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School Sport and Activity
Sector Partnership



www.youthsporttrust.org/SSASP

Showcase the value and importance of multi-skill and multi-sport approaches to all education settings (primary, secondary, special schools and alternative provisions) in developing positive relationships with movement.



School Games Formats



Choosing your activities

When choosing activities to include in your multi-skill festivals consider the following questions to help you make your decision:

1. Are the activities appropriate for the age and stage development of the children the festival is aimed at?

HINT/TIP

Why not plan and theme your festival stations around developing different fundamental skills as the children work their way around?

Multi-skills are designed to be non-sport-specific activities that focus on the development of a young person based on the age and stage of their development. During primary school, children develop at widely different rates, however there are several key fundamental skills that should be the focus of their development.

2. How do children achieve success?

HINT/TIP

Consider how you are rewarding children across your festival. Ensuring you have a scoring system in place that recognises the effort levels and amount of improvement achieved by a young person is key to ensure a fair competition.

The activities should be designed in a way that children are taking part to achieve their personal best. This means that they are not competing against others to be the best or achieve the highest score, they are looking to improve on their individual performance and score.

3. Can children access the activities outside of the festival?

HINT/TIP

Think about the equipment that is "needed" for the activities to take place. Using everyday available items removes barriers for children to practice at home or back at school.

Choosing and designing activities that can be practiced by children in any setting such as in school or at home ensures that they can continue to remain physically active outside of the hours of the festival. This can also reduce anxiety levels for children having the option to practice the activities before they arrive at your festival.

4. Are your activities inclusive for all children?

HINT/TIP

Always ensure that there are 'options' available for your activities. Using the STEP principle is a great way to make activities harder or easier.

Ensuring that all children can play and compete together creates an inclusive competition, whereby all children can interact together. By creating activities that are personal challenges, this allows success to be measured against a child's level of improvement, ensuring that all children can compete on a level playing field.

5. How fun are the activities?

HINT/TIP

If you're not sure about what children are interested in, you can always get children to generate ideas themselves for your activities by involving young leaders or school sport organising crews.

Theming your festivals around things that capture the imagination of children can really help engage children within your festival. It will also increase the chance of children practicing the skills at home or back at school e.g. having a pirate festival and linking all the activities to pirates.

Partner involvement

Pentathlon GB
British Orienteering
Ultimate Frisbee UK
Badminton England
Goalball UK
England Hockey
British Judo
Archery GB
England Rugby

Table Tennis England
Baseball Softball UK
Basketball England
Special Olympics
Squash England
Chance to Shine
Rounders England
England and Wales Cricket



MSC

MULTISPORT CLUB



Why?

- Single sport offer.
- Competition focused.
- October half term drop out.

The Journey so far.

- Phase 1: Co-design phase with 5 schools focusing on brand, activity and structure.
- Phase 2: Direct delivery to young leaders at a national camp, 6 NGBs involved. Testing of a digital platform for young leaders and teachers.
- Phase 3: Cascade training to teachers in 5 areas to 29 schools.





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