



A letter to my younger self

Marika McCurdy

Dear Marika,

As you look through your option subject's booklet and prepare for year 10, I wanted to pass on some words of encouragement to you. I was once in your position sitting through assemblies as different teachers tried to sell me the benefits of choosing their subjects for GCSE options. At this time, I remember Brenda my nan who was a real driving force in my life. Brenda was the person who supported me 100% and made sure I got to my practices and games. If you have a Brenda in your life do find time to speak to them about which option choices to pursue.

My advice to you would be the following:

- Seek friends with drive, ambition, positivity, curiosity, and creativity
- Take every opportunity to improve yourself as I regret not putting more time into my gymnastics and football
- Apply yourself in lessons as good results will come through hard work
- In my experience hard work will always beat talent when talent doesn't work hard

Please always remember to work hard, play harder and say yes to opportunities.

Whatever choices you make go forth with positivity as life is all about choices and as long as you apply yourself you will be great. I did not turn out too bad as I am now a teacher and loving every day working with young people and driving their passion for sports. Go be Great.

