

2005/6 annual PESSCL survey (updated Jan 06)

The PESSCL survey is comprised of **TEN** questions:

- Question 1 – What is the total curriculum time in minutes that all pupils in each year group spend taking part in PE in a typical week?
- Question 2 – What is the total number of pupils in each year group who participate in at least two hours of high quality PE and out of hours school sport in a typical week?
- Question 3 – What is the total number of pupils in each year group involved in intra-school competitive activities during this academic year?
- Question 4 – Did you hold at least one school sports day or equivalent event during this academic year?
- Question 5 – What is the total number of pupils in each year group who have taken part in inter-school competition during this academic year?
- Question 6 – Which sports or activities has your school provided this academic year?
- Question 7 – For which sports or activities do you have links to clubs?
- Question 8 – What is the total number of pupils in each year group who have participated in one or more community sports, dance or multi-skill clubs with links to the school during this academic year?
- Question 9 – What is the total number of pupils in each year group currently registered as gifted and talented because of their ability in PE and/or school sport?
- Question 10 – What is the total number of pupils in each year group actively involved in sports volunteering and leadership this academic year?*

** For Q.10, the survey will collect information on years 3 to 13. This reflects partnership's work around leadership with KS2 and post-16 pupils. All other questions include all Key Stages.*

Physical Education, School Sport and Club Links Survey 2005/06

Definitions of key terms used in the questionnaire

Actively involved in sports volunteering and leadership (Q.10)

This includes pupils who are:

- carrying out volunteering as part of a sports leadership training course (e.g. a sports leader award course run by the British Sports Trust, the Young Arts Leader Award with dance as the major subject, any other sports leadership awards on the National Qualifications Framework, or any other awards where leadership training takes place through sport)
- working towards a Millennium Volunteers award in sport
- helping out as a young leader at **out-of-hours** clubs
- taking part in the volunteering elements of the Step into Sport Programme
- helping to arrange festivals of sport for primary schools (TOP Link)
- undertaking sports volunteering in community sports clubs outside of formal programmes like Step into Sport.

All pupils (Q.1)

Provision for all pupils is the minimum time allocation for every pupil – regardless of age, gender, disability, ability, religion or ethnicity – in a typical week. This includes lessons that all pupils in a year group get at some time of the year (e.g. if a school offers dance to all pupils in rotation over a year, this counts as provision for all pupils in a typical week). It does not include PE lessons that are only provided for some pupils in a year group (e.g. GCSE PE or Dance taken as an option).

Community sports, dance or multi-skill clubs (Q.7)

These cover:

- sports and dance clubs with which the school has **links**
- **multi-skill clubs** being set up under the national strategy for PE, school sport and club links
- local authority provided Learn to Swim/Swimming Development Programmes (AquaMark), which actively feed swimmers to Swim 21 clubs.

Curriculum time (Q.1)

The total time provided for PE lessons during the school day (beginning after morning registration). This includes changing time but not travelling time. It does not include time provided at break and lunchtimes. Schools with a two-week or ten-day timetable should add the curriculum time over one complete cycle of the timetable and divide by 2.

Curriculum time should be considered as timetabled time on the assumption that changing time is used productively (e.g. lesson objectives are set or pupils are engaged in reviewing where they got to last lesson). It is also assumed that, in a high quality PE environment, pupils will be encouraged to change promptly and teachers will ensure that minimum time is lost. Separating out changing time from the remainder of the lesson would be an overly burdensome task. However, where pupils are involved in significant travel to and from facilities and are not engaged in purposeful learning activity, this time should be deducted from curriculum time.

Gifted and talented (Q.9)

In PE and school sport, gifted and talented pupils:

- demonstrate exceptionally high-level performance, or have the potential for excellence in national curriculum PE; and/or
- have been identified by, and are included in, a national governing body of sport's performance programme (e.g. World Class Start/Potential).

High-quality PE and out of hours school sport (Q.2)

This produces young people with the skills, understanding, desire and commitment to continue to improve and achieve in a range of PE, sport and health-enhancing physical activities, in line with their abilities. 'Learning through PE and Sport – A guide to the PE, School Sport and Club Links Strategy'.

Inter-school competition (Q.5)

A sporting event or fixture where pupils from two or more schools compete against each other. Pupils are usually selected by their school to compete as individuals or as part of a team. Common examples include matches in sports such as basketball, hockey and cricket; district athletics championships; cross country championships; area swimming galas; and 5-a-side football tournaments.

Intra-school competitive activities (Q.3)

Events in which pupils from the same school compete against each other, and all training and club activities where pupils are preparing and practising for competition. Common events include inter-house or inter-form tournaments or leagues in sports such as netball, tennis and gymnastics; school sports days; swimming galas; club and team practices where pupils are practising to take part in inter-school matches; and clubs with open access for games such as badminton and basketball. Intra-school competitive activities do not include clubs without competition, such as aerobics and dance clubs.

Links (Q.7, 8)

A school has links with a club when pupils are actively guided towards club activities, either in a quality assured setting at the club itself, or on the school premises. Activities on the school premises would include regular coaching sessions and **out-of-hours** clubs organised by the club's coaches, but would not include one-off 'taster' sessions.

Out of hours (Q.2)

Before school, at break time, at lunchtime, after school, in the evenings or at weekends.

Multi-skill clubs (Q.6, 7, 8)

Clubs set up under the national strategy for PE, school sport and club links that use a variety of approaches and contexts to help children develop physical skills (co-ordination, movement, thinking, body awareness) from a broad and appropriate development vocabulary.

PE (Q.1, 2, 9)

The planned teaching and learning programme in curriculum time that meets the requirements of the national curriculum for physical education. This includes GCSE PE and GCSE Dance.

Registered (Q.9)

A pupil who is registered as gifted and talented has their name put on a formal record maintained by the school.

School sport (Q.2, 9)

Includes any activity that requires physical skilfulness and is part of the school's planned formal, semi-formal, supervised or led provision. School sport typically takes place **out of hours**.

School sports day or equivalent event (Q.4)

A single event or series of events that is open to all pupils in the school or to specific year groups. These events take place on pre-arranged days, either during the school day (with the timetable suspended) or after school. A traditional school sports day is based on athletic activities and gives pupils opportunities to compete against each other. It involves the whole school, or particular year groups from the school, and is often run on an inter-house or inter-form basis. In many schools, traditional athletic events are supplemented by activities such as obstacle courses, skill tests and games.

An equivalent event gives pupils the opportunity to join with others in a festival that celebrates physical skill and excellence, and enables schools to share their pupils' work and achievements. Some of the activities in these events will be competitive, including multiple sports and activities or a single sport or activity. Others will promote collaboration, teamwork, creativity and performances to be shared with others. Events that qualify include:

- taking part in Panathlon
- festivals of sport (e.g. TOP Link)
- swimming galas
- dance/cultural activity festivals.

Typical week (Q.1, 2)

A week in which there is minimal disruption to school timetables and plans as a result of activities weeks, poor weather, exams and tests, plays, visits or concerts. In a typical week, pupils are familiar with the timetable and pattern of the day.