



National School Competition Framework Sport: Volleyball



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This framework contains 'Inclusion' boxes which indicate ways in which young people with a disability can learn to play volleyball at a pace that suits their developmental needs, but along the same player pathway as all young people. Therefore young people with learning difficulties, physical disability, and those who are visually-impaired or deaf can play alongside all young people when appropriate according to their ability, or enjoy learning to play volleyball within their own peer group. The differentiation for these young disabled people is based upon the STEP principle and built into the teaching/learning resources at each stage (e.g. Volley Sport cards).

Please note the inclusion of a framework for the Paralympic form of volleyball, Sitting Volleyball. This framework will be more suited to those young people with mobility difficulties, but is a highly relevant learning tool for any young person developing volleyball skills and understanding, reinforced again by its inclusion in the teaching/learning resources of the 'Let's Play Volleyball' programme. Although there is no talent pathway for wheelchair users as the sport of Sitting Volleyball is based on the floor, young people using wheelchairs can play Sitting Volleyball in the context of this framework alongside players seated on the ground.

| Competition framework descriptor | Recommended competition | Level and location | Scheduling | Next steps in competition |
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| Volleyball Key Stage 2: 7-9 years <ul style="list-style-type: none"> • Multi-skill festivals (termly) • Off school site • 'Theme' based • Possible early specialisation in some sports through NGB and club structure | <ul style="list-style-type: none"> • Multi-skill festivals: Movement skills specific to net/wall and racquet sports • Ball-related movements • Skills and coaching based, with fun games linked to Volley Sport through TOPs 2 Active Games | <ul style="list-style-type: none"> • Between primary schools from the same cluster • At central venue, e.g. local secondary school or primary if facility suitable • Game related activities to be on a singles badminton size court | <ul style="list-style-type: none"> • Any half-term | <ul style="list-style-type: none"> • Larger skills festivals for the whole SSP at the Sports College |
| Key Stage 2: 9-11 years <ul style="list-style-type: none"> • Multi-sport competition (six-week block rotation) • Central venue leagues • Coaching and competition based on primary, secondary or club sites | <ul style="list-style-type: none"> • 2v2 Volley Sport • Six-week central venue • Coaching and competition • Mixed gender teams and matches • Schools can enter multiple teams | <ul style="list-style-type: none"> • Between primary schools from the same cluster • At central venue, e.g. local secondary school or primary if facility suitable | <ul style="list-style-type: none"> • Half-term (Oct – Dec or Jan – Feb) | <ul style="list-style-type: none"> • Summer term – regional 'Let's Play Volleyball' tournament available for schools to enter if they wish • School – club links: Junior club section for Volley Sport |
| Inclusion at Key Stage 2 <ul style="list-style-type: none"> • In Key Stage 2 it is expected that young people with a disability will learn sport within a multi-skills environment. • However, for the more able, inclusion based upon the STEP principle is recommended: Adapting Space, Time, Equipment, number of Players, and Rules. • If these adaptations are made as required, disabled and non-disabled young people can play alongside each other. • However, for some disabled young people the game of Sitting Volleyball may be more appropriate (see below). | | | | |

| Sitting Volleyball | | | | |
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| <p>Key Stage 2: 7-9 years</p> <ul style="list-style-type: none"> • Movement skills education directed by the Youth Sport Trust <p>Key Stage 2: 9-11 years</p> <ul style="list-style-type: none"> • Multi-skill festivals • Central venue • Coaching and competition | <ul style="list-style-type: none"> • Multi-skill festivals • Coaching and competition • Ball-related movements • Movement skills in a seated position • Mixed gender • Open to all young people with a disability <ul style="list-style-type: none"> • Multi-skill festivals • Coaching and competition • Ball-related movements • Movement skills in a seated position • Mixed gender • Open to all young people with a disability | <ul style="list-style-type: none"> • At own school or between schools from the same cluster • At central venue, e.g. local secondary school facility suitable <ul style="list-style-type: none"> • At own school or between schools from the same cluster • At central venue, e.g. local secondary school facility suitable | <ul style="list-style-type: none"> • Any half-term <ul style="list-style-type: none"> • Any half-term | <ul style="list-style-type: none"> • Larger skills festivals for a number of SSPs at central venue <ul style="list-style-type: none"> • Larger skills festivals for a number of SSPs at central venue • Possible links into national Sitting Volleyball open days/ exhibitions |

