cards we currently use, and the power individual institutions and the people within them have, to 'change the score.' If we change what we measure and share, we can value and celebrate a wider range of achievements and talents, sending different messages to children and young people about their belonging, their skills, and their potential.

Earlier this year, we launched a Manifesto for Action, which called for

A handwritten signature in blue ink, appearing to read 'Ali Oliver'.

Ali Oliver MBE
Chief Executive – Youth Sport Trust

a new, long-term joined-up national plan which would support the vision of a future where every child enjoys the life changing benefits of play and sport. However, as important as policy is, our two keynote speakers, Ken E. Nwadike Jr and Jon Alexander will help us realise the power of the individual can be as great, if not greater, than the power of the state.

While you are with us, I hope you will enjoy the inspiring workshops, seminars and panels, as well as networking with colleagues old and new. Please find time to explore our biggest exhibition for years, showcasing a wide range of PE, school sport and wellbeing organisations, and make it a priority to visit the Youth Sport Trust stand to sign up to National School Sports Week 2024 and talk with our incredible Youth Board.

I want to say a special thank you to our headline sponsors Sports Directory and The LEGO Group, as well as our supporting partners Complete PE, Enrich Education and Kingswood. We are also incredibly grateful to all the organisations and individuals delivering across the programme who are helping to make effective practice, common practice.

I hope you will leave today, inspired by what you have heard, discussed, and experienced. Please enjoy the conference and keep on building brighter futures for children and young people... they deserve nothing less.



Hello and welcome to the Youth Sport Trust Conference 2024. My name is Abhishna Yogarajan, Chair of the Youth Sport Trust Youth

Board and I am excited to be joining you all today to explore the challenges at the very core of education with a shared vision of reshaping the future of our schools and communities.

In these challenging times, our children and young people urgently need innovative solutions, and together, we hold the power to be the catalysts for positive change.

The purpose of the Youth Board is to represent and communicate the views of all young people to inform and enhance the charity's work. The Youth Sport Trust encourages young people to have a voice by actively collaborating with Youth Board members to listen to their views and help understand the needs of young people today.

The importance of youth voice was shown at the Youth Sport Trust Youth Summit held in 2023. The summit allowed young people from different backgrounds to connect and learn from each other and create calls to action. These calls to action are really important in giving young people the power to transform

Abhishna Yogarajan
Chair – Youth Sport Trust Youth Board

sport and they were made around Celebrating Diversity, Encouraging Choice and Promoting Wellbeing.

My journey with the Youth Sport Trust started in 2021 and couldn't have started without the support of my high school's PE department. I was a member of the Youth Board for two years before I became the Chair in 2023. Through this role, I have been able to do and learn a lot about improving physical activity on a national level, which I never thought I would have the chance to do when I was in school. I have been a role model for other young people who want to use their voices to impact their communities positively.

We now have a new cohort of young people on our Youth Board, all using their voices to make a change. We are excited to make a difference locally and nationally in sports and physical activity and the Youth Board members are all learning from each other and the industry. It is not just learning; they also feel a sense of belonging with their new roles. We are growing as a team and as individuals so that we can strengthen the voice of young people, be inspiring role models and positively impact sports and physical activity.

Members of the Youth Board and I will be available to talk to you throughout today, so please come and find us at stand six in the exhibition hall to learn more about us.

SPORTS
DIRECT



NATIONAL SCHOOL
SPORTS WEEK 2024



Sports Star Friday | **21 June**

Support us

Join us in celebrating the return of National School Sports Week 2024 powered by Sport Directs Monster Kickabout and get ready to make a difference by hosting a Sports Star Friday or planning your own fundraising activity.

Sports Star Friday on Friday 21 June 2024 is the ultimate celebration of sport and play and it's easy to get involved! Simply don your sports gear, gather your friends, colleagues, and pupils and join us for a day filled with fun and fundraising.

Ready to make a difference? Join us, donate to us, or fundraise for us today!

Scan the QR code to visit our campaign page and discover exciting fundraising ideas to ignite the spirit of competition and camaraderie in your school or organisation. From the 10K Steps a Day Challenge to 60-Second Challenges, there's something for everyone to enjoy while making a positive impact.

Together, we can ensure that every child has access to the transformative power of **60 minutes a day of PE, sport and play.**

Find out more:

#NSSW2024

#YSTSportsStarFriday



Support us Together we change lives!



We are blown away by the generous support and commitment of our wonderful fundraisers who dedicate their time and hard work on behalf of our charity.

Visit us at **stand 24**

Find out how you can support Youth Sport Trust and get involved in fundraising to help us build brighter futures.

- Sign up to Sports Star Friday
- Purchase supporter merchandise
- Talk to us about your fundraising ideas
- Register for a challenge event and receive a FREE t-shirt when you fundraise over £50

Inspire together **Jen Gadsby**

Jen is a sports enthusiast and avid tennis player who recently ran the Leicestershire Running Festival 10K to help raise funds for the Youth Sport Trust. Jen works at Inspire Together, where she is a Health and Wellbeing and Female Engagement Officer. Inspire Together is a School Sports Partnership that operates within the Leicester City community, and its mission is to promote health and wellbeing. Through her work with Inspire Together, which uses various programmes developed by the Youth Sport Trust, Jen was inspired to support Youth Sport Trust through fundraising efforts.

Alongside a group of five other colleagues with varying levels of running experience, Jen decided to take on the challenge of the Leicestershire Running Festival 10K to test her limits.

You can also find other ways to support us here:
www.youthsporttrust.org/join-us/fundraising



Session key

Workshop (WS)

Our workshop sessions are designed to allow current practitioners and experts to share innovative thinking and real-life solutions to some of the greatest challenges in supporting young people to enjoy the life-changing benefits of sport and play.

Big Debate (BD)

The centre of this year's exhibition is once again our popular Big Debate. Join us for a Question Time style debate with a live audience and a star-studded panel to discuss the big questions impacting our young people and education today. Join in the debate and put your questions to our panel.

Exhibition and networking (E)

The Youth Sport Trust Exhibition will showcase a wide range of PE, school sport, and wellbeing organisations, providing delegates with excellent networking opportunities and the chance to explore high-quality solutions for schools and educational settings.

Featuring over 80 stands and a range of active demonstrations, the exhibition will provide an opportunity to engage directly with staff from the Youth Sport Trust on a wide range of topics. For those looking for a session packed with choice, this is the option for you.

The above sessions this year do not require pre-booking, so delegates may attend the session of their choice, provided space in the room is available. Space will be allocated on a first come first served basis and we advise arriving at the session early to avoid disappointment.



Fringe events

There will be a number of fringe events taking place for specific Youth Sport Trust networks throughout the day.

These are closed sessions for the specific networks and are not available to access for all delegates.

