

# AQUATICS – AQUASPLASH FESTIVAL



## Quick introduction

All pupils can be included as their ability can be assessed and appropriate activities chosen.

## Getting started

- Teams of four are ideal.
- Pupils' ability should be established at the start through a fun warm-up.
- There are eight events in an Aquasplash Festival.
- Events can be run over one or several sessions, depending on timetabling and class sizes.
- Pupils should be given the chance to practise the activity with teaching points provided prior to entering the competition phase.
- Ideally the session should be overseen by a qualified school teacher, Swim England Level 2 Swimming Teacher (or equivalent), or a holder of the Swim England National Curriculum Training Programme (NCTP) certificates.

## Health and safety

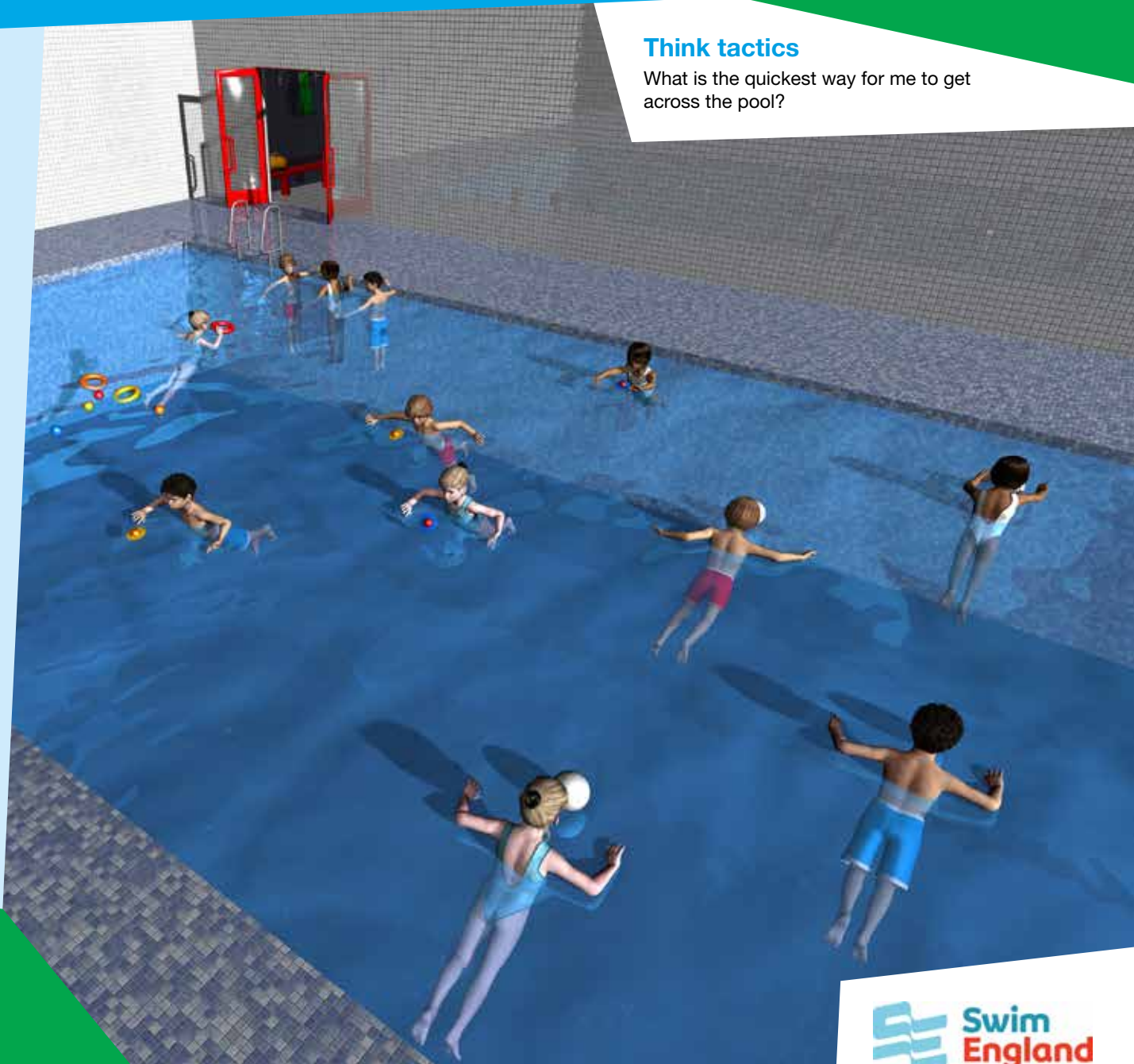
- Pupils should feel comfortable in the depth of water they are in.
- All equipment should be safely stored at the side of the pool and not cause a hazard for pupils entering or getting out of the pool.
- Consider appropriate methods of entry and exit for SEND pupils in advance of the festival.

## Equipment

- Egg flips.
- Noodles.
- Floating and sinking items.
- Small floats.

## Think tactics

What is the quickest way for me to get across the pool?



## Quick rules

- Pupils should be encouraged to swim rather than walk where possible.
- All pupils need to start from the side of the pool holding on with one hand.
- Fair play should be encouraged throughout the competition.

## Think inclusively STEP

- Space:**
- Distances can be increased or decreased to match the ability of the pupils.
- Task:**
- Pupils can walk across in shallow water or swim in deeper water.
  - Encourage pupils to use different strokes.
- Equipment:**
- Pupils can use floatation equipment where required to encourage participation.
- People:**
- Wherever possible, provide in-water assistance for pupils who require additional support.

## Leadership and volunteering opportunities

Administration team could:

- organise the arrivals of the pupils;
- set up equipment for the festival.

## Officiating

Young leaders can:

- ensure that all pupils follow fair play rules;
- collate scores.

## Hints and tips

Follow the guidance in the Aquasplash Festival activity cards pack, available from:  
[www.swimming.org/schools/aquasplash](http://www.swimming.org/schools/aquasplash)



## Sporting ME Spirit of the Games

*Excellence through competition*



**Teamwork:** Make sure everyone gets good feedback after they have swum and ensure everyone is comfortable about the event in which they are taking part.

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