



**YOUTH  
SPORT  
TRUST**

**MEMBERSHIP**

To purchase the PE Premium Support Package, please visit [bit.ly/YSTPSSP](http://bit.ly/YSTPSSP), contact [membership@youthsporttrust.org](mailto:membership@youthsporttrust.org) or call 01509 226688

## PE Premium Support Package

**Price - £199**

Resource	Description	Format	Key Indicator
Athlete Mentor Video	The importance of being Active - a video by Toby Garbett (Olympian & two-time World Champion rower). Motivate pupils, staff and families with this short, inspirational video from one of our athlete mentors who knows firsthand how physical activity has positively impacted on his life.	30 minute pre recorded video	1
Webinar Series – Power of a Well School	This series of three modules explores how the power of a well school can improve the wellbeing of pupils and help them to reach their potential. It focuses on the physical, social and emotional wellbeing outcomes that can be derived from placing PE, sport and physical activity at the heart of the school.	x3 30 minute pre recorded videos	2
Governors Toolkit for PE and school sport	This digital guide is intended to support governors' understanding of the role PE, physical activity and school sport can play in achieving the very best outcomes for children and young people in our schools. Structured around the education inspection framework, recovery curriculum and PE premium the toolkit is informative while also challenging governors and trustees to reflect on the role of PE, sport and physical academy within their own schools and trusts.	Downloadable PDF	2
PE Curriculum mapping guide and curriculum blueprint webinar	This is a digital guide that will support subject leaders and teachers to structure a bespoke PE curriculum that is personal to your school and the needs of your pupils. Structured in line with the 3xIs of quality of education, the webinar brings to life the guide, using our curriculum blueprint as a foundation to consider the real purpose of PE.	Downloadable PDF and a 40 minute pre recorded video	3
Power of Enrichment Resource	Is your enrichment provision engaging all young people or is it just for the few? This digital resource will provide examples of how you can enable, enhance and enrich your provision to engage more young people.	Downloadable PDF	4
Webinar – Using Competition to Achieve Wider Outcomes	When competition is designed with a clear purpose it can achieve wider outcomes. This webinar will explore both domestic and global research to understand different approaches to competition that help achieve impact for all young people.	60 minute pre recorded video	5
Reintroduction to School Toolkit and webinar	A digital resource and accompanying webinar with a focus on a PE approach to supporting the transition back into school and recovery of your pupils. The toolkit supports schools with planning and delivery ideas in a safe return to physical education as part of the curriculum offer to ALL pupils.	Downloadable PDF and x2 20 minute pre recorded videos	2, 3 or 4
Membership Newsletter	Bi-monthly e-newsletter which includes articles from industry experts, YST staff and member schools on the impact of PE, physical activity and school sport innovations.	Emails	

**JOIN US**

[www.youthsporttrust.org/PE-sport-premium](http://www.youthsporttrust.org/PE-sport-premium)

[membership@youthsporttrust.org](mailto:membership@youthsporttrust.org)

01509 226688