Quiet space

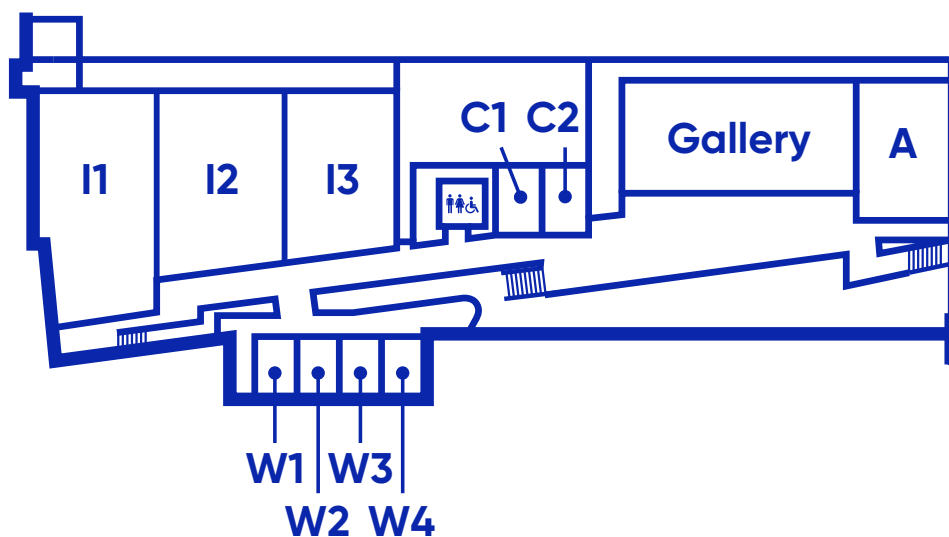
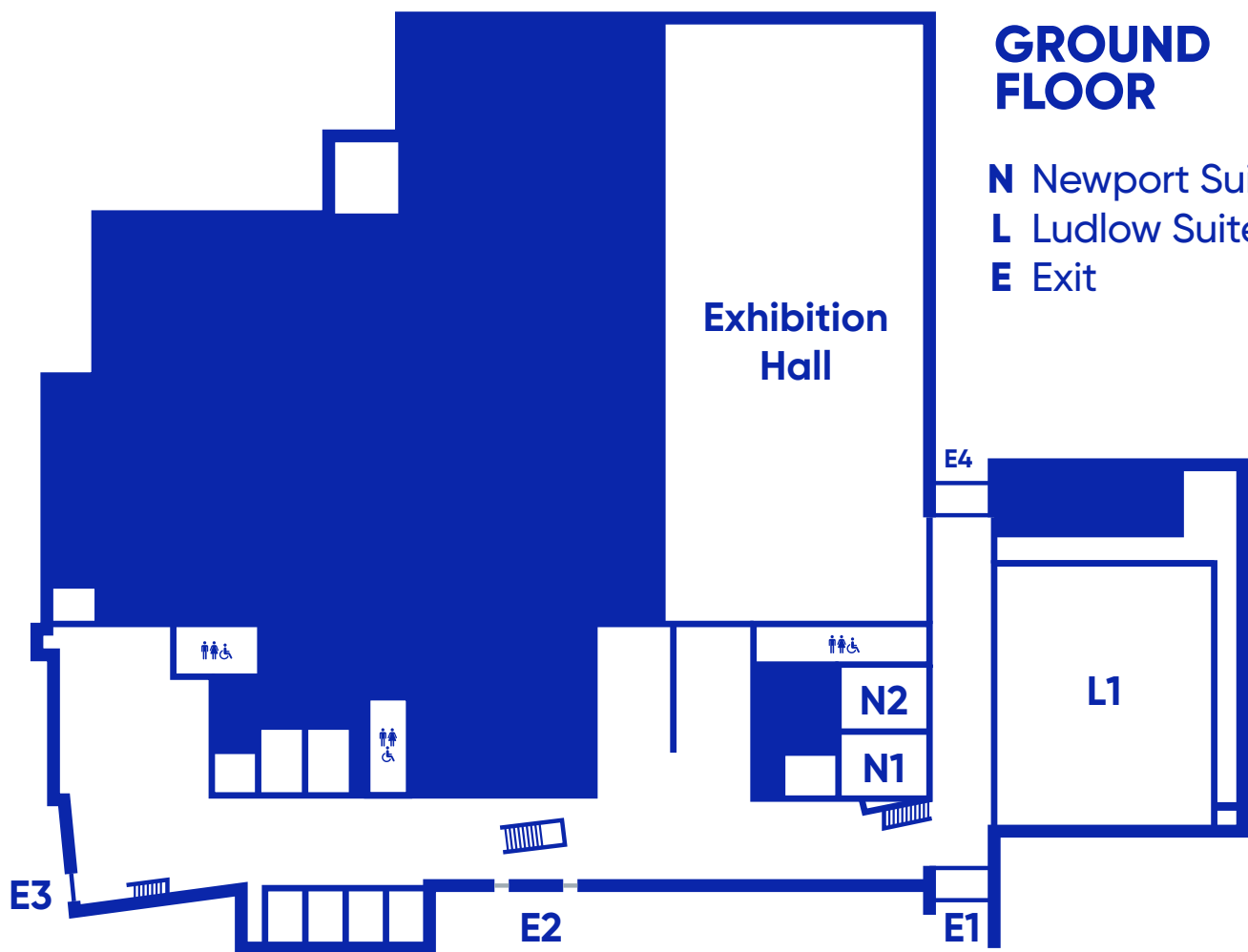
The Ryton Suite will be available throughout the conference for guests who require a quiet space or prayer room.



Programme overview

Time	Session
08:30-09:30	Registration and Exhibition – Exhibition Hall
09:30-10:45	<p>Opening Address – Ludlow Suite Welcome to the Conference from Ali Oliver, CEO of Youth Sport Trust and Kay Batkin, Network Director. Includes a performance from Windsor Academy Trust and inspirational keynote address from peace activist and motivational speaker, Ken E. Nwadike Jr – the Free Hugs Guy.</p>
10:45- 11:15	Refreshments and Exhibition – Exhibition Hall
<p>Sessions 11:15-12:05</p>	<p>Workshop 1 (WS1) – Atcham Workshop 2 (WS2) – Ironbridge 3 Workshop 3 (WS3) – Ironbridge 2 Workshop 4 (WS4) – Ironbridge 1 Big Debate 1 (BD1) – Exhibition Hall Exhibition and Demo Zones – Exhibition Hall Fringe – PRU/Alternative Provision – Wenlock 3 Fringe – Set for Success – Wenlock 4 Fringe – Headteacher Ambassadors and Advocacy Networks – Newport Suite</p>
<p>Sessions 12:15-13:05</p>	<p>Workshop 5 (WS5) – Ironbridge 2 Workshop 6 (WS6) – Ironbridge 1 Workshop 7 (WS7) – Ironbridge 3 Workshop 8 (WS8) – Newport Suite Big Debate 2 (BD2) – Exhibition Hall Exhibition and Demo Zones – Exhibition Hall Fringe – Lead Inclusion DCs – Wenlock 1 Fringe – PRU/Alternative Provision – Wenlock 3 Fringe – Set for Success – Wenlock 4</p>
13:05-14:20	Lunch and Exhibition – Exhibition Hall
14:20-15:25	<p>Afternoon Keynote – Ludlow Suite Hear from Jon Alexander, author of CITIZENS: Why the Key to Fixing Everything is All of Us and co-founder of the New Citizenship Project, a company working to shift the dominant story of the individual in society from Consumer to Citizen.</p>
<p>Sessions 15:35-16:25</p>	<p>Workshop 9 (WS9) – Ironbridge 2 Workshop 10 (WS10) – Ironbridge 1 Workshop 11 (WS11) – Ironbridge 3 Big Debate 3 (BD3) – Exhibition Hall Exhibition and Demo Zones – Exhibition Hall</p>

Finding your way



Today's speakers



MORNING KEYNOTE

Ken Nwadike Jr

Ken is a peace activist, motivational speaker, and video journalist known as the Free Hugs Guy online. He is the founder of the Free Hugs Project, which produces motivational videos to spread love, inspire change and raise awareness of social issues. His 'Free Hugs' videos have reached hundreds of millions of views on Facebook and YouTube.

In 2014, Nwadike launched the Free Hugs Project to spread love in response to the bombing of the Boston Marathon. The Free Hugs Project gained popularity in 2016, as he made major news headlines for his peace-keeping efforts and de-escalating violence during protests, riots, and political rallies.

He was featured in Google's 2016 'Year in Search' video as a highlight of some of the year's most defining moments. He has made many appearances on news programmes and radio broadcasts worldwide, including CNN, USA Today, Good Morning Britain and BBC News. He has spoken at hundreds of Colleges and Universities and is a favourite at high schools and corporations.

AFTERNOON KEYNOTE

Jon Alexander

Jon is author of *CITIZENS: Why the Key to Fixing Everything is All of Us*, and co-founder of the New Citizenship Project, a book and company that work to shift the dominant story of the individual in society from consumer to citizen.

Among other plaudits, *CITIZENS* was recently listed by McKinsey as one of its Top 5 Recommended Books in its Summer Reading Guide 2022, described as "an underground hit" in the *Financial Times*, and selected by the World Economic Forum for its CEO Book Club.

Jon began his career with a decade in the advertising industry, winning the prestigious Big Creative Idea of the Year, before making a dramatic change. Driven by a deep need to understand the impact on society of 3,000 commercial messages a day, he gathered three Masters degrees, exploring Consumerism and its alternatives from every angle.

In 2014, he co-founded the New Citizenship Project to bring the resulting ideas into contact with reality. In *CITIZENS*, he is ready to share them with the world.

Thank you

Thank you to all the young people and performers participating in this year's awards dinner and conference.

Event operations

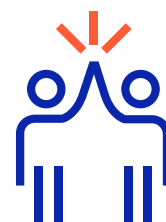
Exhibition – Maelstrom Event Solutions

Audio visual – Missing Link

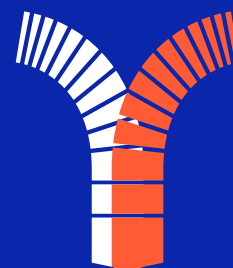
Event filming – HVP Studios

Awards winner films – We Are Coal

Awards dinner PR and photography – Sportsbeat



If you have outstanding performers at your school who would be interested in future performance opportunities at Youth Sport Trust events, please contact events@youthsporttrust.org



Sustainability

F U ⁺ U R E P L U S

The Youth Sport Trust is committed to reducing its impact on the climate and environment.

This year, FuturePlus is helping us to measure the impact of our Annual Conference, allowing us to understand the environmental footprint of the event so that we can make improvements next year.