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| <p>Volleyball</p> <p>Key Stage 3: 11-12 years</p> <ul style="list-style-type: none"> • Multi-sport competition (monthly, three sports) • E.g. central venue leagues in a range of sports coaching and competition at secondary, hub or club sites | <ul style="list-style-type: none"> • 3v3 Mini Volley • Six-week central venue • Competition and coaching • Mixed gender teams and matches • Schools can enter multiple teams | <ul style="list-style-type: none"> • Between secondary schools of the same SSP • To be played at the Sports College or another school with suitable facilities | <ul style="list-style-type: none"> • Half-term (Oct – Dec or Jan – Feb) | <ul style="list-style-type: none"> • Area/county level competitions for SSP winners at an appropriate central venue for that area • Summer term – regional ‘Let’s Play Volleyball’ tournament available for schools to enter if they wish • School – club links: Junior club section for Mini Volley • Talent ID: Girls U14 Regional Talent Development Programme (RTDP) |
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Inclusion at Key Stages 3 and 4, and into FE

- In Key Stage 3 and beyond it is expected that young people with a disability will move into learning the skills of specific sports, in a multi-sport environment. This sporting experience will be catered to the developmental needs of the individual.
- Whilst using the framework as a guide to develop skills in small sided games, it may be that by following the STEP principle adaptations are made to Space, Time, Equipment, number of Players, and Rules as necessary for the specific group.
- Suggestions on how to achieve this are included in the teaching/learning resource cards for Volley Sport, Mini Volley and Super Mini Volley.
- It is recommended that the disabled young people progress through the stages according to the direction of the framework and organisers’ sheet at their own pace. Please note that it is important to learn the skills at each level and not move straight into higher levels:
 - Beginners: 2 v 2 Volley Sport
 - Intermediate: 3 v 3 Mini Volley
 - Development: 4 v 4 Super Mini Volley
 - Advanced: 6 v 6 Volleyball.
- To ensure numbers are sufficient, it is deemed acceptable that girls and boys with a disability can play alongside each other at all levels.
- If these adaptations are made as required, disabled and non-disabled young people can play alongside each other.
- However, for some disabled young people the game of Sitting Volleyball may be more appropriate (see below).

Key Stage 3 and 4: 12-16 years

- Inter-school leagues and cup competitions within SSPs (year group teams)
- NGBs would have to have an integrated competitive structure including Schools Associations accepted as core

Year 8/U13

- 3v3 Mini Volley
- Six-week central venue
- Competition and coaching
- Single sex
- Schools can enter multiple teams



Competitions for Years 8 and 9 can be done together or kept separate for the year groups

Year 9/U14

- 3v3 Mini Volley
- Six-week central venue
- Competition and coaching
- Single sex
- Schools can enter multiple teams

Year 10/U15

- 4v4 Super Mini Volley
- Six-week central venue
- Competition and coaching
- Single sex
- Schools can enter multiple teams

- Between secondary schools of the same SSP
- To be played at the Sports College or another school with suitable facilities

- Between secondary schools of the same SSP
- To be played at the Sports College or another school with suitable facilities

- Between secondary schools of the same SSP
- To be played at the Sports College or another school with suitable facilities

- Half-term (Oct – Dec or Jan – Feb)

- Half-term (Oct – Dec or Jan – Feb)

- Half-term (Oct – Dec or Jan – Feb)

- Area/county level competitions for SSP winners at an appropriate central venue for that area
- Summer term – regional ‘Let’s Play Volleyball’ tournament available for schools to enter if they wish
- School – club links: Junior club section for Mini Volley
- Talent ID: Girls U14 and boys U15 RTDP

- Area/county level competitions for SSP winners at an appropriate central venue for that area
- Summer term – regional ‘Let’s Play Volleyball’ tournament available for schools to enter if they wish
- School – club links: Junior club section for Mini Volley
- Talent ID: Girls U14 and boys U15 RTDP

- Area/county level competitions for SSP winners at an appropriate central venue for that area
- Summer term – regional ‘Let’s Play Volleyball’ tournament available for schools to enter if they wish
- School – club links: Junior club section for Super Mini Volley
- Talent ID: Boys U15 and girls U16 RTDP, also girls and boys national squads
- **National competition for U15**

