

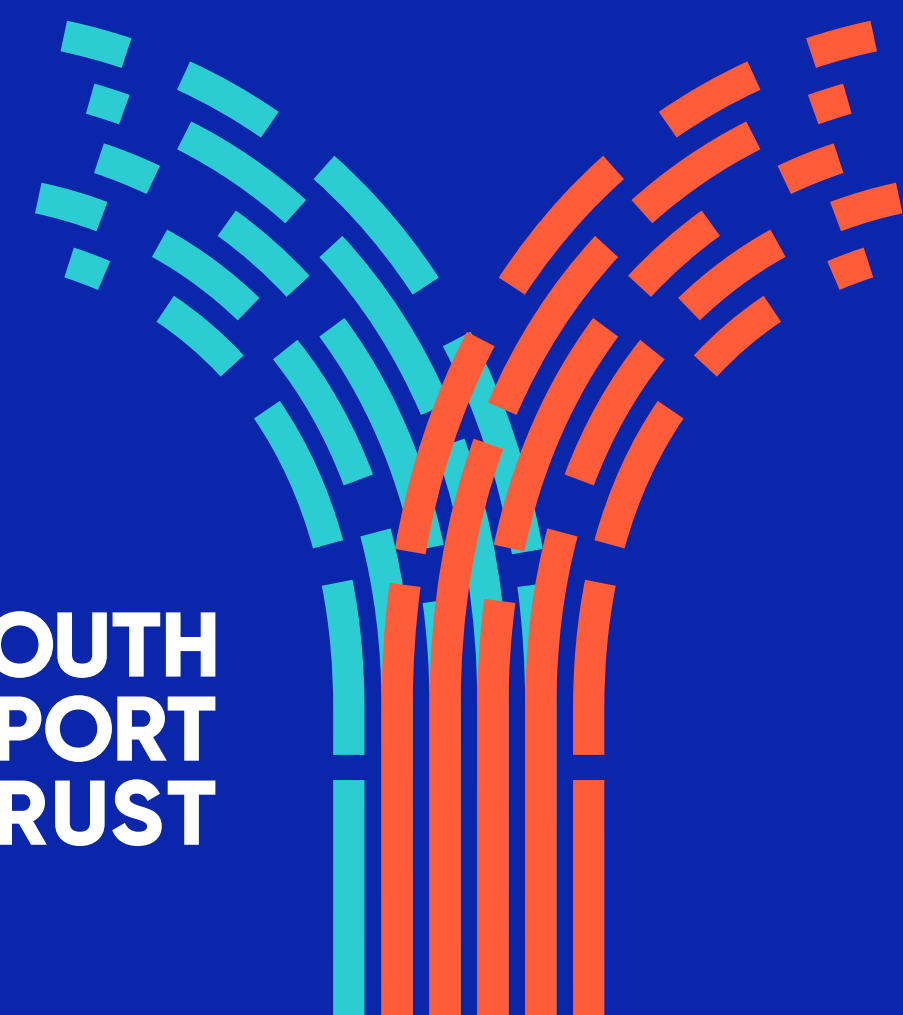
Youth Voice – UN Convention on the Rights of the Child (UNCRC)

UNCRC has paved the way to encourage young people's to use their voice to shape their future.

Article 12. Every child and young person has the right to express their views freely in all matters affecting them

Article 13. Every child and young person has the right to freedom of expression, including the right to all kinds of information and ideas.

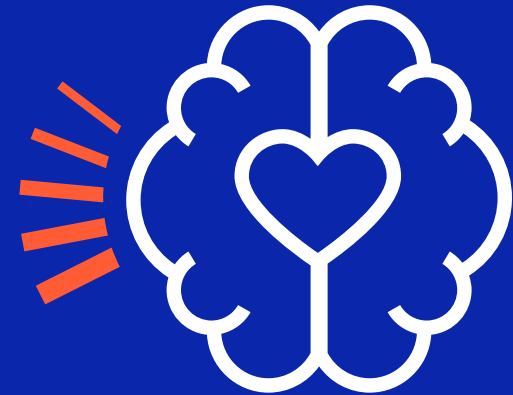
Your lived experiences is REALLY important to help shape the planning and delivery of PE and school sport. If Youth Voice is missing then it is not fit for purpose



Youth Voice – why is it important?



Why do you think it is important?



What do you think you will gain from using your voice?



What do you think others will gain?