We need your help!

Please scan the QR code to let us know how you travelled to the event today, or come and speak to us in the Networking Lounge in Exhibition Hall.





Well Schools is a movement of schools and trusts taking positive action to improve the health and happiness of their learners

They understand that the health and wellbeing of staff and pupils is central to improving their culture and improving outcomes and life-chances. We are seeing those schools and trusts in our most underserved communities making the biggest difference. Every child is entitled to a good education and every child has a right to good health: Well Schools can demonstrate how you can achieve both.



Join us
[@well_schools](https://www.well-school.org)
www.well-school.org

Delivered by



**YOUTH
SPORT
TRUST**

Breakout sessions

A young girl with dark hair, wearing a white t-shirt, is holding a white soccer ball with both hands. She is looking upwards and to the right with a focused expression. The background is a blurred blue wall and a person's legs in the distance. The image is overlaid with a dark brown semi-circular graphic in the bottom right corner, which contains a legend for breakout session types.

Workshop (WS)

Big Debate (BD)

Exhibition and networking (E)

Breakout sessions

11:15–12:05

Breakout sessions 11:15–12:05

Session/location	Title and synopsis
Workshop 1 (WS1) Atcham	Empowering Learning: Bridging gaps in physical development Explore the vital link between movement and learning outcomes as a tool for primary and secondary transition. Uncover evidence-based practices for enhancing this vital time in young people's life, featuring tools like Healthy Movers and Movement for Sport toolkit.
Workshop 2 (WS2) Ironbridge 3	The purpose of play Practitioners will share their insights of the impact play and movement has on cognition, behaviour and attainment in Early Years and KS1. We invite you to explore the implications for the primary PE curriculum and take away practical resources and top tips.
Workshop 3 (WS3) Ironbridge 2	Empowering PE: Clear strategies for supporting students with SEND Gain first-hand insights from primary and secondary school practitioners on successful strategies, practical tools and advice to support SEND student's needs, both in and through physical education.
Workshop 4 (WS4) Ironbridge 1	Improving attendance: a practical guide to supporting anxiety and improving mental health This session explores a preventative approach to supporting the mental health needs of all young people. This session will draw out the principles and practice of improving mental health and school engagement through sport and physical activity.

Breakout sessions

11:15–12:05

Breakout sessions 11:15–12:05

Session/location	Title and synopsis
Big Debate 1 (BD1) Exhibition Hall	Is building belonging the key to a successful school? <p>This panel debate will explore the critical link between belonging and positive school outcomes including attendance, behaviour, and motivation and the correlation between belonging and socio-economic status.</p> <p>The panel will discuss the unparalleled role of sports in fostering belonging, exploring how physical education and school sports can be potent catalysts for connecting young minds to the culture of their school.</p>
E1 Exhibition Hall	Exhibition sponsored by Sports Directory <p>The Youth Sport Trust Exhibition will showcase a wide range of PE, school sport and wellbeing organisations, providing delegates with excellent networking opportunities and the chance to explore high-quality solutions for schools and educational settings.</p> <p>Featuring over 80 stands and a range of active demonstrations, the exhibition will provide an opportunity to engage directly with staff from the Youth Sport Trust on a wide range of topics. For those looking for a session packed with choice, this is the option for you.</p>
Fringe Wenlock 3	PRU/Alternative Provision <p>This is a closed session for the Youth Sport Trust Alternative Provision network.</p>
Fringe Wenlock 4	Set for Success <p>This is a closed session for the Youth Sport Trust Set for Success network.</p>
Fringe Newport Suite	Headteacher Ambassadors and Advocacy Networks <p>This is a closed session for the Youth Sport Trust Headteacher Ambassador and Advocacy networks</p>

#YSTConference

Breakout sessions

12:15–13:05

Breakout sessions 12:15–13:05

Session/location	Title and synopsis
Workshop 5 (WS5) Ironbridge 2	How a physical literacy-informed approach to PE can impact whole school outcomes CASE STUDY: Cabot Learning Federation MAT Strategic Lead James Mooney shares the process they have undertaken, to develop a PE curriculum and whole Trust ethos rooted in the principles of physical literacy. The workshop will discuss the impact it is having on their pupils across primary and secondary phases of education, both within PE and beyond.
Workshop 6 (WS6) Ironbridge 1	Bolt-on or built-in? Addressing challenging behaviour through extra-curricular sport This session will delve into the transformative power of a holistic approach to extra-curricular sports in schools. This panel discussion will focus on how such an approach not only boosts physical activity, but also positively influences student behaviour. Explore Berwick Academy's innovative strategies to increase club attendance and engagement with creative methods, including virtual reality experiences, glow sports and dance raves for girls.
Workshop 7 (WS7) Ironbridge 3	Empowering Voices: Transforming school behaviour through youth agency This session will explore the impact of leveraging youth voice and leadership in PE and sport as powerful tools to improve behaviour. This session will delve into practical strategies for creating a sense of agency by creating an environment where every voice matters.
Workshop 8 (WS8) Newport Suite	Get Active: Mapping barriers and motivations for a more active lifestyle We know that PE, sport and physical activity have the ability to create change. However, we all have barriers, roadblocks and headaches that stop us from becoming an active nation. This workshop identifies these roadblocks and describes how any organisation can craft a customer journey with enriching experiences, smooth pathways, and 'wow moments' to get more children more active. Attending the workshop will provide you with practical resources, templates, and game-changing strategies to embed customer journey thinking into your organisation.

Breakout sessions

12:15–13:05

Breakout sessions 12:15–13:05

Session/location	Title and synopsis
Big Debate 2 (BD2) Exhibition Hall	Future of Education – What is the purpose of education in the digital age? <p>This panel debate will explore the impact of the digital age on young people, assessing the threats and opportunities that the digital age presents to young minds.</p> <p>The panel will debate how education can best support young people to shift from survive to thrive, and what needs to change to ensure they are equipped and prepared to lead happy and healthy lives.</p>
E1 Exhibition Hall	Exhibition sponsored by Sports Directory <p>The Youth Sport Trust Exhibition will showcase a wide range of PE, school sport, and wellbeing organisations, providing delegates with excellent networking opportunities and the chance to explore high-quality solutions for schools and educational settings.</p> <p>Featuring over 80 stands and a range of active demonstrations, the exhibition will provide an opportunity to engage directly with staff from the Youth Sport Trust on a wide range of topics. For those looking for a session packed with choice, this is the option for you.</p>
Fringe Wenlock 1	Lead Inclusion Development Coaches <p>This is a closed session for the Youth Sport Trust Lead Inclusion Development Coach network.</p>
Fringe Wenlock 3	PRU/Alternative Provision <p>This is a closed session for the Youth Sport Trust Alternative Provision network.</p>
Fringe Wenlock 4	Set for Success <p>This is a closed session for the Youth Sport Trust Set for Success network.</p>

#YSTConference

Breakout sessions

15:35–16:25

Breakout sessions 15:35–16:25

Session/location	Title and synopsis
Workshop 9 (WS9) Ironbridge 2	Getting it right for girls – how a meaningful offer for girls makes a difference beyond the PE department <p>The evidenced decline of girls' overall happiness levels is a whole-school concern. With girls' enjoyment in PE also in decline, how do we create the right environment in PE that supports girls to thrive in all aspects of their school and wider lives? This panel discusses the challenges and pressures for girls, and the crucial role PE can play in driving positive change.</p>
Workshop 10 (WS10) Ironbridge 1	Beyond the Buzz: The power of a 'trauma-informed approach' in improving behaviour and attendance <p>There is increasing evidence to show the lasting impact of the pandemic and cost of living crisis on anxiety and emotional regulation.</p> <p>So what does a 'trauma-informed approach' mean, and what are the implications for best practice in PE and sport?</p>
Workshop 11 (WS11) Ironbridge 3	Set them up for success: Leveraging sport and leadership interventions to impact whole school improvement for pupils most in need <p>This session will outline a set of principles for using sport and leadership interventions to raise aspirations, improve behaviour and wellbeing, as well as develop employability skills in young people.</p> <p>Developed leveraging learning from some of our key interventions, including The Wimbledon Foundation and Barclays Set for Success programme, the session will provide examples of practice to support struggling students with an opportunity to share their voice and empower them to drive their own change.</p>

Breakout sessions

15:35–16:25

Session/location	Title and synopsis
Big Debate 3 (BD3) Exhibition Hall	Big Debate 3 – Is movement critical for human flourishing? Movement is critical to all forms of human development. In a rapidly changing world that is allowing us to become increasingly sedentary our panel discuss what effects this could have on human flourishing?
E1 Exhibition Hall	Exhibition sponsored by Sports Directory The Youth Sport Trust Exhibition will showcase a wide range of PE, school sport, and wellbeing organisations, providing delegates with excellent networking opportunities and the chance to explore high-quality solutions for schools and educational settings. Featuring over 80 stands and a range of active demonstrations, the exhibition will provide an opportunity to engage directly with staff from the Youth Sport Trust on a wide range of topics. For those looking for a session packed with choice, this is the option for you.

