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Lidl Sport For Good Mental Health Athlete Mentorship Programme Guidance Document

What will Schools get from being involved?

Resources	E-Learning Packages	National Training	Regional Training	Local Training	Funding	Other
Υ	N	N	N	Y	N	Υ

Who is eligible to run this programme?

25 identified Secondary schools from across Northern Ireland – competition winners only

Challenges addressed through the programme

- Declining emotional wellbeing and resilience
- Developing character traits, life skills and leadership/employability in young people
- Tackling inactivity and physical wellbeing

Outcomes and impact

For the School/Deliverer

- Healthier and happier young people
- Increased school engagement
- Improved achievement
- Increased leadership (employability) skills

For the Young People

- Improved mental wellbeing (reduced stress and anxiety)
- Improved physical wellbeing
- Increased physical activity levels
- Developed life skills

What are the expectations for delivery by schools?

The following expectations for Schools are as follows:

- 1 Lead Person within the school (adult in school) to implement the project and ensure it aligns strategically with school priorities and implement the project (suggest either PE lead and or Health & Wellbeing lead).
- 15-30 Mental Health Champions (student mentors) in every school (suggested years 10-13). Suggest 15, no more than 30.
- Implement project intervention(s) through physical activity and wellbeing project with the student mentors working across school with pupils with low/moderate mental health issues (secondary age pupils)
- Support for accessing resources across the school
- Access and identify the schools equipment needs using a voucher provided by Lidl of £1,000 to purchase sports/activity equipment for school/pupil benefit. Note: the Lead Person's contact details will be shared with the equipment supplier and Lidl for the purpose of claiming the voucher/purchasing and delivering the equipment.
- Video/vox pop short stories (30- 90 seconds long) to capture impact and feedback from lead teacher and pupils throughout the programme.
- Provide monitoring and evaluation feedback during the project including feedback on teachers trained and pupils engaged/ demographics and impact statements. This will also include providing case study information.

What support will schools receive from Youth Sport Trust?

- Athlete mentor visits, 2 days in school (face to face), to support mentoring and embedding behaviours
- Support in setting up the project through teacher resource (how to guide)
- Targeted workshops student mentors and peer-to-peer group.
- Access to innovative new resources developed to support the project implementation and delivery
- Access to a £1,000 equipment voucher (provided by Lidl)

Contact Details

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Development Manager

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Terms and Conditions for Schools

GENERAL

- These terms and conditions apply to the delivery of any programme ("the Programme") by a school ("the School") on behalf of Youth Sport Trust ("YST").
- 2. The School is deemed to have accepted these terms and conditions upon submission of an application or expression of interest to deliver the Programme.
- 3. Programmes may be subject to funding confirmation and therefore, there is no guarantee that the Programme will proceed.
- 4. The School will receive written confirmation from YST that they have been selected and approved to deliver the Programme. Selection decisions made by YST are final.

DELIVERY

- 5. Following confirmation of selection, the School shall comply with the expectations as set out in the Programme Guidance Document ("PGD"), including taking part in any research or evaluation of the Programme.
- 6. Where YST membership is a requirement for the School in relation to the delivery of the Programme, the School shall ensure that the membership fee is paid before any delivery commences.

FUNDING

- 7. Where applicable to the Programme, payment of funding will be subject to the achievement of key milestones and deliverables, as set out in the PGD.
- 8. At the end of the delivery, YST reserves the right to reclaim a percentage of any payments made, in proportion to any key milestones and deliverables not achieved by the School.
- 9 YST reserves the right to complete an onsite audit of the School, if the School:
 - a. is in (indirect) receipt of public funds through any of the monies paid to the School by YST; or
 - b. is in receipt of a total income from YST of more than £20,000 within a 12-month period; or
 - c. fails to submit reporting in compliance with the requirements of the Programme, as set out in the PGD.

SAFEGUARDING, EQUALITY, DIVERSITY AND INCLUSION

10. The School agrees to abide by the standards and principles of safeguarding good practice and the YST's Safeguarding Policy, details of which and associated guidance can be found here: www.youthsporttrust.org/safeguarding

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11. The School agrees to deliver the Programme in a fair, equitable and inclusive manner, with dignity and respect, and comply with the YST's Equality & Diversity and Trans & Non-Binary Inclusion policies, which can be found here: www.youthsporttrust.org/equality-and-diversity.

INTELLECTUAL PROPERTY RIGHTS

"Intellectual Property" means mean all intellectual property rights, including (without limitation) patents, trade marks, service marks, trade or business names, goodwill, confidential information, database rights, rights in designs, copyrights, moral rights, and all inventions, know-how, and all similar and analogous rights, in each case whether registered or unregistered.

- 12. All and any use or application of the brand, association and goodwill comprised in the words "Youth Sport Trust" and any YST owned trademarks and logos by the School shall be strictly in accordance with the YST's brand guidelines, a copy of which is available on request.
- 13. All Intellectual Property Rights in the content of the Programme and any related resources and materials are owned by YST (or licenced for use by YST) and, in delivering the Programme, the School will not obtain any rights whatsoever in such content, resources and materials.
- 14. The School shall not reproduce, use or distribute (including electronically) any Programme-related Intellectual Property, including but not limited to Programme content, resources and materials, other than for the sole purpose of delivery of the Programme.

DATA PROTECTION

"Data Protection Legislation" means all applicable data protection and privacy legislation in force from time to time in the UK including the Data Protection Act 2018; the UK GDPR (as defined in the Data Protection Act 2018); the Privacy and Electronic Communications Directive 2002/58/EC (as it has effect in the United Kingdom from time to time) and the Privacy and Electronic Communications Regulations 2003 (SI 2003/2426) as amended.

- 15. Neither party shall provide any personal data to the other party in connection with the Programme delivery, and, to the extent that the School processes personal data in connection with this Agreement, it acknowledges that it does so as an independent controller and shall comply with Data Protection Legislation.
- 16. During the course of the Programme delivery the YST may process personal data relating to School personnel. the School shall ensure that it makes such Personnel aware of the YST's privacy policy, which is available at: www.youthsporttrust.org/privacy-policy.

LIABILITY

- 17. In no event shall YST be liable to the School for: loss of profits; loss of business; depletion of goodwill or similar losses; loss of anticipated savings; loss of goods; loss of use; loss or corruption of data or information; any special, indirect, consequential or pure economic loss, costs, damages, charges or expenses.
- 18. Subject to clause 19 below, YST's entire liability to the School arising out of or in connection with these terms and conditions, regardless of the cause of action or legal liability, shall not exceed 100% of the Programme-related funding paid by YST to the School.
- 19. Nothing in this Agreement shall limit or exclude the liability of YST or the School for: death or personal injury resulting from negligence; fraud; or fraudulent misrepresentation.

FORCE MAJEURE

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- 20. YST or the School will not be liable for any failure or delay in the delivery of the Programme, which is caused by circumstances beyond its reasonable control.
- 21. Where such circumstances occur, Programme delivery obligations will be suspended for so long as such circumstances continue, or the Programme may be cancelled, in which case the School will be notified by YST.

DISPUTES

22. If any dispute shall arise out of or in connection with these terms and conditions, YST and the School agree to discuss such in good faith.