

BREAKING BOUNDARIES

COMMUNITY CHAMPION HANDBOOK



@bboundariesuk #breakingboundaries



YOUTH
SPORT
TRUST

Sporting Equals
Promoting ethnic diversity in sport & physical activity



BREAKING BOUNDARIES PROJECT OVERVIEW

Breaking Boundaries is a three-year programme (2018 –2021) funded by Spirit of 2012, supported by the England and Wales Cricket Board (ECB) and The Institute of Community Cohesion (Icoco).

It aims to socially connect young people, their families and communities together through regular cricket engagement, fostering mutual respect, trust and friendships by playing, spectating and volunteering.

It is being delivered in 5 cities; Bradford, Birmingham, London (Barking and Dagenham), Manchester and Slough.

THE PROJECT AIMS TO USE CRICKET AS A TOOL TO:

Improve social
connectedness and
attitudes to diversity

Increase
empowerment and
community voice

Increase community
participation and
sense of belonging

Improve partnership
working

Improve knowledge
and skills to
support community
cohesion

Improve wellbeing

THIS HANDBOOK BELONGS TO

NAME:

.....

COMMUNITY ORGANISATION:

.....

This handbook will be really useful for when you deliver activity back in your communities so make sure you write down the top tips you learn throughout the day!

WELCOME TO YOUR COMMUNITY CHAMPION HANDBOOK

Congratulations, you have been selected by your Community Organisation to be a Breaking Boundaries Community Champion in your local community. This means you have shown the potential to be a fantastic community leader and a positive role model.

Community Champions are young people who use their voice, ideas and energy to bring members of their local communities together, through a fun cricket inspired event.

The City Leadership Event today will include training on:

- Being the best Community Champion, you can be
- Community Cohesion and what it means?
- Developing your leadership, communication and team skills
- Developing ideas to plan and deliver an event in your community

DID YOU KNOW

80%



80% of employers value volunteering on a CV

87%



87% of employers believe volunteering can have a positive effect on career progression



Employers identify communication as the most important skill needed for employment

WELCOME TO YOUR SUPPORT TEAM

To support, help and challenge you, we have a team of inspiring people excited to deliver workshops throughout the day:

Community Champion Mentors

Community Champions from last year's events who will help you develop as a leader and share their top tip on how to run a fun event in your community.

Tutors and your Breaking Boundaries City Team

Practitioners who can give you great tips and examples of how to plan activities and ensure social mixing across your communities.

Community Organisations

You are here as a team of organisations from across your city, so make sure you learn as much as you can about other people in the room and what ideas they may have to help you.

Cricket Ambassadors

Inspiring individuals from the world of cricket who share stories of their journey and how cricket and sport has helped shape their lives.



WHAT SKILLS DO YOU NEED TO BE A GREAT COMMUNITY CHAMPION?

WHAT TYPE OF COMMUNITY CHAMPION DO I WANT TO BE?

WHO CAN HELP ME ACHIEVE THAT GOAL?



WHAT IS COMMUNITY COHESION AND INTEGRATION?

They are terms generally used to describe how people from different backgrounds mix, interact and get along with each other.

The difference referred to is usually one of ethnicity or faith, and sometimes both. But it is also about much more than that.

It's understanding how other differences (for example, age, social class, gender) may inhibit people coming together between different groups. Many people are wary of, or fear people from different backgrounds to their own, which means they are less likely to attempt to get to know them.

HAVE A THINK ABOUT....

How often do you mix with others from different backgrounds?

Do you get on with and trust your neighbours?

Do you feel safe and connected to others in your community?

Are you proud of where you live?



WHAT TYPE OF EVENTS COULD YOU RUN?

Host an Inter-faith cricket festival and fun activities

Host a cricket quiz between different faith organisations

Bring families together from across different schools or youth clubs to play fun cricket activities and a BBQ

Close your road and bring families together to play street cricket and share food or at a nearby park

Open day at your local mosque, church or temple, for local communities exploring cricket and cultures

Organise a Women and Girls event for Mums and Daughters to join in a dance or fitness session, followed by fun cricket activities

Celebrate cricket history across the generations through a festival approach or sporting memories session

Inter-generational cricket with Dads, Lads and Grandparents at a community centre/school

Run a Table Top cricket day for all abilities

Host a cricket tea that ensures social mixing between different ethnic groups in your community at a central venue

Invite a cricket ambassador or player to your ward to share their stories and inspire communities

Transport mixed communities to watch a county cricket match

WHAT DO YOU NEED TO THINK ABOUT WHEN ORGANSING AN EVENT?

SPACE

Where it is taking place?

TASK

What is happening or how it is happening?

S
T
E
P

EQUIPMENT

What equipment are we using?

PEOPLE

Who is participating and with who else?

ACTIVITY IDEAS

[illegible]

This image shows a full-page view of a blank sheet of white paper designed for note-taking. At the top left, there is a bright yellow rectangular header containing the word "NOTES" in bold, black, uppercase letters. The rest of the page is filled with horizontal ruling lines. Each line consists of two parallel gray dots, creating a series of uniform gaps for writing. There are 18 such dotted lines spaced evenly down the page.

[illegible]

This image shows a full-page view of a blank sheet of lined paper. At the top left, there is a yellow rectangular header containing the word "NOTES" in bold, black, uppercase letters. The rest of the page is white and features horizontal blue lines spaced evenly apart. Each line is composed of small dots, giving it a dotted-line appearance. There are 21 such dotted lines across the page.

[illegible]

SCORECARD - CRICKET TARGET

Throw to hit the targets and aim for a high score

1

STAND behind the mark

2

THROW the ball at the targets

3

Avoid the STUMPS and keep the ball in the target to score

4

You can throw UNDER-ARM or OVER-ARM

5

The harder the TARGET, the more points you score

6

You have SIX BALLS to score as many points as possible

WHATS YOUR SCORE

BALL 1

BALL 2

BALL 3

BALL 4

BALL 5

BALL 6

TOTAL SCORE

FIND OUT MORE

Discover how to get involved in cricket in your area, whatever your age or ability

Want to laugh while taking wickets. Try Women's Soft ball Cricket! Find your next festival at www.ecb.co.uk/play/womens-softball-cricket-festivals

Play Kwik Cricket anywhere, anytime with whatever you can find. Learn how at www.ecb.co.uk/play/junior/kwik-cricket

Show off your new skills at a local club. Find out where you can join at www.ecb.co.uk/play

NEXT STEPS

Your role as a Community Champion is to return to your community and work with your group to organise a fun cricket inspired event for members of your local area and bring them together.

Remember all the leadership skills you want to display so you can be a positive role model. Use your voice and energy to find out what your community wants and run an event that everyone enjoys taking part in.

GOOD LUCK!



POWERED BY
SPIRIT OF 2012
ASSOCIATION OF AMBASSADORS



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