Breakout sessions 15:35–16:25

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Since 2003, Youth Sport Trust has pioneered the use of elite athletes in schools. We now have a compelling evidence base showing how these Athlete Mentors can change young lives.

Working with Youth Sport Trust Athlete Mentors

We deploy some of Britain's most successful world class athletes into primary and secondary schools to deliver bespoke interventions such as assemblies, workshops and master-classes. These interventions can support outcomes including:

- Emotional wellbeing and resilience
- Raising aspirations
- Character development and life skills
- Leadership and employability
- Exam preparation
- Increasing physical activity

Visit us at **stand 4** to learn more

Find out more:
athletecoordinator@youthsporttrust.org
01509 462900

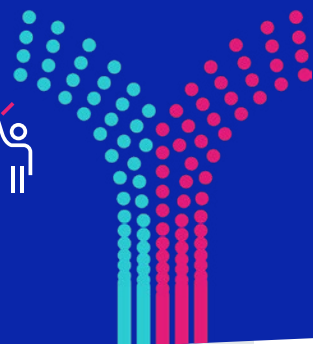
Athletes can also be used to engage parents, support teacher CPD or for In-Service Training (INSET) Days. Our team including Olympic, Paralympic, World Championship and Commonwealth medallists have a wealth of experience in schools using personal stories of struggle and success to inspire young people.



Jeanette Kwakye
British Champion and
Olympic 100m finalist

91%
of teachers reported that students had improved their confidence and self-esteem as a result of a Youth Sport Trust Athlete Mentor programme





PE Life Skills Award

Are you looking for a way to celebrate your students' development through PE?

We have just the thing for you – the PE Life Skills Award

This is the **only** award that recognises and rewards students who have developed life skills through PE.

PE teaches valuable life skills such as resilience, leadership, collaboration, and independence, which can inspire and empower them to excel in all areas of their lives. However, most of this learning can go unnoticed.

This award lets teachers recognise students' learning through assessments in the PE curriculum. It helps students value PE and develop a positive relationship with physical activity for the future.

PE Life Skills Award is suitable for both primary and secondary levels and is accredited by Leadership Skills Foundation.



What you receive

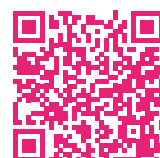
- What you receive annual licence to become an accredited PE Life Skills Award assessment centre
- Training in the assessment process
- Individual pupil learning logs
- An accreditation resource pack which includes learning reports and an achievement wall chart
- Printable Leadership Skill Foundation accredited award certificate

Visit us at **stand 7** to learn more

80%

strongly agreed that they **developed skills for the future**

Find out more and sign up:
www.youthsporttrust.org/pe-life-skills-award or email
pelifekillsaward@youthsporttrust.org

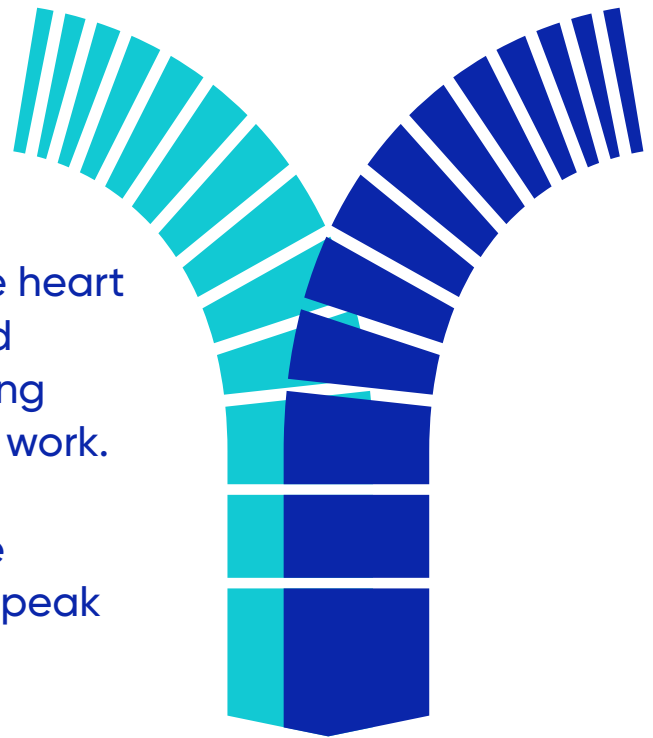




Youth Sport Trust Youth Board

Our Youth Board, positioned at the heart of our organisation, represents and communicates the views of all young people to inform and enhance our work.

Scan the QR code to find out more about who they are or come and speak to them in the exhibition space.



Come and speak to them at **stand 6**





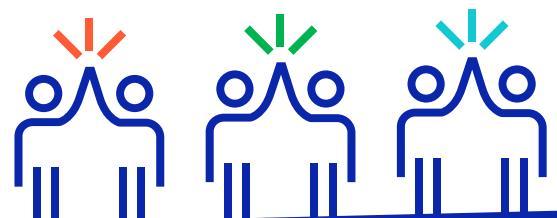
Youth Sport Trust Membership is your gateway to comprehensive support and continuous professional development for PE, school sport and physical activity (PESSPA).

With specialist packages for primary schools, focusing on the requirements of the Primary PE and Sport Premium, specialist practitioner CPD for secondary schools, and tailored support for groups of schools, including Multi-Academy Trusts (MATs). Youth Sport Trust membership is designed to cater to the needs of experienced PE teachers and newcomers alike.

Existing members please come along to the Youth Sport Trust Membership stand to discuss all your member benefits and how you can unlock the most potential from your current package.

Not a member yet? Please come along to our stand to meet the team and find out more about working together.

Visit us at **stand 7**
to learn more



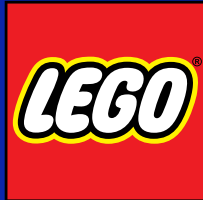
For more information contact
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- Includes **Youth Sport Trust** resources
- **FREE** Membership until 31st October 2025*

*The Annual Membership to Complete PE from 1st November 2025 is £175+vat per year.



A **sustainable**
Physical Education
resource!



www.completepe.com

Visit us on Stand 26



**STAND
21**

School Orienteering & Cross-Curricular Outdoor Learning

The only school orienteering Youth Sport Trust Changemaker Business, and the official partner of The International Orienteering Federation

Bespoke school orienteering packages for EYFS - Key Stage 4, developed to increase physical activity across the curriculum and support teachers to effectively deliver the Outdoor and Adventurous Activities (OAA) element of the PE curriculum.



Custom School Maps



Orienteering Control Marker Sets



Cross-curricular Outdoor Learning Hub



YST Delegate Offer

Visit STAND 21 to win a £3,000 OAA package

Save over £500 on custom school packages





Give them confidence,
resilience
and life skills



Visit stand #29
for a chance to
**WIN A FREE
DAY VISIT**
for your group!

**36% increase in resilience, 23%
increase in psychological wellbeing**
Kingswood Impact Analysis, June 2023

For 40 years, we at Kingswood have been harnessing and refining the power of outdoor adventure education to help young people find their footing.

Our programmes are informed by research in sports pedagogy and adventure education, to ensure they continue to bolster young people with the skills they need to succeed in their academic, professional and personal lives.

