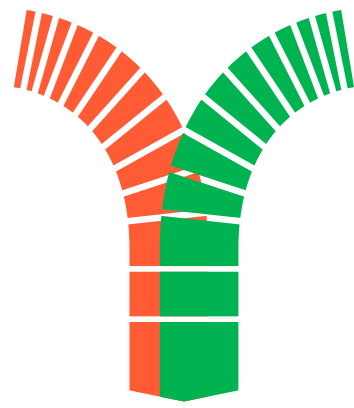


# Power of Enrichment

(school sport edition)



Ensuring every child can access activities and experiences that help them discover their passion, purpose and place in the world; contributing to happier, healthier and more resilient young people.

## How do we know it's working?

- Pupils show greater confidence, sense of belonging and overall wellbeing
- Improved attendance and engagement in learning from pupils
- Wider skills for life are evident, such as teamwork, leadership, creativity, problem-solving and resilience
- Improved positive relationships between pupils and staff
- Schools regularly review and adapt to make sure the enrichment offer is inclusive, high-quality and impactful for all pupils.

## Underpinning principles:

- ✓ Structured enrichment offer
- ✓ Pupil and staff voice
- ✓ Broad and balanced offer
- ✓ Linked to wider school priorities
- ✓ Targeted in approach
- ✓ External partnerships
- ✓ Clear outcomes
- ✓ Continuous improvement

The next page features a poster you can display at school to help remind everyone of the Power of Enrichment. It's designed to guide understanding and action, moving from why this matters, to how enrichment works, and finally, to what it looks like in practice.

**Why this matters**



**The 'How'**



**The 'What'**



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(school sport edition)



## Why this Matters



Enrichment is broad and intentional.

It's about creating purposeful positive experiences for all young people which can:



**Benefit their wellbeing and mental health**



**Build belonging** - creating friendships, identity and pride in school



**Increase engagement** - making school a place they love to attend



**Maximise potential** - offering new opportunities, broadening horizons and levelling up life chances



**Be fun and joyful!**



## The 'How'



**Holistically** - consider music, dance, arts as well as sport



**Targeted** (i.e. Girls, Least active, pupil premium, SEND)



Devolved responsibility (Captains/**Peer Leadership**)



**Planned** - Before school, breaktimes, lunchtimes and after school, aligned to curriculum



Informed and co-created through **youth voice** (from a range of pupils)



**Physical Literacy** - providing pupils with opportunities to think, feel and connect



A range of staff are engaged (i.e Heads of Year, pastoral and subject leads)

## The 'What'



Youth-led multi sport clubs



PE Life Skills Award



Linking with community clubs



Intra-school competitions



Youth leadership, coaching and volunteering



Major event spectating



Sport tours



Duke of Edinburgh Award



Athlete Role Models



Inter-school festivals



Celebration events



Inter-school competitions



Clubs