#### YST LEAD SCHOOL CONFERENCES





\_ === www.youthsporttrust.org | @YouthSportTrust

**#YSTLeadSchools #Inclusion2024** 

# Setting the scene

What do we want to get out of the day...

- 1. Clarity on the Lead Inclusion School role within the School Games
- 2. How this network adds value particularly around the School Games inequality pledge





#### YST LEAD SCHOOL CONFERENCES

# **Format of today**

Time and space to reflect and connect with others and discuss

Sharing good practice – hearing from different voices

Uniting forces locally (NGB/NDSO engagement) Focus on young people with PMLD & gender diverse young people





# Agenda

- 1. School Games setting the context
- 2. Small group discussion/reflections
- 3. School Games panel discussion
- 4. NGB Panel Discussion
- Lunch and NGB engagement
- 5. Focus on gender diverse young people
- 6. Focus on young people with PMLD/complex needs (MATP)
- 7. Time to reflect & key dates















Department of Health & Social Care





### **Partners**











Department for Digital, Culture, Media & Sport Department of Health & Social Care









# **10 years of the School** Games



Department for Digital, Culture, Media & Sport

**1** 







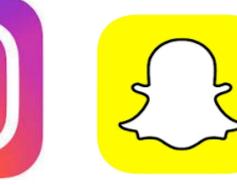
# SCHOOL

# A lot has changed in the world...

#### **School Games since 2011**













# The Journey in 2016...

### SCHOOL GAMES MISSION

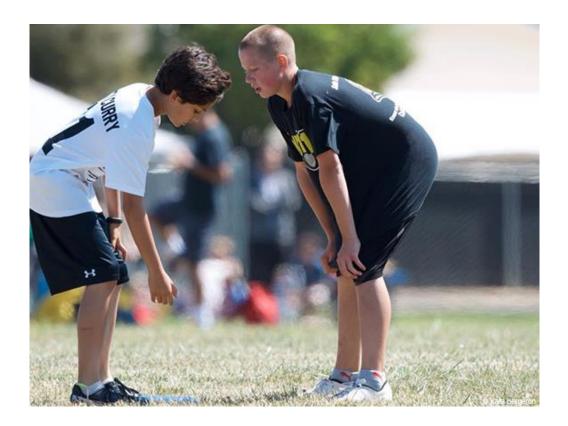
Keeping competitive sport at the heart of schools and provide more young people with the opportunity to compete and achieve their personal best.

### SCHOOL GAMES VISION

By 2020 the School Games will be continuing to make a clear and meaningful difference to the lives of even more children and young people.



### **PRINCIPLES OF COMPETITION...2017**

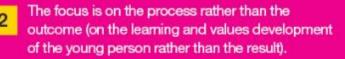




#### **PRINCIPLES OF COMPETITION**

1 Tr

The young person's motivation, competence and confidence are at the centre of the competition.



3

Volunteers, leaders and officials are appropriately trained and display behaviours reflective of the nature of the competition.

4

The environment is safe and creates opportunities to learn and maximise social development.

5 The facility and the environment that is created for the competition reflects the motivations, competence and confidence of the young people and format of the competition.





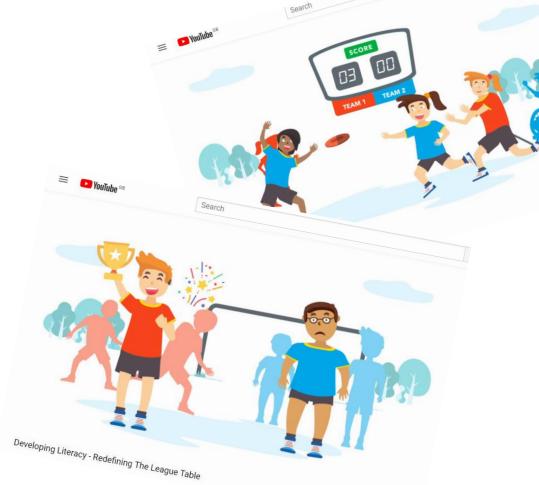
### Why – themes of competition 2017-2019 INTENT