sales@kingswood.co.uk



Exhibition



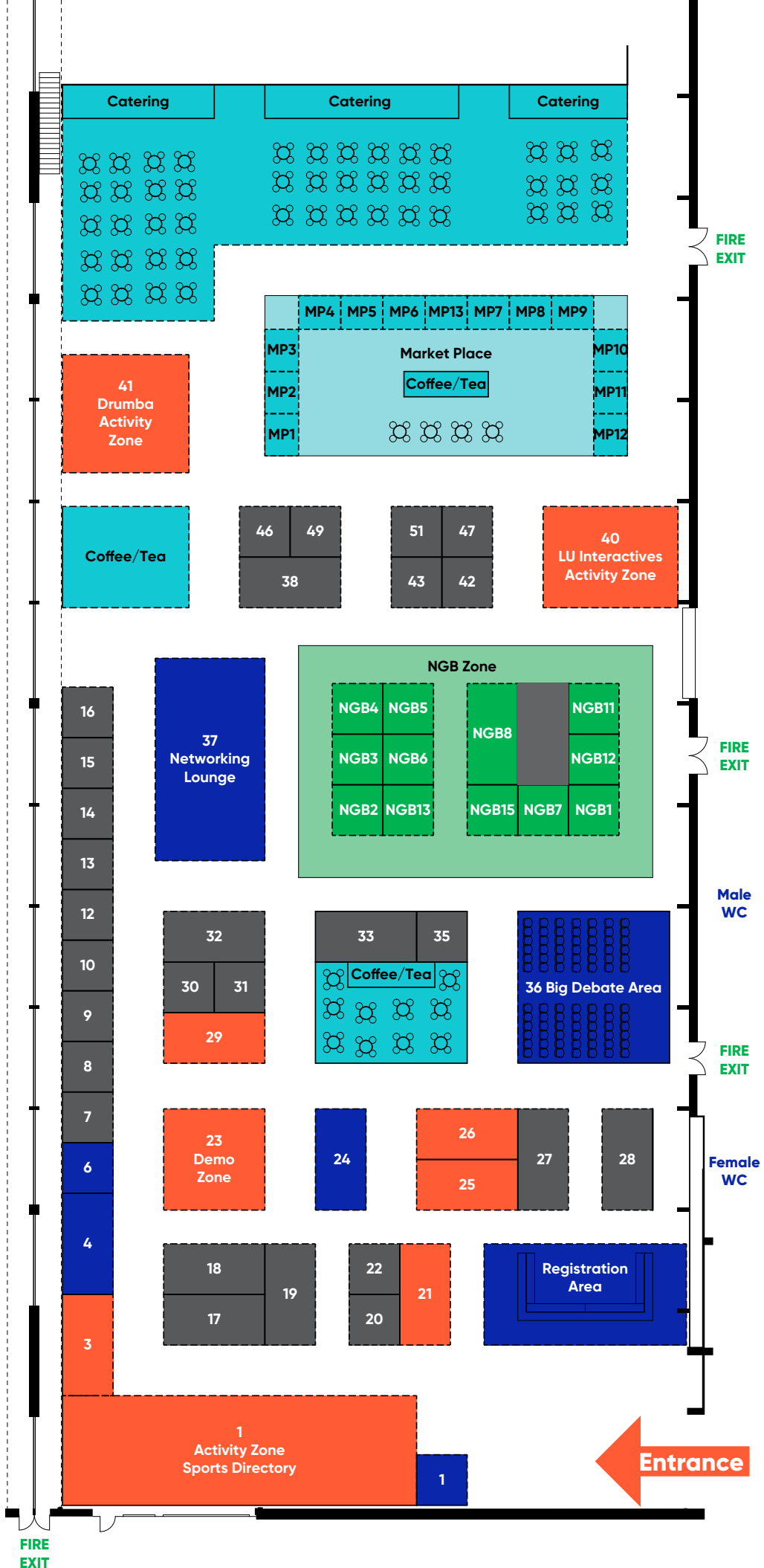
Exhibition

Exhibition sponsor

SPORTS DIRECTORY UK

Exhibition Floor plan

Exhibition



Exhibition

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Swim England	NGB13		
The FA Girls' Football in Schools	NGB1		
The LTA	NGB8		




Exhibition

Demo Zone

TIME	TITLE AND SYNOPSIS
10:50- 11:15	Complete PE and Little Sticks Golf Challenges! Come and have a go at some of the activities contained with our brand-new golf units and extra-curricular content. In partnership with Little Sticks, we have created four progressive and carefully sequenced golf focused units of work that are fully inclusive for all learners.
11:20- 11:50	Mounts Bay – Changing a whole school culture through 'My Personal Best' My Personal Best: Changing school culture and improving attitudes to learning through a whole school approach of teaching life skills and character education. Mount Hawke Academy share their approach.,
12:15- 12:45	Nike Movement Assessment Tool Bridging Gaps in Physical Development. See the Nike/Youth Sport Trust Movement for Sport play kit in action; helping young people engage in physical activity through games based activities.
13:10- 13:40	Net 360: Street Racket Street Racket: Sports provider NET 360 introduces the innovative new sport Street Racket, which is taking schools by storm across Europe and now in North East England. No infrastructure, easy to learn, cross curricular, with over 1,000 games!
13:45- 14:15	Delivering Effective Outdoor and Adventurous Activities (OAA) with School Orienteering and Cross-Curricular Outdoor Learning Enrich Education will provide active and engaging examples of how to deliver effective outdoor and adventurous activities (OAA) through school-based orienteering and cross-curricular outdoor learning. Participants will receive a new and creative resource pack to take away and try out in their setting, along with exclusive discounts on custom-made school packages.
15:35- 16:05	PE Life Skills Award, with Leadership Schools Foundation Hear from the panel about the implementation and impact of the PE Life Skills Award in different educational settings.

Exhibition

Activity Zones

ZONE	TITLE AND SYNOPSIS
<p>Sports Directory</p> 	<p>Immerse yourself in our interactive activity zone, located next to the Sports Directory stand. Explore new sports for your curriculum such as Pickleball, sample innovative products, and put your rally skills to the test for a chance to win yourself a Carlton Table Tennis Table.</p>
<p>Drumba</p> 	<p>Step into Drumba, where music and PE meet to redefine school fitness and wellbeing. Tailored for all year groups, our programs elevate PE and Music standards, empowering educators with new skills through a robust online resources portal. Drumba promotes teamwork, imagination, and expression. Aligned with the National Curriculum, our non-competitive, inclusive approach inspires active and fulfilling lives through the joy of movement and creating music. Join us in our mission to bring Drumba to the forefront of PE.</p>
<p>LU</p> 	<p>Experience LÜ, an interactive projecting system developed to combine learning with physical activity. Thanks to applications allowing you to create your own content and it's multi-purpose capacity, LÜ is the perfect tool for educational and sportive environments.</p>

#YSTConference

Exhibition

Exhibitor listing

5-a-day Fitness

Stand 35

Chantelle Gazzard
07715 64524
chan@5-a-dayfitness.com
www.5-a-day.tv

Increase in-classroom activity with 5-minute fun themed on screen exercise routines and multi-skills into school competition. MFL option for cross-curricular learning. Have fun get fit and learn.

Action Mats

MP

Stand MP10

Jonathan Bhowmick
01462 816907
sales@actionmats.co.uk
www.actionmats.co.uk

Action Mats deliver a unique combination of exercise and play. Printed graphics on individual mats show children of any age and language ability, how to interact.

Bishop Sports and Leisure

Stand 33

Andrew Woodrow
01753 648666
sales@bishopsport.co.uk
www.bishopsport.co.uk

An established supplier of Active Play, P.E. & Sports equipment with a strong reputation for delivering quality products and a positive customer experience.

Boobydoo

MP

Stand MP7

Charly Rhodes
07917 198090
charly@boobydoo.co.uk
www.boobydoo.co.uk

The sports bra experts, here to bring sports bra education and access to quality kit to women and girls in schools and organisations.

Get Set – Path to Paris

Stand 10

Jamie Piggins
0207 8425707
jamie.piggins@teamgb.com
getset.co.uk/pathtoparis

Path to Paris is a virtual journey around the globe for pupils and their families to celebrate the Paris Olympic and Paralympic Games.

British Orienteering

NGB

Stand NGB2

Howard Blackman
07768 334207
Hblackman@britishorienteering.org.uk
www.britishorienteering.org.uk

Orienteering encourages logical thinking, decision making and problem solving alongside physical attributes such as agility and stamina. Developing new skills for life!

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NGB National Governing Body

British Triathlon

NGB

Stand NGB4

Amy Hall
07739 526562
amyhall@britishtriathlon.org
www.britishtriathlon.org

British Triathlon will be exhibiting their Active Skills for Life programme available to schools and community organisations.

CENTURY

Stand 16

Paul Leahy
0800 6126535
info@century.tech
www.century.tech

CENTURY is an online teaching and learning tool. Using AI and the latest research in learning science and neuroscience, it creates constantly adapting personalised pathways for students and powerful intervention data for teachers.

Chance to Shine

Stand 38

Ian Gregory
07450 998843
info@chancetoshine.org
chancetoshine.org

Chance to Shine is an independent children's charity who help young people to play, learn and develop through cricket in state schools and underserved communities.

CHILLZ Yoga and Wellbeing

MP

Stand MP4

Chris Sharman
07734 317117
chris@kidztivity.com
kidztivity.com/programmes/chillz

CHILLZ is a yoga-inspired stretch and relaxation programme for children aged 5-11 years. Linking child development theory and key learning outcomes from the National Curriculum.

Citron Hygiene

Stand 19

Krista Plewes
07719 551876
kplewes@citronhygiene.com
citronhygiene.co.uk

Citron Hygiene provides expert management of your organisation's commitment to period dignity and inclusivity in your washrooms with products and services that support menstruators away from home. We protect your fixtures with solutions that prevent pipe blockages and enhance your brand by ensuring your end-users have an unparalleled experience.