***Your ideas can make an impact
– stones create ripples in the water***



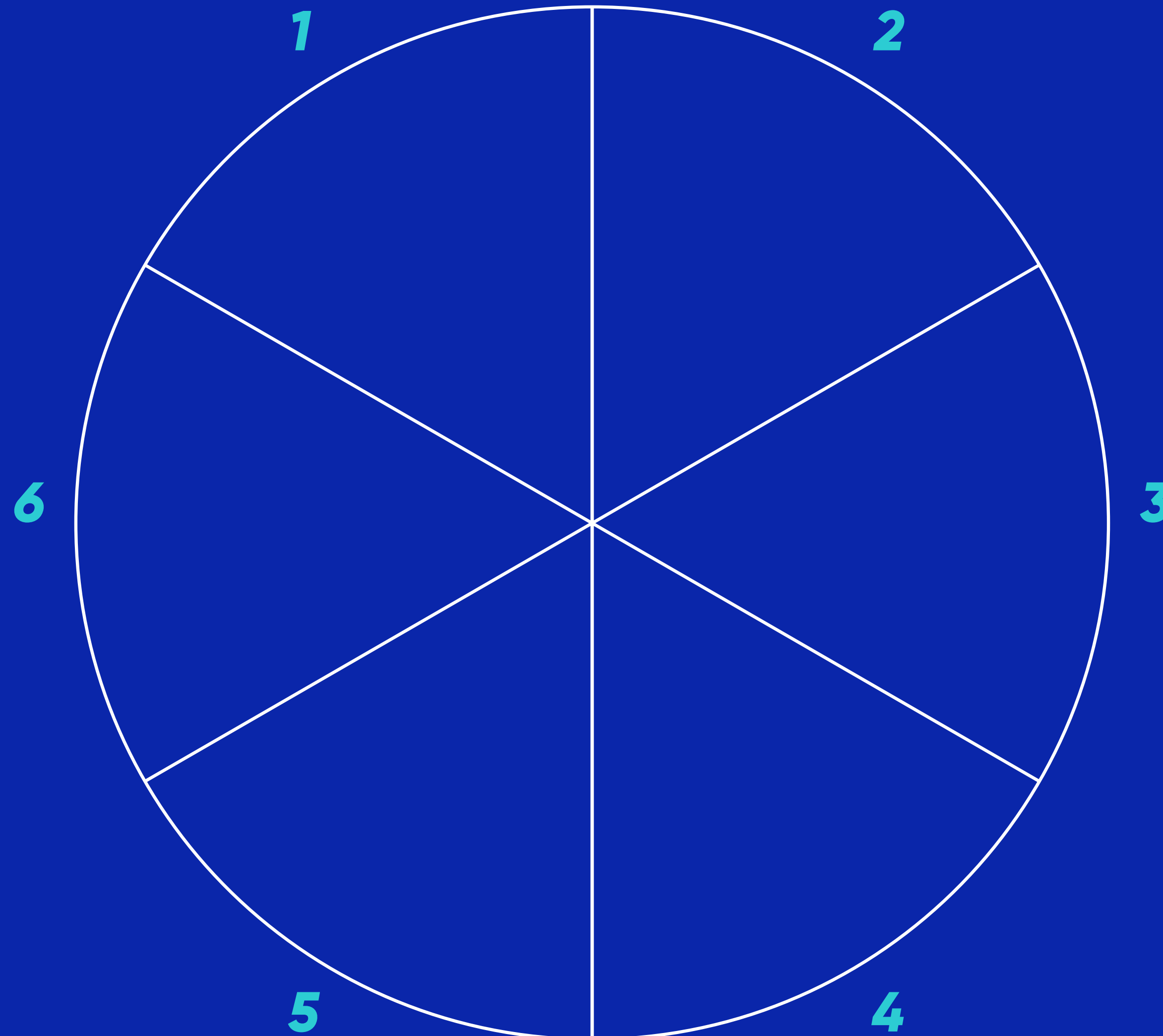
Write it down or draw what you think.

Throw a 'stone' in the pond and read out what statement your 'stone' lands on.

What Toppings should go on YOUR pizza?