- Theme 1: Widening the competition environment to develop character and life skills
- Theme 2: Widening the competition environment to improve health
- Theme 3: Considering age or maturity levels to support fair competition and foster social connections
- Theme 4: Using technology to develop physical skills
- Theme 5: Adding fun elements to engage new audiences
- Theme 6: Adapting the competition environment to support individual development in sport
- Theme 7: Adapting the scoring to develop different sport skills
- Theme 8: Adapting the format to increase motivation



### **Approaches to Competition**





SAMES

Approaches to Competition





#### THEME 1

#### Widening the competition environment to develop character and life skills

Young people do not always see or access the wider benefits from taking part in competitive sport. This theme shows that designing a competition around the process rather than focusing on the outcome (single messure of success) can help develop the children and young people's character and life skills. While we know the development of character and life skills can be benefits from taking part in sport, focusing on the design of a competition can make sure these elements are explicitly taught.

#### WHY

- It is often a barrier to some young people that the focus of the competition is on one single measure of success e.g. the winning team, the fastest time, the longest throw/jump etc.
- Insight from young people suggest that they value other outcomes rather than just winning such as enjoyment, skill development, being with their friends and improving their health.
- The development of life skills prepares young people for the opportunities, responsibilities and experiences of later life.

#### ноw

- By introducing self-refereed games enables young people to develop skills such as conflict resolution, leadership, communication, teamwork and empathy.
- Scores for players displaying great values and fair play are celebrated alongside the results.
   Ensuring these scores are regarded as highly as the results.
- Players learn life skills whilst playing and by introducing concepts such as self-refereeing and spirit scoring enables the development of life skills to be a intended outcome.

#### WHAT

#### Self-refereeing:

 Ultimate is a fast paced, non-contact teem sport that is played with a thing disc (frible+). The sport is refered by the player themselves, we non at World Championship level, according to a code of conduct known as the Spirit of the Game'. It places the responsibility of fair play on the players themselves. Players are responsible for resolving conflicts amongst themselves, and if they are unable to agree they resume play in a manner which simulates what would most likely have occurred if there had been no breach.

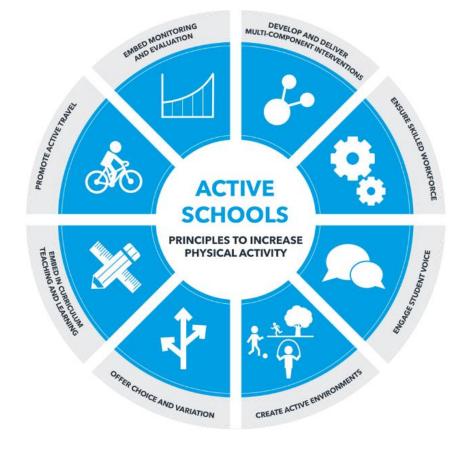


### **Principles of an Active School:**



### **Change4Life Clubs to 60 Active Minutes**









### **SPORT ENGLAND NEW STRATEGY...2020/21**



### Children & Young People Strand

# Addressing inequalities & getting young people moving



### **REFRESHED MISSION & VISION...2021**



### SCHOOL GAMES MISSION

Putting physical activity and Keeping competitive sport at the heart of schools and provide more young people with the opportunity to compete and achieve their personal best.

### SCHOOL GAMES VISION

By 2020 the School Games will be continuing to make a clear and meaningful difference to the lives of even more children and young people.