Exhibition

Exhibitor listing

ClassForKids

Stand 12

Rebecca Forsyth
07423 092053
rebecca.forsyth@theaccessgroup.com
<https://clubs.classforkids.co.uk>

ClassForKids is an award-winning kids club booking software. Seamlessly integrate bookings, payments, and register management to focus on your business and achieve your goals effortlessly.

Complete P.E.

SP

Stand 26

David Rock
07762 615425
david@completepe.com
www.completepe.com

Complete PE is an interactive Physical Education resource designed to support the implementation of a high quality Physical Education Curriculum.

Cross-Curricular Orienteering

Stand 28

Will Huntington
01524 907000
contact@
crosscurricularorienteering.co.uk
www.crosscurricularorienteering.co.uk

Our team of qualified teachers provide schools with mapping, installation, and training packages with access to the world's most comprehensive Cross-Curricular Orienteering lesson portal!

Davies Sports

Stand 42

Matt Burton and Jon Bennett
0345 1204515
enquiries@daviessports.co.uk
www.daviessports.co.uk

For over 60 years, Davies Sports has been helping primary, secondary schools, higher education and grassroots clubs make sport a cherished part of people's lives.

DBD Play

MP

Stand MP9

Rachael Webb
01249 470100
rachael@dbdplay.com
www.dbdplay.com

DBD Play specialises in the design and installation of exceptional playgrounds for schools, from Mud Kitchens to Trim Trails, MUGA's to Timber Towers

Dove Self-Esteem Project

Stand MP6

Martin Staniforth
07770 650015
martin@laughingphoenix.com
<https://www.dove.com/uk/dove-self-esteem-project.html>

The world's largest publisher of body confidence education. Visit our stand for a FREE USB loaded with resources, including Body Confident Athletes, created with Nike.

YST Youth Sport Trust

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MP Market Place

NGB National Governing Body

Drumba

Stand 41

Adam Rockley
01949 829285
info@drumba.co.uk
www.drumba.co.uk

Elevating PE and music standards for all year groups. Our non-competitive, inclusive approach, aligned with the National Curriculum, inspires active lives. Join our mission!

England Hockey

NGB

Stand NGB3

Gail Rushton
07540 201081
gail.rushton@englandhockey.co.uk
www.englandhockey.co.uk/schools

England Hockey want to make teacher's lives easier! Come and find out more, and you could even win a modified equipment kitbag for your school.

EdStart Sports Coaching

MP

Stand MP8

Tom Feighan
07359 112559
tom.feighan@edstart.org.uk
www.edstart.org.uk

If you're ready to revolutionise sports education in your school, we've got free and premium packages to fit.

England Netball

NGB

Stand NGB7

Helen Wynn
www.englandnetball.co.uk
www.netballher.co.uk

We lead a movement on and beyond the court upholding an unapologetic focus on women and girls whilst opening up the game for new audiences to belong, flourish and soar.

Educational and Sporting Futures

Stand 49

Jill Eaton
01438 791068
jilleaton1@esfapprenticeships.co.uk
www.educationalandsportingfutures.co.uk

Outstanding Ofsted Training Provider offering suite of bespoke school-based apprenticeships, PE, health and wellbeing, SEND focused Training and support for both experienced and new staff members.

England Rugby

NGB

Stand NGB12

Chris Sigsworth
07872 672648
chrissigsworth@rfu.com
www.englandrugby.com

Come and find us to see how we are able to support you and your students and to see what we have to offer.

Exhibition

Exhibitor listing

Enrich Education

SP

Stand 21

Matthew Vaudrey
01514 891123
matthew@enricheducationuk.com
www.enricheducation.com

Enrich Education specialise in providing creative, innovative services and resources for schools, supporting all young people to be physically active when learning.

GCSE Simplified

MP

Stand MP5

Tony Corcoran
07540 201081
tonycorcoran@gcsesimplified.com
www.gcsesimplified.com

We produce a range of exam board specific revision and workbook materials including GCSE, CNAT, Btec and A level, run staff CPD sessions and student revision workshops.

Get Set 4 Education

Stand 32

Natalie Richardson
0203 4881798
admin@getset4education.co.uk
www.getset4education.co.uk

So much more than a SOW... save time, boost confidence and feel empowered. We've got you; progressive lessons, expertly crafted resources and seamless assessment tools.

Global VX

NGB

Stand NGB15

Dr Paul M Hildreth
07790 351534
pmh@globalvx.org
www.globalvx.org

VX – the best sport you've never heard of! Based on the principles of Honesty, Integrity, Sportsmanship and Respect. Get going in 10 minutes!

Goalball UK

NGB

Stand NGB5

Stephen Newey
07719 520528
stephen.newey@goalballuk.com
www.goalballuk.com

Goalball UK is the NGB of the Paralympic sport of goalball, offering people with a visual impairment a chance to get physically active through the sport.

Golf Foundation

NGB

Stand NGB11

Martin Crowder
01992 449830
martin@golf-foundation.org
www.golf-foundation.org

Unleash Your Drive - our new schools programme that develops mental wellbeing through our 'Mental Toughness Tools' with new Golfway equipment, training, resources and digital content.

YST Youth Sport Trust

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MP Market Place

NGB National Governing Body

Harrod Sport

Stand 51

Kate Pasque
07384 119168
kate@harrod.uk.com
harrodsport.com

Established in 1954, Harrod Sport are the UK's leading sports manufacturer of goals, posts and nets, supplying some of the world's largest sporting events and stadiums.

Leadership Skills Foundation

Stand 8

Lee Greenwood
01908 689221
lgreenwood@leadershipskillsfoundation.org
leadershipskillsfoundation.org

The Leadership Skills Foundation is a prominent awarding organisation dedicated to the development of leadership skills in young people.

Kingswood

SP

Stand 29

Harriet Appleyard
07956 297232
harriet.appleyard@inspiring-learning.com
www.kingswood.co.uk

Providing day-trip and residential adventures that encourage confidence, resilience and life skills for schools and groups of all ages. Explore our programmes and outdoor activity centres across the UK and beyond.

The LEGO Group

SP

Stand 25

Sally Brunton
07703 430334
sally.brunton@LEGO.com
www.lego.com/en-gb/play-unstoppable

The LEGO Group's mission is to inspire and develop the builders of tomorrow through the power of play.

The LTA

NGB

Stand NGB8

Michelle Gray
michelle.gray@lta.org.uk
www.lta.org.uk/schools

LTA Youth Schools is a free cross-curricular programme designed by teachers, for teachers. Complete the online teacher training to receive £250 for your school.

Loughborough Sport

Stand 13

Matt Hanson
M.Hanson@lboro.ac.uk
lboro.ac.uk/sport

We are the number one university in the world for sports related subjects and provide life shaping experiences for student-athletes from participation through to performance.

Exhibition

Exhibitor listing

Idema UK

Stand 40

Olivier Peyffers
07498 152541
olivier.peyffers@idema.com
www.idema.uk

Come and try out our LÜ interactive playground at our activity stand. This versatile tool that combines learning with physical activity is the perfect asset to get our less sporty children active!

Max Whitlock Gymnastics

Stand 18

Leah Whitlock
info@maxwhitlockgymnastics.co.uk
www.maxwhitlockgymnastics.co.uk

Remove fears and explore our gymnastics online resources and CPD training, created by triple Olympic champion Max Whitlock OBE, specifically for primary school teachers.

NET 360

MP

Stand MP2

Emily James
07793 762879
hello@net360cic.uk
www.net360cic.uk

NET 360 introduces Street Racket - the innovative new sport taking Europe by storm! No infrastructure, easy to learn, cross curricular, with over 1,000 games!

Notts Sport

Stand 31

Mark Wood
01455 883730
markw@nottssport.com
www.nottssport.com

Notts Sport has developed an enviable reputation for quality sports pitches with an impressive portfolio of clients including, sporting bodies, clubs, schools and local authorities.

OCR

Stand 17

Joanna Ball
01223 553998
Joanna.ball@ocr.org.uk
www.ocr.org.uk/sport

OCR is a leading UK awarding body providing general and vocational qualifications to help students achieve their full potential. As part of Cambridge University Press and Assessment, a department of the University of Cambridge, we have access to unrivalled expertise and research across assessment and examinations.

Pearson

Stand 22

Kathryn Dixon
kathryn.dixon1@pearson.com
qualifications.pearson.com

At Pearson, we add life to a lifetime of learning. Our BTECs allow your learners to gain hands-on experience helping you empower them for success.