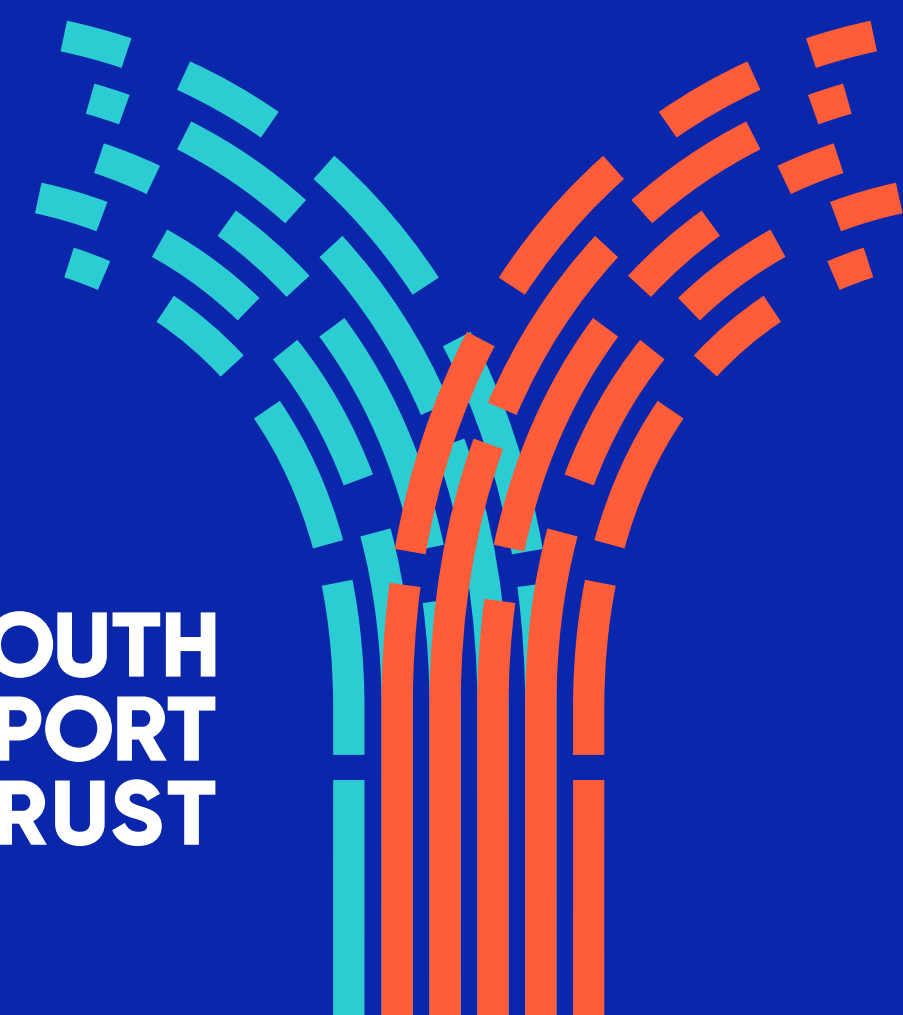
SKILLS

Ask Good Questions
Creativity
Being Organised/
Planning
Be Patient
Respect



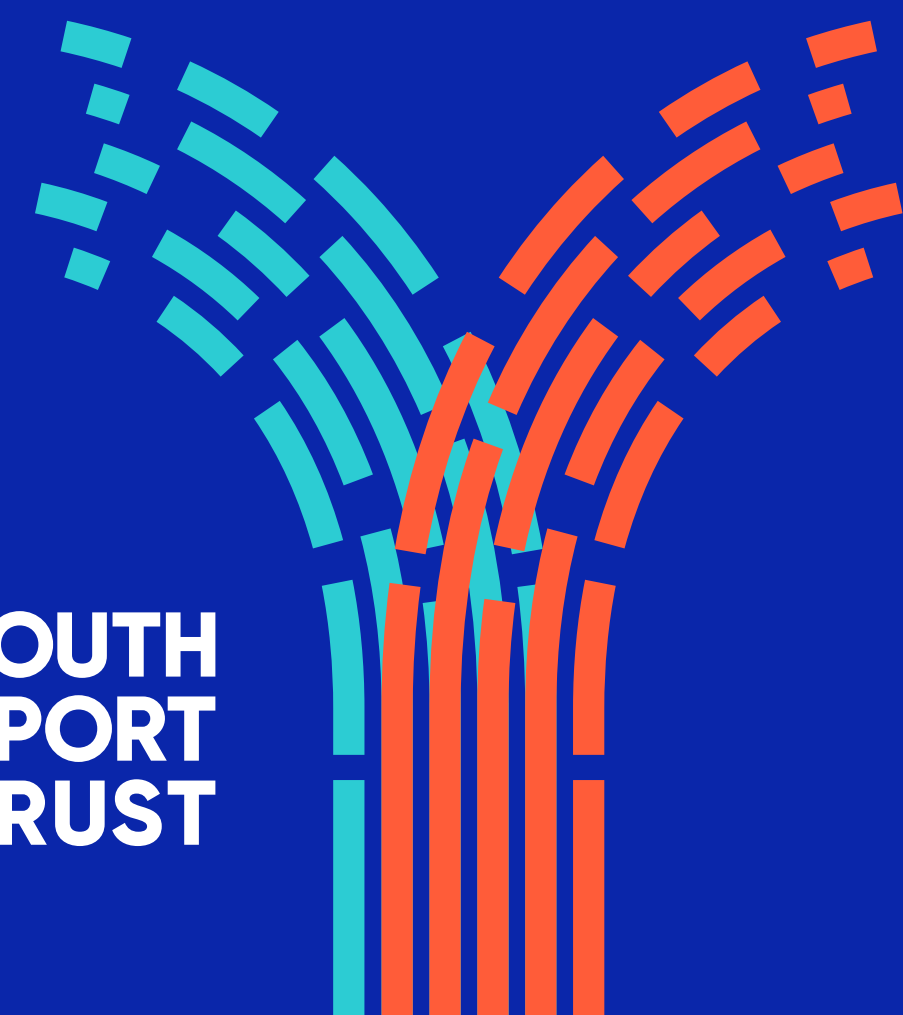
QUALITIES

Calm
Curiosity
Commitment
Excellent
communication
skills
Empathy



Why is Peer to Peer better?

- ▣ Young people feel more comfortable and open around each other.
- ▣ Young people understand each other better as they share similar lived experiences.
- ▣ Empowers young people to be in more control of what is being designed in PE and school sport.
- ▣ Young people are experts on youth issues.



Chateez Cards

- Chateez cards can be used to encourage conversations and allow young people to feel more comfortable.
- Encourage the young people to go to the emoji or picture that best represents how they feel about physical activity/PE/sport in school or draw their own.
- Remember to ask why they have chosen a specific card or drawn what they have.