### **School Games Evolution**





For All Offer – 60 active mins Targeted Offer – intent and intelligence led opportunities & competition

School Games Programme v School Games Framework



# **School Games in 2011**



- 12 years of School Games from SSPs to School Games
- 3 day a week post
- Competition Calendar around Levels / Pathways now
- Leadership
- Change4Life Sports Clubs
- Task List and KPI Driven





# **Evolving School Games 2023/24**

- 3 day a week post
- Events with clear intention as Intervention tools
- Leadership who is given the opportunity to lead
- 60 Active Minutes
- Expectations
- Driven by evidence of need
- Impact and outcomes



### School Games 2023-24





TEAM GB Teamsanda Weinsanda We

#### Available on School Ga

#### **9**@YourSchoolGames

### **Key dates**

#### Autumn Term

Welcome Back Webinar	06 September; 1:00 – 3:00
SGO virtual induction	12 September; 11:00 – 12:00
School Games Mark verification (for SGOs)	13 September
School Games Consultation Group	14 September
Line manager termly briefing	14 September; 4-5pm
Development plans 23/24 created and updated	29 September
SGO national induction – Face to face	04 & 05 October
NGB networking	12 October
Midlands Regional conference (Coventry)	06 November; full day
South Regional conference (London)	08 November; full day
North Regional conference (Leeds)	14 November; full day
South West Regional conference (Bristol)	16 November; full day
SGO reporting	11 – 22 December
Impact Awards	22 December

### **AP Expectations in the Roadmap**



There is ongoing flexibility in how the School Games investment into Active Partnerships and London Youth Games (LYG) can be utilised locally. This flexibility will result in variations of the role and remit of an Active Partnership/LYG across the country. The strategic direction, planning and priorities for School Games at both a county and local level should be focused around the shared five School Games Outcomes.

#### The what: county provision

- To position tackling of inequalities at the forefront of county School Games planning, provision and opportunities and seek ways to support SGOs to adopt the same approach locally
- To develop and deliver a county School Games offer informed by insight, youth consultation and collaboration. The look and feel of county provision will vary across the country. It could be the continuation of a county festival, a number of place-based festivals or focused work with targeted schools and young people. Targeted work will be the focus of this investment but there should still be a degree of a universal offer (i.e. 60 Active Minutes, county wide event, online training). Provision will very much depend on local need and insight
- To ensure the local and county School Games offer provides opportunities for young people to take on leadership and volunteering roles with the aspiration that opportunities will engage new and different young leaders
- To advocate to key stakeholders, such as Public Health, Governors, and schools, how the School Games is one of the ways we can make a meaningful difference to the lives of children and young people
- To ensure that positive experiences are at the heart of planning



### **SG** Priorities





The outcomes for the School Games network to work towards in the 2023/24 are:

1 To advocate and position the delivery of the CMO daily active minutes for all young people, as a universal offer to maintain and grow school engagement

To ensure all competition has a clear intent and creates positive experiences based on the motivation, competence and confidence of the young people that need our support the most

3 To have a clear focus on secondary school engagement and transition points

4 To support the personal development of targeted young people through youth engagement and leadership

To advocate and engage key stakeholders<sup>2</sup> on the value of School Games to 5 support local provision and improve the experience for young people and their families





### Networks, Support and Resources



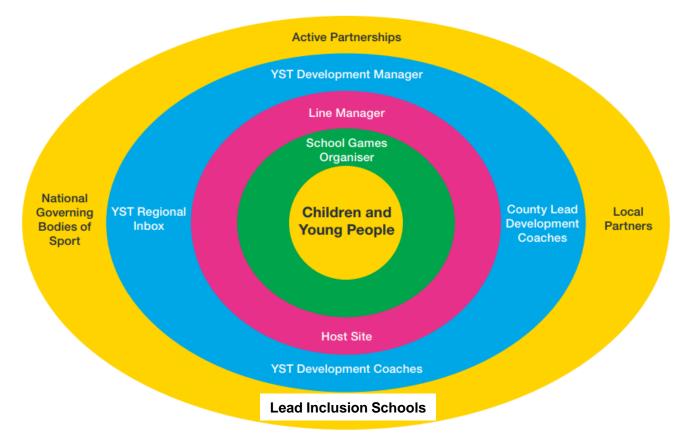




# **Knowing the Network**



A group of organisations collaborating towards a common goal of...