YST Youth Sport Trust

SP Sponsor

MP Market Place

NGB National Governing Body

PE Pro

Stand 14

Karen Ross
admin@peproapp.com
www.peproapp.com

An immersive curriculum based digital resource designed to elevate the teaching and learning experience, inspiring children through the power of primary school physical education.

PE Scholar

Stand 20

Dr Liz Durden-Myers
07525 215749
liz@pescholar.com
www.pescholar.com

Helping physical education thrive. Outstanding resources, expert-led courses, bridging the gap between theory and practice.

ProSport Direct Ltd

Stand 47

Trevor Adams
0345 0344161
sales@prosportmedals.co.uk
prosportmedals.co.uk

Supplier of Sports and Achievement Awards, throughout the UK and Ireland. Offering personalised and bespoke products at competitive prices.

The Primary Gymnastics Scheme of Work

Stand 43

Ryan Bradley
07707 081354
ryan.bradley@rbgymandsport.co.uk
www.theprimarygymnasticsacademy.co.uk

The Primary Gymnastics Academy, are leading experts in primary gymnastics education. Our comprehensive programme empowers teachers to deliver a progressive gymnastics curriculum, every lesson.

Rounders England

NGB

Stand NGB6

Becky Service
0114 248 0357
enquiries@roundersengland.co.uk
roundersengland.co.uk

Free resources for schools online and national schools competitions. Coaching and umpire online courses available for schools alongside an online shop for rounders equipment.

Skip2Bfit

MP

Stand MP1

John McCormack
01843 603020
info@skip2bfit.com
www.skip2bfit.com

Skip2Bfit skipping workshops and Box2Bfit workshops offer improved participation in PE and competitions, helping schools achieve their 60 Active Minutes, using counting skipping ropes and our new webapp.

Exhibition

Exhibitor listing

Special Olympics GB

MP

Stand MP13

Angela Lydon
07951 400121
angela.lydon@sogb.org.uk
www.specialolympicsgb.org.uk

Special Olympics Great Britain, improving the lives of people with intellectual disabilities by harnessing the power of sport. The Motor Activities Training Programme is the Special Olympics sport for athletes with Profound and Multiple Learning and Physical Disabilities and Complex Support Needs.

Sports Direct/ National School Sports Week

YST

Stand 1

Amy Dunne
01509 462900
amy.dunne@youthsporttrust.org
www.youthsporttrust.org

Join us for the return of National School Sports Week powered by Sports Direct's Monster Kickabout. Shaping the future through 60 minutes a day of PE, sport and play!

Sports Directory

SP

Stand 3

Adam Tibbals
01322 311233
adam@sportsdirectory.com
www.sportsdirectory.com

Sports Directory is the leading supplier of sports equipment to schools. Specialists in education, our goal is to help young people thrive in physical education.

SportSmart (Podium Analytics)

Stand 30

Stephen Jones
07968 194829
stephen.jones@podiumanalytics.org
podiumanalytics.org/sportsmart

The free SportSmart app helps put students welfare at the heart your decision-making, with injury management, Head Injury Assessments and guided return to play.

Sure Breaking Limits Programme

MP

Stand MP12

Jess Watson
07456 533260
jess.watson@wearefutures.com
<https://nationalschoolpartnership.com/initiatives/sblp-y2-pri>
<https://nationalschoolpartnership.com/initiatives/sblp-y2-sec>

The Sure Breaking Limits Programme includes free resources designed to give students ages 9-14 the confidence to move, regardless of gender, race or ability.

Swim England

NGB

Stand NGB13

Lorna Goldie
07581 029683
lorna.goldie@swimming.org
Swimming.org

Swim England School Swimming Team are available to answer any of your school swimming and water safety related questions.

YST Youth Sport Trust

SP Sponsor

MP Market Place

NGB National Governing Body

Teach Active

Stand 27

Jon Smedley
01244 735110
jon@teachactive.org
www.teachactive.org

Teach Active is a multi-award winning resource that provides schools and teachers with over 3500+ lesson plans and resources designed to deliver the Maths and English curriculum through physically active learning.

The FA Girls' Football in Schools **NGB**

Stand NGB1

Youth Sport Trust Girls' Football
01509 462900
fagirls@youthsporttrust.org
www.girlsfootballinschools.org

Find out more about developing girls' football in schools and how to access free CPD, resources and support through England Football and the Youth Sport Trust.

UCFB (University College of Football Business) **MP**

Stand MP3

Claire Fairhurst
07551 122697
c.fairhurst@ucfb.ac.uk
www.ucfb.ac.uk

UCFB is dedicated to the delivery of ground-breaking undergraduate degree programmes in the football and sports industry.

Versus Arthritis

Stand 9

Lucy Willets
l.willets@versusarthritis.org
www.versusarthritis.org

Versus Arthritis is the UK's largest arthritis charity, changing lives through research, campaigning and support.

Ygam

Stand 46

Jack Hill
07495 546686
jackhill@ygam.org
www.ygam.org

Ygam is a UK-based education charity with a vision that every child and young person is resilient to, and safeguarded against, gaming and gambling harms.

YHA School Trips

Stand 15

Mike Sabin
01629 592700
groups@yha.org.uk
www.yha.org.uk/group-bookings

With over 90 years of experience and a network of centres throughout England and Wales, YHA provides a range of exciting educational and activity trips.

Exhibition

Exhibitor listing

youHQ

MP

Stand MP11

Jon Ford
0330 1332699
jon@lifeontime.co.uk
www.youhq.co.uk

Highlight those in need. Inspire everyone to succeed. youHQ is the market leading school wellbeing app that helps students and teachers flourish together.

Youth Sport Trust Athlete Mentors

YST

Stand 4

Shaun Marsden-Heathcote
07826 552383
shaun.marsden-heathcote@youthsporttrust.org
www.youthsporttrust.org/our-athlete-mentors

Since 2003 the Youth Sport Trust has pioneered the inspirational use of elite athletes developing a compelling evidence base for the impact Athlete Mentor programmes have on changing lives.

Youth Sport Trust Membership

YST

Stand 7

Youth Sport Trust Membership
01509 462900
membership@youthsporttrust.org
www.youthsporttrust.org

Access to comprehensive support and professional development for PE, school sport and physical activity. Youth Sport Trust Membership supports the needs of all PE teachers.

Youth Sport Trust Support Us

YST

Stand 24

Helen Pearce
helen.pearce@youthsporttrust.org
www.youthsporttrust.org/join-us/fundraising

Talk to us about ways to support our work. Get involved in Sports Star Friday, sign up for a fundraising challenge and purchase supporters merchandise.

Youth Sport Trust Youth Board

YST

Stand 6

Hazel Williamson
07590 440220
hazel.williamson@youthsporttrust.org
www.youthsporttrust.org/our-youth-board

The Youth Sport Trust Youth Board aims to inform and enhance the charity's work. Come and speak with us.



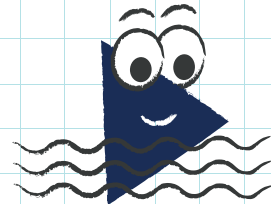
Giving every child the confidence to experience swim, bike, run.

Active Skills for Life uses swim, bike, run to combine playing and learning to teach children aged 7-14 essential skills that can be used in all aspects of life.

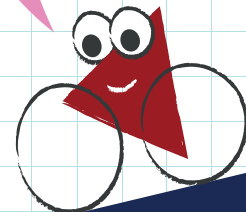
Promoting community and class-based activity, the programme gives children of all abilities the encouragement, skills, confidence and opportunities to live active and healthy lives through active play.

Active Skills for Life resources offer a unique blend of playfulness and educational depth. The resources are carefully crafted to complement the National Curriculum, making it easier for educators to seamlessly integrate active play into their teaching plans.

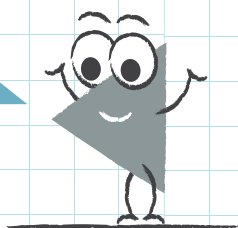
Interested in Active Skills for Life? Contact us via email: activeskillsforlife@britishtriathlon.org



Visit us at Stand 4 in the NGB Zone



Scan this QR code to go to our website



POWERED BY



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HYGIENE



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- ✓ Join our commitment to sustainably made menstrual hygiene products



SUPPORTING



**YOUTH
SPORT
TRUST**

**Proud partners of
Youth Sport Trust**

For every 10 period products
purchased, 1 is donated to
Girls Active programs across the UK



*scan here to find out more about
the Aunt Flow donation program*

citronhygiene.co.uk



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250
INSTRUCTORS
NATIONWIDE AND
GROWING



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GO PLAY

Barclays Game On – GO Play supports schools to set up an extra-curricular football offer for girls in key stage 3 via a fantastic week by week resource pack!

