



## National School Competition Framework Sport: Hockey



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### Sport: Hockey

Competition framework descriptor	Recommended competition	Level and location	Scheduling	Next steps in competition
<p><b>Key Stage 2: 7-9 years</b></p> <ul style="list-style-type: none"> <li>Multi-skill festivals (termly)</li> <li>Off school site</li> <li>'Theme' based</li> <li>Possible early specialisation in some sports through NGB and club structure</li> </ul>	<ul style="list-style-type: none"> <li>Stix awards; fundamental skills-based stations. Individual and partner work incorporating basic skill movement patterns (upper and lower body), footwork and co-ordination</li> </ul>	<ul style="list-style-type: none"> <li>Delivery can be intra- or inter-school or as festivals (single or multi-skills)</li> <li>Records of achievement via website database; source to be arranged</li> <li>Can be delivered indoor and/or outdoor</li> </ul>	<ul style="list-style-type: none"> <li>Options to schedule within any of the school terms</li> <li>Approximate delivery time: Bronze (3 hours) Silver (3 hours) Gold (3 hours)</li> </ul>	<ul style="list-style-type: none"> <li>Kwik-stix game</li> </ul>
<p><b>Key Stage 2: 9-11 years</b></p> <ul style="list-style-type: none"> <li>Multi-sport competition (six-week block rotation)</li> <li>Central venue leagues</li> <li>Coaching and competition based on primary, secondary or club sites</li> </ul>	<ul style="list-style-type: none"> <li>Stix awards; fundamental skills-based stations. Individual and partner work incorporating basic skill movement patterns (upper and lower body), footwork and co-ordination</li> <li>Kwik-stix (mini game for five – six outfield players; **no goalkeepers will be involved within this primary game**)</li> <li>Defined six-week coaching block within school/club developing skills integral to new game</li> <li>Mixed or single sex</li> </ul>	<ul style="list-style-type: none"> <li>Delivery can be intra- or inter-school or as festivals (single or multi-skills)</li> <li>Records of achievement via website database; source to be arranged</li> <li>Can be delivered indoor and/or outdoor</li> <li>Inter-school competition, central venue leagues or festivals, played within SSP</li> <li>Coaching and competition based on primary, secondary or club sites</li> <li>Competition based on participation and development</li> <li>Strong links with clubs to assist delivery</li> </ul>	<ul style="list-style-type: none"> <li>Options to schedule within any of the school terms</li> <li>Approximate delivery time: Bronze (3 hours) Silver (3 hours) Gold (3 hours)</li> <li>Six-week block rotation</li> <li>Options to schedule within any of the school terms</li> </ul>	<ul style="list-style-type: none"> <li>Kwik-stix game</li> <li>Inter-cluster competition is capped at intra-CSP</li> <li>Mini-hockey 7-a-side (11 years plus)</li> <li>Possible development at top age group into local development centre – linked to TID within the England Hockey LTAD programme</li> </ul>
<p><b>Key Stage 2: 7-11 years Inclusion at Key Stage 2</b></p> <ul style="list-style-type: none"> <li>Zone Hockey is an integrated invasion game for young</li> </ul>	<ul style="list-style-type: none"> <li>Stix awards: Fundamental skills-based stations. Individual, partner and small group challenges incorporating basic skill movement patterns (upper and lower body),</li> </ul>	<ul style="list-style-type: none"> <li>Delivery can be intra- or inter-school or as festivals (single or multi-skills)</li> <li>Records of achievement via website database</li> </ul>	<ul style="list-style-type: none"> <li>Options to schedule within any of the school terms</li> <li>Approximate delivery time:</li> </ul>	<ul style="list-style-type: none"> <li>'New' primary game</li> </ul>

<p>people with a disability at Key Stage1 and above</p> <ul style="list-style-type: none"> <li>• The game is played between two teams consisting of four field players and one goalkeeper each. There shall be one player from each team in each of the wing zones, and two players from each team in the central zone, and the respective goal keepers (GK) in the defending GK zone</li> <li>• Rules for Zone Hockey can be downloaded from <a href="http://www.EnglandHockey.co.uk">www.EnglandHockey.co.uk</a></li> </ul>	<p>footwork and co-ordination, basic hockey skills and basic officiating</p> <ul style="list-style-type: none"> <li>• New primary game: Mini game for six or eight players (dependant on skill development and size of pitch area available)</li> <li>• No goalkeepers will be involved within this primary game</li> <li>• Defined six-week coaching block within school/club developing skills integral to new game</li> <li>• Mixed or single sex</li> </ul>	<ul style="list-style-type: none"> <li>• Can be delivered indoor and/or outdoor</li> <li>• Inter-school competition, central venue leagues or festivals, played within SSP</li> <li>• Coaching and competition based on primary, secondary or club sites. Competition based on participation and development</li> <li>• Strong links with clubs to assist delivery</li> </ul>	<p>Bronze (3 hours) Silver (3 hours) Gold (3 hours)</p> <ul style="list-style-type: none"> <li>• Six-week block rotation</li> <li>• Options to schedule within any of the school terms</li> </ul>	<ul style="list-style-type: none"> <li>• Inter-cluster competition is capped at intra-CSP</li> <li>• Mini-hockey seven-a-side (11 years plus)</li> <li>• Possible development at top age group into local development centre – one linked to TID within the England Hockey LTAD programme</li> </ul>
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England Hockey has focused on only primary hockey at this stage, due to the wider Long Term Athlete Development (LTAD) Strategy which is currently at consultation phase. Consultation of the LTAD work is currently being held within a set of road shows across the country. A competitions review is also taking place alongside this work. At present we have only been able to finalise our recommendations for primary hockey, and feel that this is where a large difference can be made, with the development of a new primary game and review of our current Stix awards.