**Lead School Prospectus**

**Health & Wellbeing Schools**

Our Goal:

Create a national movement of schools that drive individual and whole school improvement through the different specialist areas of; Inclusion, Leadership, Coaching & Volunteering, Health and Wellbeing that are formally aligned to the Youth Sport Trust and positioned to support our mission

Our Ambitions:

Through this infrastructure of specialist lead schools, we aim to create a strategic approach to innovation, concept development and delivery. We have 4 clear ambitions:

1. Demonstrate the value of Health and Wellbeing, PE, sport, inclusion and achievement within whole school and/or community contexts
2. Advocate the impact of the specialist area(s) on young people’s physical and mental health, inclusion, character and leadership
3. Pioneer school centred innovation, based on action research to influence national strategies and practice
4. Develop, test and deliver specialist interventions and learning that create transformational change in schools and communities

Our Offer: (including benefits)

* Opportunities to work nationally with leading experts in PE, school sport and physical activity to enhance the health, wellbeing and achievements of students.
* National recognition as a pioneering network of schools driving the specialist area(s) forward in England.
* Direct investment into schools through training, resources, equipment and engagement with positive role models (subject to funding)
* Networking opportunities to share best practice, inspire learning and maximise impact

Application Process and Criteria:

The purpose of the following sections is to highlight key deliverables that YST Lead Health & Wellbeing Schools will be required to fulfill.

**THE COMPULSORY EXPECTATIONS OF A YST LEAD HEALTH AND WELLBEING SCHOOL 2021-22**

1. Showcasing excellent practice in the delivery of health-related programmes with public health locally

2. Provide targeted support for new schools delivering Active in Mind

3. Deliver CPD to a minimum of 5 schools in your local area to embed the principles and learning from Active in Mind

4. Attend and review the new Boys Move CPD programme involving a strategic lead for wellbeing attending 6 x 1.5-hour virtual sessions from October 2021 to February 2022

5. Attend one face-to-face (autumn) and one virtual (spring) Lead School networking event

6. Review and demonstrate the impact of Active in Mind CPD delivery

7. Review and demonstrate impact of Boys Move CPD opportunity

8. Advocate for the place of PE and sport in supporting health and wellbeing outcomes in your locality plans and partnerships.

**CONTEXT FOR THE 2021/22 CORE DELIVERY OFFER**

The offer is drawn together from two programme funding streams within our Sport England Education funding for September 2021 to March 2022 in line with their new strategy investment plan.

Please note we will be awaiting the outcomes of further Sport England investment for the delivery of Boys Move project plans and expansion of the Boys Move CPD package and will update this offer when further information is available.

**CORE OFFER FOR HEALTH & WELLBEING SCHOOLS 2021-22**

The below delivery timeline provides guidance to lead Heath & Wellbeing schools to support planning and review of delivery. There is recognition that many events/pathways are established locally and may fit outside of the below timings – this is accepted but reporting to deadlines are required to ensure funding is secured in the future.

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| **Term** | **Phase** | **YST Guidelines and Project Ability Lead Actions** | **Resource** | **Key Dates (where applicable)** |
| Autumn 2021 | Delivery and Review | Attendance at national Lead School CPD and networking day (depending on location of school) | Free | 28th September Twickenham (South)  4th October Leeds (North)  7th October Sixways (Midlands) |
| Attended Active in Mind CPD training | Free | Sept- Dec 2021 |
| Attended initial Boys Move CPD sessions with national tutors | Free | Oct – Dec 2021 |
| Deliver Active in Mind virtual mentoring session for new Active in Mind Schools | £250 | Nov - Dec 2021 |
| Spring 2022 | Delivery and Review | Attended final Boys Move CPD sessions with national tutors | Free | Jan - Mar 2022 |
| Deliver Active in Mind CPD event to local schools | £750 | Jan - Mar 2022 |
| Submit national data collection | N/A | March 2022 (specific dates TBC) |
| Summer 2022 | Review and Planning | Regional Lead School Conferences | Free | Virtual engagements (Dates TBC) |
| **Completion of 2021/2022 delivery of deliverables** | **N/A** | **31st March 2021** |
| Complete and submit national data collection (July) | N/A | July 2022 (specific dates TBC) |
| **TOTAL VALUE** | | **Mixture of capacity funding (£1,000) and free training and resources** | **£3,650** |  |