Barclays Game On – GO Play resource packs include nine ready-made and easy to follow session plans, a menu of game cards, top tips for delivering sessions to meet all your girls needs and more! All of the activities, games and practises in the pack have been designed specifically to engage girls aged 12-14 whether they are a regular player or brand new to football!

We know one of the biggest challenges for schools in terms of extracurricular girls football provision is a lack of staff time. **The Barclays Game On – GO Play** session plans provide ready-made, simple and clear content to minimise planning and preparation time for teachers, as well as provide confidence to those teachers who feel they lack football specific expertise.

Packs include:

- Nine week by week session plans
- 11 brand new game cards
- Top tips for scaffolding sessions
- Barclays Game On – GO Play folder
- Teacher start up guide



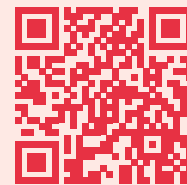
REGISTER FOR THE FREE BARCLAYS GAME ON – GO PLAY RESOURCE



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Unlock the potential of gymnastics in your primary school with our expertly crafted Gymnastics Scheme of Work. Developed by primary gymnastics experts, our scheme is designed to support teachers deliver a progressive, safe and exciting gymnastics curriculum.



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12 Lessons per Year Group: From Year 1 to Year 6, our scheme offers a structured gymnastics programme for every age.

Accompanying Lesson Video Resources: Guiding teachers through every lesson with visuals, videos, and detailed teaching points.

Expert Instruction: Crafted by primary gymnastics experts for optimal skill acquisition.

Differentiation Tasks: Illustrated with parachute and rocket icons, activities are tailored to challenge and engage all pupils.

Online Portal: Access all lesson plans and resources conveniently in one place, featuring one click downloads and printable lesson plans for effortless implementation.



Ready to elevate your school's gymnastics programme?

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Put player welfare at the heart of your decision-making with injury management, head injury assessments and a centralised view of injury across all clubs and schools.



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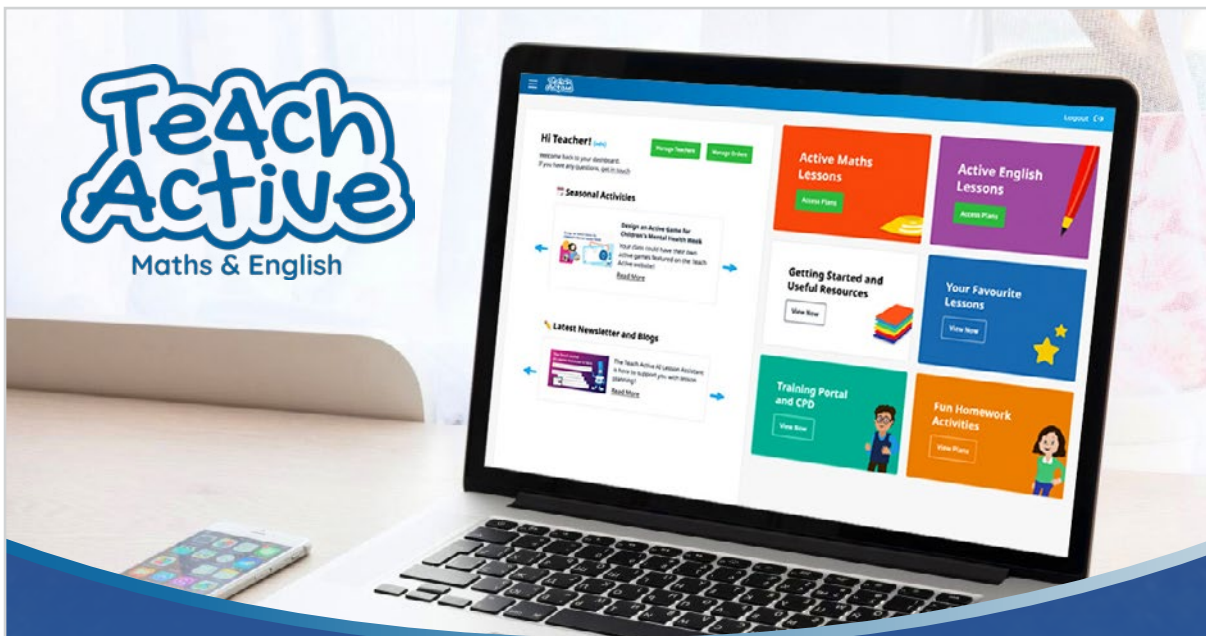
- On-the-go injury management
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- Insights into injury trends
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to find out more...and
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Delivered by Podium Analytics, the charity that is working to reduce injury in youth and grassroots sport.

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Jon Smedley, Founder, Teach Active



Come and say hello

Stand 27

Visit the website



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Assessment data



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SUPPORTING



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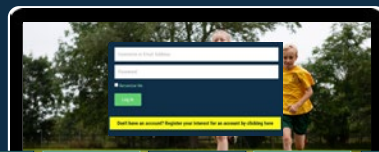
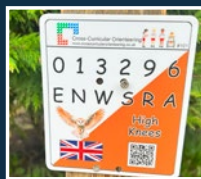


Cross-Curricular Orienteering

“Making learning active across the curriculum!”

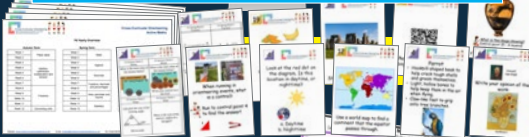


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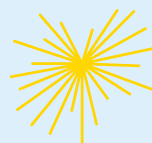
Maths matched to White Rose progression



Website

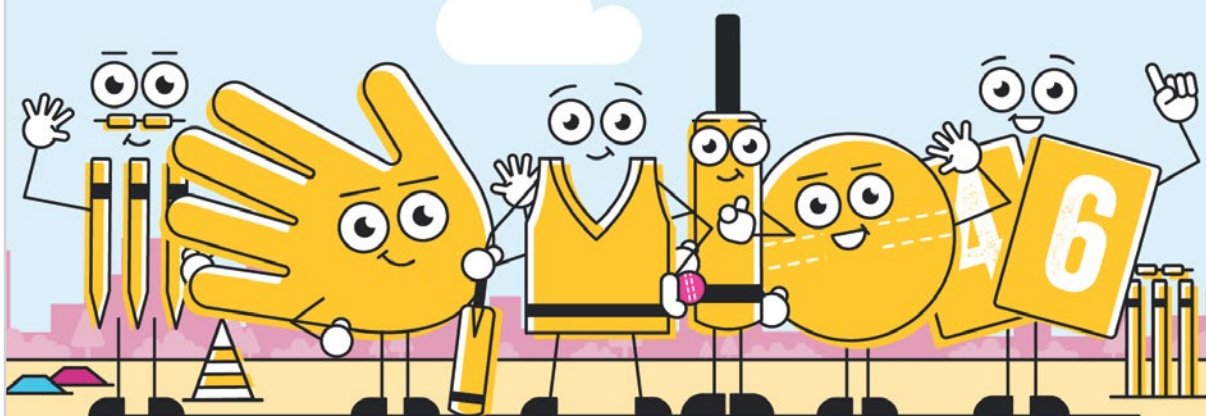


- ✓ Our team of qualified teachers provide schools with mapping, installation and training packages with access to the world's most comprehensive Cross-Curricular Orienteering lesson portal!
- ✓ Make OOA a strength of PE, delivering sequenced orienteering in PE lessons, following a progression of skills!
- ✓ Supercharge active learning across the curriculum, delivering the recommended 30 active minutes a day!



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ENGLAND HOCKEY



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Join the Path to Paris



To celebrate the **Paris Olympic and Paralympic Games in 2024**, **Team GB** and **ParalympicsGB** are inviting you on a virtual journey to Paris!

Primary schools, community groups and sports clubs can create teams of young people and challenge them to get active in the run up to the Games. By logging their active minutes online, they will be able to see their team progress on a virtual journey around the world – and be in with a chance to win sports equipment for their team!

The journey provides opportunities for young people to meet **Team GB** and **ParalympicsGB athletes** and learn about new sports and different countries.

Head over to Stand 10 to get signed up and **meet** ParalympicsGB Gold and Silver medallist Lauren Steadman!



getset.co.uk/pathtoparis

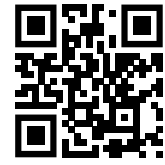
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YOUTH SPORT TRUST | GIRLS ACTIVE

Have your say in the Youth Sport Trust's Girls Active Survey

The Girls Active Survey supports schools in England to gain insights into students' participation levels, attitudes, motivations, and barriers to involvement.

Schools can register to contribute between **10 May** and **21 June 2024**. Participating schools will receive a School Insight Report based on the collated responses of students in your school.

If you are interested in taking part, please register by Friday 3 May.

Visit the link below or scan the QR code
www.youthsporttrust.org/girls-active-survey

Notes



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