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| | <p>Year 11/U16</p> <ul style="list-style-type: none"> • 6v6 Short Court 6 • Six-week central venue • Competition and coaching • Single sex • Schools to enter multiple teams if there is capacity in the year group | <ul style="list-style-type: none"> • Between secondary schools of the same SSP • To be played at the Sports College or another school with suitable facilities | <ul style="list-style-type: none"> • Half-term (Oct – Dec or Jan – Feb) | <p>girls and boys run by Volleyball England</p> <ul style="list-style-type: none"> • Area/county level competitions for SSP winners at an appropriate central venue for that area • Regional 'Let's Play Volleyball' tournament • School – club links: Junior club section • Talent ID: Girls U16 and boys U17 RTDP, also girls and boys national squads • National competition for U16 girls and boys run by Volleyball England |
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| <p>Sitting Volleyball</p> <p>Key Stage 3-4 and FE: Age 11-19 years</p> <p>Beginners</p> <p>Intermediate</p> <p>Development</p> <p>Advanced</p> | <ul style="list-style-type: none"> • 2 v 2 Volley Sport • As part of SSP multi-skill festival • Coaching and competition • Mixed gender teams and matches • Open to all young people with a disability <ul style="list-style-type: none"> • 3 v 3 Mini Volley • As part of SSP multi-skill festival • Coaching and competition • Mixed gender teams and matches • Open to all young people with a disability <ul style="list-style-type: none"> • 4v4 Super Mini Volley • As part of SSP multi-skill festival • Coaching and competition • Mixed gender teams and matches • Open to all young people with a disability <ul style="list-style-type: none"> • 6 v 6 Sitting Volleyball • As part of SSP multi-skill festival • Coaching and competition • Mixed gender teams and matches • Open to all young people with a disability | <ul style="list-style-type: none"> • Central venue in SSP • For those with little/no experience of Sitting Volleyball, or with limited ball and movement skills • Ability, not age based <ul style="list-style-type: none"> • Central venue in SSP • For those who can play a tactically and technically more advanced game • Ability, not age based <ul style="list-style-type: none"> • Central venue in SSP • For those who can play a tactically and technically more advanced game • Ability, not age based <ul style="list-style-type: none"> • Central venue in SSP • For those capable of playing the full 6 v 6 game of Sitting Volleyball • Ability, not age based | <ul style="list-style-type: none"> • Any half-term <ul style="list-style-type: none"> • Any half-term <ul style="list-style-type: none"> • Any half-term <ul style="list-style-type: none"> • Any half-term | <ul style="list-style-type: none"> • Movement into the Intermediate group • Possible links into National Sitting Volleyball open days/ exhibitions <ul style="list-style-type: none"> • Movement into the Development group • Possible links into National Sitting Volleyball open days/ exhibitions <ul style="list-style-type: none"> • Movement into the Advanced group • Possible links into National Sitting Volleyball open days/ exhibitions <ul style="list-style-type: none"> • Links into National Sitting Volleyball squads • Links into National Sitting Volleyball competitions/open days/exhibitions |
| <p>Volleyball</p> <p>16-19 years</p> <ul style="list-style-type: none"> • <u>Not</u> for talented already identified as part of an NGB talent programme • 'Junior Varsity' to give this | <ul style="list-style-type: none"> • Intra-school/college matches on a local basis according to the local arrangement of sixth form/FE • 6v6 | <ul style="list-style-type: none"> • Central venue league within SSP/area • Six week central venue | <ul style="list-style-type: none"> • Half-term (Oct – Dec or Jan – Feb) | <ul style="list-style-type: none"> • Links into the British Colleges competitions • Regional 'Let's Play Volleyball' tournament • School – club links: Junior club |

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| <p>group an identity</p> <ul style="list-style-type: none">• Intramural competition within the learning community, e.g. schools, PE, sixth forms• Organised sport in core sports that match the secondary programmes• E.g. single venue festivals for a number of institutions during ring fenced time (Wednesday pm) | | | | <p>section</p> <ul style="list-style-type: none">• Talent ID: Boys U17 RTDP, also girls and boys national squads• National competition for U18 women and men run by Volleyball England |
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