

# Extra-curricular school sport opportunities (secondary)

## How engaging and varied is the provision in your school?

Young people are motivated to engage in sport and physical activity for many different reasons. Have you every considered why young people might want to attend, and as a result:

Q Who is best to coach/deliver the sessions? Q What is the purpose of each session?



Motivated to compete



Motivated to participate



Motivated for health

Coached by 'specialist'

Technical/tactical progression

Involves selection

Appropriate competition

Inter School Focus

Coached by 'enthusiast'

Young Leaders/coaches

Maximum participation

Fun and friendship

Intra School Focus

Activator/leader (potential non-PE Specialist)

Breadth of activity

Fun and fitness focus

Personal best

**EVERY CHILD ACCESSES PHYSICAL EDUCATION**

## Q How could provision vary across the year groups?

| YEAR | % of extra-curricular provision per year group allocated to young people motivated by different types of sport/physical activity |              |       |       |
|------|--|--------------|-------|-------|
| 7    | Dark Orange  | Light Orange | White | White |
| 8    | Dark Orange  | Light Orange | White | White |
| 9    | Dark Orange  | Light Orange | White | White |
| 10   | Dark Orange  | Light Orange | White | White |
| 11   | Dark Orange  | Light Orange | White | White |
| 12   | Dark Orange  | Light Orange | White | White |

Power of enrichment



YOUTH SPORT TRUST

MEMBERSHIP