



#Together

SNAKES AND LADDERS

- Choose an object as your playing piece.
- Roll the dice, move your piece and complete the task.
- The first player to reach the top of the board is the winner!



91 RUN ON THE SPOT FOR 20 SECONDS	92	93	94	95	96	97 PERFORM A 2 FEET TO 1 FOOT JUMP	98	99	100 WINNER
81	82	83	84	85	86	87	88	89	90 RUN ON THE SPOT FOR 20 SECONDS
71	72	73	74	75	76 PERFORM A 2 FEET TO 1 FOOT JUMP	77	78	79	80
61	62 PERFORM 10 SIT UPS	63	64	65 PERFORM 5 PUSH UPS	66	67	68 PERFORM A 2 FEET TO 2 FEET JUMP	69	70 RUN ON THE SPOT FOR 20 SECONDS
51	52	53	54	55	56 PERFORM 10 SIT UPS	57	58	59 HOLD A BALANCE FOR 10 SECONDS	60
41	42	43 PERFORM A 2 FEET TO 1 FOOT JUMP	44	45	46	47	48	49	50
31 PERFORM 5 PUSH UPS	32	33 PERFORM A 2 FEET TO 2 FEET JUMP	34	35	36	37 PERFORM A 2 FEET TO 1 FOOT JUMP	38	39	40 RUN ON THE SPOT FOR 20 SECONDS
21	22	23	24	25 PERFORM 5 STAR JUMPS	26	27	28	29	30
11	12	13 HOLD A BALANCE FOR 10 SECONDS	14	15	16	17	18	19	20 RUN ON THE SPOT FOR 20 SECONDS
1	2	3	4	5	6	7 PERFORM 5 STAR JUMPS	8	9	10 PERFORM A 2 FEET TO 2 FEET JUMP