...providing young people with the opportunity to enjoy and learn through competition to achieve their personal best.



### **Website**

	JULY 2023		AUGUST 2023
3	There are no milestones for July 2023		There are n
ATEST NEWS	All news >	DEVELOPMENT PLAN	Manage >
SGO November Newslette 24TH NOVEMBER 2022 Welcome to November's edition		Actions in progress this year	
United by B2022 Impact R 15TH AUGUST 2022 This report outlines the headli	eport - July ne information for events linked to United	Actions completed this year	
	d to complete their reconciliation forms lartnership ahead of the deadline on 30	17 Expectations still to assign ac	tions to
29 Football event 34 participants from		CASE STUDIES test 21/06/23   PUBLISHED   SUBMIT FOR IMPAC test	View al >
Archery event 12 participants fron Venue Name   8:00	1 2 schools	Sample case study with unavailable aut 21/06/23   UNPUBLISHED   SUBMIT FOR IMI This is a sample case study. Lorem ipsum	PACT AWARD   EDIT   💭
	ENT +	test 13/01/23   UNPUBLISHED   SUBMITFORIMI test	PACT AWARD   EDIT   💭





#### Integration of Hong Kong community into Warrington life

WILLIAM BEAMONT (WARRINGTON) SGO AREA AUGUST 05, 2023

Cheshire and Warrington County SGO network have been tasked by Active Cheshire to consider increasing the numbers of migrated young people and their families experiencing positivity games and competition in our...



#### Swimming on site

LYMM SGO AREA AUGUST 04, 2023

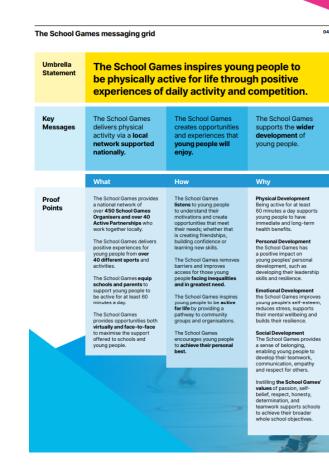
Maximising the effectiveness of our annual swimming budget



### Resources



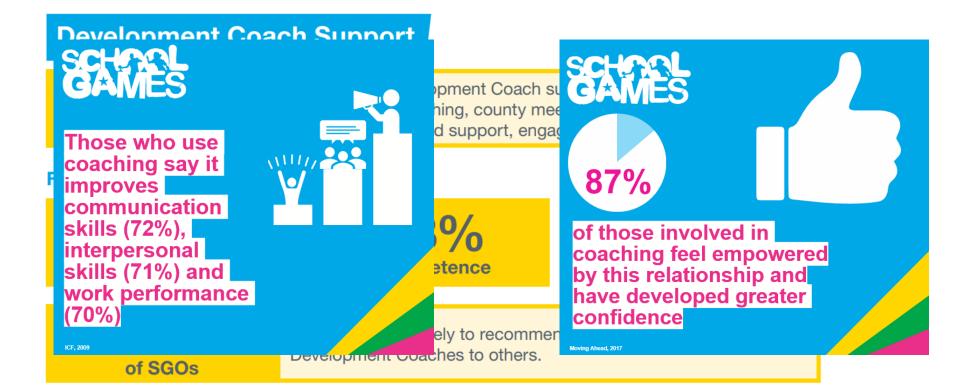






## **Development Coaches**

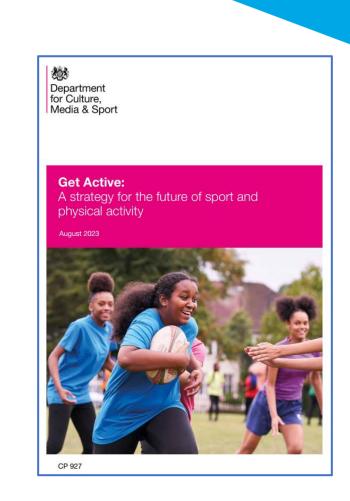






# **Get Active Strategy**

- 3 focus aims: participation and activity; integrity and sustainability
- Targets of an additional 2.5 million adults and 1 million children active by 2030
- National Physical Activity Taskforce
- Review of current school sport offer
- Review of School Games and SG national finals
- New National Sport Participation Partnership
   Scheme
   SchoolGames



