

# PE Sport Premium resources



In line with the PE and sport premium key indicators, we've highlighted Youth Sport Trust resources and training, as well as those from our key partners, that can support you to invest your premium underspend on the recovery from COVID-19 and maximum sustainable impact for years to come.

To make it as simple as possible, we've selected a number of the resources listed below to create a bespoke PE premium package that you can **purchase** for £199. All resources included in the package are highlighted in orange and **click here** to see the full details of the offer.



See what is available for each key indicator by clicking the links below:

**Key**                      **Key**                      **Key**  
**Indicator 1**    **Indicator 2**    **Indicator 3**

**Key**                      **Key**  
**Indicator 4**    **Indicator 5**

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# Key Indicator

# 1

The engagement of all pupils in regular physical activity – the CMO guidelines recommend that all children and young people aged 5-18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school. Click [here](#) for top tips.

## **The importance of being active**

A video by Toby Garbett Olympian and two-time World Champion rower. Motivate pupils, staff and families with this short, inspirational video about how physical activity has positively impacted on his life.

Purchase  
Support Package

## **Teach Active**

Effectively building physical activity into your teaching across the curriculum can not only increase physical activity levels throughout the day but can also enhance teaching, learning, progress and attainment. **Teach Active** is an award-winning online resource tool, providing teachers with 3,500 active lesson and homework plans that help to deliver the primary maths and English curriculum through physical activity, while supporting attitudes and attainment within maths, reading and writing. It has many benefits for children, including raising attitudes and attainment, increasing levels of physical activity and inspiring and motivating children to do better.

Teach Active

## **Power of an Active School**

Available as a pre-recorded, interactive virtual session or as a half-day practical course, this training considers the principles and approaches to start influencing the physical activity culture and ethos within your school.

£595\* for face  
to face training

Power of an  
Active School

## **Active 30:30 Resources and Active 30:30 Champion**

The Active 30:30 resource helps practitioners to create an active school. It includes a practitioner resource, providing guidance and tips to maximise impact. It also includes sample resource cards, review templates, planning documents, certificates and a variety of free downloadable resources to support the delivery of daily physical activity within school. You can also complement with an Active 30:30 champion virtual visit.

Resource: £50\*  
Virtual visit: £135\*

Active 30:30

\*Excludes VAT

# Key Indicator **2**

The profile of PE and sport is raised across the school as a tool for whole-school improvement. Click [here](#) for top tips.

## **Governor/Trustee toolkit**

This digital guide is intended to support governors' understanding of the role PE, physical activity and school sport can play in achieving the very best outcomes for children and young people in our schools. Structured around the education inspection framework, recovery curriculum and PE premium, the toolkit is informative and challenges governors and trustees to reflect on the role of PE, sport and physical activity within their own schools and trusts.

**Purchase  
Support Package**

## **Power of a Well School Modules**

This series of three modules explores how the power of a well school can improve the wellbeing of pupils and help them to reach their potential. It focuses on the physical, social and emotional wellbeing outcomes that can be derived from placing PE, sport and physical activity at the heart of the school.

**Purchase  
Support Package**

## **Reintroduction to School Toolkit and Webinar**

A digital resource and accompanying webinar with a focus on a PE approach to supporting the transition back into school and recovery of your pupils. The toolkit supports schools with planning and delivery ideas in a safe return to physical education as part of the curriculum offer to *all* pupils.

**Purchase  
Support Package**

## **My Personal Best**

A hard copy resource and whole staff training with a focus on delivering a life skilled approach to teaching and learning in PE, as well as connecting PE across the whole school curriculum. With a focus on the pedagogy of PE, this package builds confidence and competence to deliver a PE curriculum that ensures the physical development of pupils, while explicitly teaching the social, emotional and cognitive skills which we know pupils need even more right now.

**Primary Resource:  
£62.50\***  
**Virtual 2-hour  
training: £270\***

**My Personal Best**

*\*Excludes VAT*

# Key Indicator **3**

Increased confidence,  
knowledge and skills of all  
staff in teaching PE and sport.  
Click [here](#) for top tips.

## **PE Curriculum Mapping Guide and Curriculum Blueprint Webinar**

This is a digital guide that will support subject leaders and teachers to structure a bespoke PE curriculum that is personal to your school and the needs of your pupils. Structured in line with the 3xIs of quality of education, the webinar brings to life the guide, using our curriculum blueprint as a foundation to consider the real purpose of PE.

[Purchase  
Support Package](#)

## **Challenging Perceptions: Yes you can teach PE whole staff training**

Perfect to be delivered as part of whole staff meetings, this short 1-2 hour virtual training focuses on reflection and challenge to start to impact on behaviour and culture. The training will challenge teacher perceptions of what PE is, understanding personal relationships with PE and physical activity to equip staff with the knowledge and skills to build confidence to deliver high quality lessons. Contact us to find out more or to book this training.

[Contact us](#)

## **Complete P.E.**

Complete P.E. is an online resource providing a sustainable solution to ensure that your school can facilitate high quality Physical Education now and into the future. The platform features progressive sequences of learning from Foundation Stage to Year 6. Every step of the way, teachers are supported with embedded videos that bring the learning to life, over 800 differentiated learning cards, equipment and rules support and so much more. Their extensive subject leader area ensures that schools can access ongoing CPD and subject leader support whenever it is needed.

[Complete  
P.E. Resource](#)

# Key Indicator **4**

Broader experience of a range of sports and activities offered to all pupils. Click [here](#) for top tips.

## **Power of Enrichment Resource**

Is your enrichment provision engaging all young people or is it just for the few? This digital resource will provide examples of how you can enable, enhance and enrich your provision to engage more young people.

[Purchase Support Package](#)

## **Decathlon**

Equipment is key in ensuring a broad experience of sport and activities for all pupils. Whether it's enhancing your playtime equipment, ensuring there is enough equipment for classes and individuals or creating home learning PE or physical activity challenge packs to include basic equipment for all to try a range of activities, Decathlon have all of your needs covered. Plus, right now, for every £50 spent with them, you'll be entered into a draw to be in with the chance of winning another £500 worth of sports equipment.

[Decathlon](#)

## **TOP Play and TOP Sport**

TOP Play and TOP Sport help deliver outstanding extra-curricular sessions across Key Stage 1 and Key Stage 2. The TOP Play approach concentrates on the development of locomotion, object control and stability in Key Stage 1 while TOP Sport focuses on ideas for adapting activities to include and develop all children at a lunchtime and extra-curricular activity, which can be used by young leaders who are helping with the activity. [Contact us](#) to find out more about our virtual training courses.

**Resource cards (TOP Play and TOP Sport together): £112.50\***

[TOP Play](#)

[TOP Sport](#)

\*Excludes VAT

# Key Indicator **5**

Increased participation  
in competitive sport.  
Click [here](#) for top tips.

## **Using Competition to Achieve Wider Outcomes Webinar**

When competition is designed with a clear purpose it can achieve wider outcomes. This webinar will explore both domestic and global research to understand different approaches to competition that help achieve impact for all young people.

**Purchase  
Support Package**



To find out more about how the Youth Sport Trust can help you with your PE and Sport Premium funding visit

[www.youthsporttrust.org/PE-sport-premium](http://www.youthsporttrust.org/PE-sport-premium)