

STEP for staff



If children do not have **SMILES**,
STEP in to adapt the activities.

S	Space	Where it is happening.
T	Task	How it is happening.
E	Equipment	What is being used.
P	People	Who is doing what.

You can...

- make the same change for the whole group
- make one or more changes for one child
- make different changes for different children.

Practical examples



Space

You can change...

Size	Wider or narrower area, smaller or larger targets
Shape	Stand in circle or lines, play in a square or rectangle
Distance	Nearer or farther targets, longer or shorter lengths
Height	Higher or lower nets, under or over obstacles
Markings	Spacing of markers, colour of lines, tactile lines
Zones	Safe areas, movement channels, throwing wedges



Task

You can change...

Methods	Roll, throw, kick or bat a ball; walk, run, jump or hop
Rules	Bounce once before catch, pass to every teammate
Scoring	2 points for a goal, start with a handicap (like golf)
Tactics	Who aims at which targets, change order of runners
Time	Longer or shorter time, no time limit, time penalties
Speed	Change 'gears' instead of saying walk, jog, sprint



Equipment

You can change...

Type	Ball, balloon or bean bag; cricket or rounders bat
Size	Larger or smaller, longer or shorter, bigger surface
Weight	Heavier or lighter, carry extra weight
Texture	Soft or hard, smooth or rough, flexible or inflexible
Colour	Contrast with surroundings, focus on specific objects
Amount	With or without, number per person or team



Equipment

You can change...

Support	Independently, with guidance, with practical help
Group size	Individual, pair or team, different size teams (e.g. 3v4)
Group mix	Same or mixed ability, same or mixed sex, same goals
Group choices	Random, organised by leader, players choose own
Personal goals	Compete or cooperate, tackle challenges, just play
Roles	Player, buddy, captain, coach, official, cheerleader