### **SG Opportunities to engage.....**



### SG County Meetings:

- Jan Feb 2024
- Date and location set locally

Time	Agenda
9:30 - 9:45	Welcome and introductions
9:45 - 10:15	Keynote address
10:20 - 11:20	Inclusive School Games
11:35 – 12:20	SGO CPD Needs Analysis
13:25 - 14:40	Physical Literacy in the School Games
14:55 – 16:00	Workshops – re-run from Summit:
	<ul> <li>Youth engagement – developing our practice</li> </ul>
	<ul> <li>Demonstrating impact to enhance</li> </ul>
	local advocacy
	• <b>Deprivation data</b> – what's available
	and how to use it locally





# **Key Contacts**

North	englandnorth@youthsporttrust.org
Central	englandcentral@youthsporttrust.org
South	englandsouth@youthsporttrust.org

### developmentcoach@youthsporttrust.org



**\_\_\_\_** www.youthsporttrust.org | @YouthSportTrust















@YourSchoolGames

- 2023/24 Lead Inclusion School Network
- National coverage/County Borough wide
- Advocacy, guidance and support are 'offered' to Schools and SGO's across a county through engagement with the Strategic County Alliance groups and other local partners
- Greater School Games focus in 23/24



#### **Overall aim:**

upskilling and building capacity and capability of the School Games workforce in inclusive practice, enabling more young people with SEND to engage in local opportunities

#### Achieved through:

Providing regular support, advice and guidance

Uniting forces locally with other local partners

Understanding and mobilising local insight and impact Enhancing local SGO and county level Development Planning





Delivering CPD/Modelling Good Practice

Signposting resources/tools

Inclusive Health Check– training and increasing awareness

Increasing awareness of Inclusive NGB/NDSO formats, whilst increasing confidence delivering

Championing the importance of Youth Voice for young people with SEN/D Leading gender diversity discussions at County Alliance meeting in Spring Term



Ambition 23/24 every county in England to have a local School Games MATP offer

#### MATP®

Special Olympics MATP® is designed to prepare athletes with profound disabilities for sport-specific activities appropriate for their impairment. It uses movement and sensory stimulation programmes for up to 12 weeks, ending with a 'challenge day'. chool of November 20

Collaboration with Special Olympics GB Regional tutor training - building the capability locally **Evidence of need:** 

10,120 Young People with Profound, multiple and complex needs



### Reflection

Small Group Discussions (2-3 people)

- Where can you (as an individual and a Lead Inclusion School) add value to the School Games?
- What are the major challenges for LIS fulfilling this role?
- What are some approaches that have worked well for you?
- How can you be supported to be more effective in this role?





# **School Games panel discussion**



www.youthsporttrust.org @YouthSportTrust

# NGB panel discussion



**\_\_\_\_** www.youthsporttrust.org @YouthSportTrust

# Reflections

Have a conversation on your tables...

What are your intentions within the School Games for this year



**\_\_\_\_** www.youthsporttrust.org | @YouthSportTrust

# Reflections

• What Went Well

• Even Better If



**\_\_\_\_** www.youthsporttrust.org | @YouthSportTrust

# **Key Dates**

- 1. Termly reporting deadline 8<sup>th</sup> December 2023
- 2. Inclusion Live Week 29<sup>th</sup> January 2024 to 2<sup>nd</sup> February 2024
- 3. Termly reporting deadline 22<sup>nd</sup> March 2024
- 4. YST Conference 20<sup>th</sup> March 2024
- 5. LIS virtual connect June 2024
- 6. Termly reporting deadline July 2024
- 7. Partner Surveys First Half Spring Term 2024

